

TELFORD & WREKIN COUNCIL HEALTH & WELLBEING BOARD

18TH SEPTEMBER 2013

CHILD & ADOLESCENT MENTAL HEALTH SERVICES (CAMHS)

FRAN BECK, EXECUTIVE LEAD FOR COMMISSIONING, TELFORD & WREKIN CLINICAL COMMISSIONING GROUP

PART A) – SUMMARY REPORT

1. SUMMARY OF MAIN PROPOSALS

Child and Adolescent Mental Health Service (CAMHS) update for Telford & Wrekin Health and Well-being Board, August 2013.

1.1 Background

This report is to update the Health & Wellbeing Board on the current CAMHS position and the on-going work in progress across both Telford & Wrekin and Shropshire.

CAMHS services are normally provided in a four-tiered model as described in the 1995 Health Advisory Service's Review of Child and Adolescent Mental Health Service (CAMHS) Together we Stand - A Thematic Review of CAMHS but also taking into account the model adopted by Local Authorities i.e. - those of universal, targeted and specialist services as described in the CAMHS Review. The tiers of the framework are outlined below.

Tier 1 (Universal): A primary level of care. Services provided by practitioners working in universal services (such as GPs, health visitors, teachers and youth workers), who are not necessarily mental health specialists. They offer general advice for less severe problems, promote mental health, aid early identification of problems and refer to more specialist services.

Tier 2 (Targeted): A service provided by specialist individual professionals relating to workers in primary care. Services provided by specialist Senior Mental Health Practitioners. They offer consultation to families and other practitioners at Tiers 1 & 2, provide outreach services to identify children and young people with severe/complex needs, and also provide assessments and training to practitioners at Tiers 1 & 2 to support service delivery.

Tier 3 (Specialist): A specialised multi-disciplinary service for more severe, complex or persistent disorders. Services are provided by a multi-disciplinary team working in a number of community locations. This team provides a specialised service for those children and young people with more severe, complex and persistent disorders that have a significant impact on their mental health. This service covers children up to their 18th birthday and includes a neurodevelopmental service.

Camhs Learning Disability team: A multidisciplinary team providing evidence based mental health and behavioural interventions to children and young people with a learning disability and a concurrent mental illness.

Tier 3 + Service (The Reaching Out Service - ROS) is commissioned to offer intensive support for the most complex of children but where the risk can be managed in the community.

Early Intervention in Psychosis Team

This team is commissioned from South Staffordshire & Shropshire Healthcare NHS Foundation Trust to provide detection and treatment of early symptoms of psychosis for people aged from 14-35yrs. Where a young person is believed to be displaying early symptoms of psychosis they will be referred to the EIP service in the first instance. The EIP service will contact CAMHS to identify if they are known to CAMHS prior to undertaking an assessment.

Tier 4 (Complex): Essential tertiary level services such as day units, highly specialised out-patient teams and in-patient units. These are services for children and young people with the most serious problems. Where inpatient treatment is indicated this is commissioned by the West Midlands Specialist Commissioning Team.

The Child and Adolescent Mental Health Tier 3 Service (CAMHS) in Telford & Wrekin is a multi-disciplinary team working with children and young people who require targeted mental health provision. At tier 3 the aim is to assist those children and young people who have complex, severe and/or persistent mental health needs. This type of service provides mental health and psychosocial assessments, interventions, and treatment which may include prescribing and medication monitoring. There has been work on-going with the service to address identified issues that have arisen.

1.2 Waiting list progress to date

- Shropshire Community Health NHS Trust had met with CCG representatives to highlight concerns about service delivery due to operational issues that had resulted in an increase in waiting times for CAMHS
- CAMHS investigated utilising other providers to help address the waiting list but found there were similar waiting list issues across other providers. CAMHS are now in the process of recruiting agency staff to

increase capacity to manage the waiting list/referrals. The referrals are prioritised in to 3 categories:

Priority 1	Seen within 24/48hrs: Referrals from SaTH wards when children have been admitted following a deliberate self-harm.
Priority 2	Seen within 2 weeks: Referrals where the level of risk is heightened by information given by the referrer e.g. low mood for an extended period, suicidal thoughts, self-harm by cutting.
Priority 3	Seen within 13 weeks: Routine referrals and those requiring neurodevelopmental assessments which may result in a diagnosis of Attention Deficit Hyperactivity Disorder (ADHD)/Autistic Spectrum Disorder (ASD)

