

Appendix 1

Executive Summary **Telford & Wrekin Mental Health and Wellbeing Commissioning Strategy** **2010 – 2015**

Introduction

This joint strategy describes the commissioning intentions of Telford and Wrekin Council and NHS Telford and Wrekin over the next five years. It is based on the requirements of national policy, comprehensive local needs assessment and a clear understanding of what is important to local people.

It details how Telford & Wrekin Council and NHS Telford and Wrekin plan to best use its resources to improve the mental health and well-being of people living in Telford and Wrekin and to improve outcomes for those with poor mental health. Rather than being based on age, services will be based around individual need and effective outcomes.

This joint strategy will provide direction and structure for both health and social care provision within Telford and Wrekin as well as for other services such as employment, housing, leisure and education

Policy

The joint strategy is informed by key statements of national policy. This includes No Health Without Mental Health: a cross-Government mental health outcomes strategy for people of all ages (2011) structured around the following shared, cross Government and multi-agency objectives.

- More people will have good mental health
- More people with mental health problems will recover
- More people with mental health problems will have good physical health
- More people will have a positive experience of care and support
- Fewer people will suffer avoidable harm
- Fewer people will experience stigma and discrimination

These are consistent with those outcomes set out in the social care, public health and NHS outcomes frameworks.

Outcomes for Telford and Wrekin

In Telford and Wrekin a set of outcomes have been developed in partnership with service users and carers, and include the following:

- More people feel good about themselves
- Fewer people experience discrimination and stigma as a result of poor understanding of mental health
- More people know about the signs and symptoms of poor mental health and where to go for help
- More people with better mental health including veterans and those at risk of offending or who are in contact with the criminal justice system
- More people experience better physical health
- Fewer people with mental health issues who smoke, misuse alcohol or use illicit drugs
- Fewer people with mental health issues are living in temporary accommodation
- More people are in voluntary or paid work
- Fewer people are off sick because of stress
- More people are able to manage their debt

- More children and young people who experience better mental health and experience a better transition.
- More people receive care appropriate to their needs
- More people will be able to access services in primary care
- More people being treated in their home resulting in fewer admissions to hospital and a reduced length of stay.
- More people with dementia experience better quality of life
- More carers experience improved quality of life
- Fewer people will suffer unavoidable harm
- Fewer people who take their own lives

Commissioners will be responsible for leading implementation of the action plan. Monitoring of progress against outcomes will be undertaken by the Mental Health Partnership Board.

Consultation

A range of stakeholder events took place in order to gain the views and opinions of users, carers and other stakeholders to shape the development of the joint mental health strategy and action plan. These included a large scale consultation event as well as a series of engagement and consultation sessions that were regularly attended by local service users.

This evidenced strong local support for:

- Improved access to services with support for 'a single point of access' followed by appropriate care and support
- Care at home when possible rather than inpatient admission or rehabilitation placement.
- Improved community services for dementia care
- Services delivered and configured locally

Demography

Details of the demographics and mental health prevalence are contained within the main document. It is however recognised that we are all living longer. Due to the influx of young families into the area in the 1970's and 1980's, there is an even greater expected older age population in Telford and Wrekin than other areas in the country. By 2026, the 65+ age group is estimated to increase by 62%. The most dramatic increase is projected to be in the 90+ age band. This will have a significant impact on the incidence rates for dementia.

Our model for the future

Our commissioning priorities for the next five years have been informed by national policies and drivers, local priorities, needs analysis, local population demographics and the views of all stakeholders.

These include:

- people be able to access an appropriate level of care to meet their needs and aspirations with clear pathways of care in place
- services that actively promote recovery and are evidence based
- stronger emphasis on physical health needs
- commissioning decisions that improve quality and result in increased choice and control
- strengthened community based services

- a new psychiatric inpatient facility commissioned together with Shropshire County PCT and Powys Health Board
- increased focus on working in partnership from co-ordinated efforts across local integrated teams to shared working at a local, county-wide and regional basis.

Future Commissioning Intentions

The current economic climate means that we must ensure value for money, by providing the best services for mental health but in the most cost effective way. Through a joint commissioning approach, Telford and Wrekin Council and NHS Telford and Wrekin can commission quality mental health services which focus on ensuring the delivery of government and local priorities within budget.

NHS Telford and Wrekin and Telford and Wrekin Council currently invest more than £14m in mental health services. This includes funding for children and young people, adults, older people and those in out of county placements. Additional investment has also been made available to support mental health modernisation during 2010/11 and 2011/12 as part of the Full Business Case. This includes the strengthening of community services and the reconfiguration that has already been agreed by all parties concerned.

New national outcomes frameworks have been developed connecting social care, public health, and the NHS. They have been designed so they work together towards shared outcomes and goals. Importantly, all three frameworks accord equal importance to mental health and physical health outcomes as a measure of effectiveness. Performance will be assessed both nationally and locally.

We will undertake comprehensive review of existing commissioned services to help inform future decisions about levels of investment and where that investment should be targeted. This will identify core services that need to be maintained, ensure that services are effective in terms of quality, outcomes and value for money, engage in a process of service improvement and redesign of services and identify and tender services that could be de-commissioned and provided in a different, more cost effective way