

# Progress on the Modernisation of Mental Health Services

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September 2011

# Summary of presentation

- Mental Health Strategy and Action Plan
- Modernisation programme – work-streams update
- Update on wider work programme
- Governance and assurance

# Mental Health Strategy

- Principles include that more people:
- will have good mental health
- with mental health problems will recover
- with mental health problems will have good physical health
- will have a positive experience of care and support
- Fewer people will suffer avoidable harm or experience stigma and discrimination
- Action Plan monitored in Commissioning Partnership Board

# Modernisation Programme

- Three phased on modernisation developed. Phase One complete. Phase Two until March 2012
- Five work-streams progressing
- Phased increasing of staffing and reductions of beds on-going
- Recruitment and redeployment processes are underway aligned with the phased inpatient/community changes
- The Redwood Centre on target
- Modernisation Sub-Committee in place
- Innovations taking place such as e-clinics

# Primary Care work-stream

- Longden House base for all psychological therapies and clinical pathway developed
- Self referral pilot for SW Shropshire GP practices.
- PWP top up training has now been completed and clinical pathway to be fully implemented
- 'Learning the lessons' event held and session planned to focus on the way that teams work together
- SSSFT Trust wide Psychology Strategy being developed
- Work-stream lead chairing the Health Economy wide Mental Health Liaison Task and Finish Group

# Community Mental Health

- Continued liaison with Shropdoc over out of hours service
- Reviewed Operational Policy for CR/HT
- Meetings held with Telford and Wrekin Council and the MH Foundation Trust to further develop integrated working and future governance arrangements
- Plans for revised working hours and duty arrangements being developed.
- E-Clinics set up and being piloted in Telford and under consideration in Shropshire

# Dementia

- Care Pathway developed and developing primary care pathway for Dementia
- Steering Group for implementation of the NDS focussing a priority areas
- Decision made that locality team resource would be allocated according to population, referral rate and need.
- Dementia Awareness programme agreed with four Telford Schools (DARE Project)
- Investment in Care Home Liaison
- Additional staff appointed
- Memory Clinic staff aligning to CMHTs
- Audit of the use of anti-psychotic medication

# Rehabilitation

- Commissioning intentions confirmed for new NHS rehabilitation unit
- Ongoing discussions regarding integrated care pathways and links to reablement and rehabilitation strategies
- Premises being identified with affordability and Health and Safety assessments being undertaken
- Rehabilitation group in place developing options for community support
- Reviews of individuals currently in out of area placements with regards to repatriation undertaken

# Acute Care

- Functionalisation model since September 2010
- Discharge Co-ordinator in place
- Training programme commenced including rotational work experience
- Rotational posts being developed as a result of learning from Phase One
- Wards successfully phased out within agreed timescales
- Learning from successful liaison with nursing home to inform clinical practice and liaison roles
- Name of new unit 'The Redwood Centre' agreed following consultation with service users and carers
- Daily updates on PICU and Out of Area placements being provided to commissioners

# Wider work programme

- Mental Health Liaison and Delayed Transfers of Care
- Review of CAMHS
- Employment Projects
- Suicide Prevention strategy national consultation
- West Midlands Quality Review

# Health Promotion

- Emotional Health and Well-Being (EHWB) for young people includes Rubberband Project at TCAI and sessions in schools
- Green Gym
- Something More (women with low self esteem)
- Forward Mission (volunteer mentoring programme)
- Lifestyle Risk Management based at First Point
- CVD screening linking to delaying onset on Dementia
- Health Information and campaigns

# Autistic Spectrum Conditions

- Implementation of 'Rewarding and Fulfilling Lives' (2009)
- Strategy by December 2011
- Action Plan by March 2012
- Shropshire and Staffordshire- wide partnership Board and local Steering Group
- Work programme in place

# Governance and Assurance

- Modernisation Sub-committee
- Quality and Performance Monitoring
- CQC Responsiveness reviews positive
- Commissioning Partnership Boards and Steering Groups in place
- Joint Scrutiny feedback
- Whitchurch Review group
- Risk issues identified and mitigated
- West Midlands Quality Review in October

# Future actions

- Maintain effective governance arrangements related to work-stream and wider programmes
- Review of Primary Care Liaison for Dementia
- Review early onset Dementia provision
- Consultation with people with Dementia about services
- Governance arrangements between Council and Foundation Trust
- Complete CAMHS review
- Complete ASC strategy and action plan
- More effective communication