- The current position (August 2013) with regards to the numbers exceeding the waiting list targets in Telford is as follows:
 - **Priority 1 patients – NIL**
 - **Priority 2 patients – 2**
 - **Priority 3 patients – 3**
- Of those patients whose wait is exceeding the target CAMHS has commenced regular review of those referrals and in some cases are writing to GPs. The letters reiterate that should the GP have any concerns then they should contact the service by phone to arrange a clinician to clinician conversation
- All parents/carers of children who have been referred for ADHD assessments have been contacted and informed they are still on the waiting list. They are also informed of the possibility of having appointments at short notice due to cancellations
- Risk assessments of all Priority 3 referrals are underway to ensure that the Multi-Disciplinary Team (MDT) are aware of the types of referrals waiting. Information from this is being communicated to GPs and parents/carers. These patients will form part of the caseloads for the temporary staff who are commencing in post during August

1.3 Other actions

- Locum consultant cover to fill the gap between consultants leaving and posts being filled. Recruitment is being expedited with job descriptions submitted to the Royal College of Psychiatrists for approval
- Temporary clinical and administrative staff employed to assist with waiting lists/caseloads

- Review of geographical areas covered by medical staff to ensure equity of caseloads
- Implementation of an interim management structure to ensure teams are working efficiently and that caseload management and supervision is integral to the management of the teams
- Identification of a dedicated team and a consultant with a special interest to manage the neurodevelopmental waiting list
- The introduction of dedicated slots for neurodevelopmental assessments in addition to dedicated multi-disciplinary team clinic days for specific conditions such as eating disorders
- New referrals are being assessed upon receipt of referral and then discussed at a weekly MDT meeting. This will identify, at an early stage, the level of need and whether interventions may need to be long-term, short-term or suitable for discharge/signposting to other services
- Staffing input into Family Connect in order to divert referrals that do not meet the Tier 3 CAMHS criteria
- There is on-going work to ensure that the data flow of information to Commissioners is timely and informative
- A workshop has taken place which included a variety of stakeholders at which the definitions for CAMHS Tier 3 and eligibility criteria was discussed. The conclusions from this will be incorporated in the service improvement plans and the development of the service specification
- Meeting of the strategic steering group has taken place and it was agreed that the first draft of a new service specification will be available at the end of August
- Commissioners have met with parent groups to discuss some issues relating to CAMHS. There has also been a workshop arranged to meet with PODs (Parents Opening Doors)
- There is work on-going with Telford & Wrekin Council Placement Stability Team for looked after children to ensure that those young people have appropriate and timely access to services, and also with Family Connect with regard to the contribution of time from CAMHS to Family Connect to provide support with regard to safeguarding and CAMHS referrals

CAMHS and the Adult Mental Health Service are working in partnership to develop and implement a pathway of care for young people who are in the period of transition from children's to adult services to ensure they are well

supported and all identified needs are met. The final workshop relating to this work will take place in October.

2. RECOMMENDATIONS

This paper is for information

3. IMPACT OF ACTION

4. SUMMARY IMPACT ASSESSMENT

COMMUNITY IMPACT	Do these proposals contribute to a specific HWB Priority	
	Yes/No	<i>If yes please state relevant priority</i>
	Do these proposals contribute to specific Co-Operative Council priority objective(s)?	
	Yes/No	<i>If yes, please list relevant Co-Operative Council objective(s)</i>
	Will the proposals impact on specific groups of people?	
	Yes/No	<i>Children & young people who have mental health problems</i>
TARGET COMPLETION/DELIVERY DATE	<i>Insert date and if more than 6 months after the date of the Cabinet report, list key milestones</i>	
FINANCIAL/VALUE FOR MONEY IMPACT	Yes/No	<i>N/A</i>
LEGAL ISSUES	Yes/No	<i>N/A</i>
EQUALITY & DIVERSITY	Yes/No	<i>N/A</i>
IMPACT ON SPECIFIC WARDS	Yes/No	<i>N/A</i>
PATIENTS & PUBLIC ENGAGEMENT	Yes/No	<i>Workshop arranged with PODs on Wednesday 25th September</i>
OTHER IMPACTS, RISKS & OPPORTUNITIES	Yes/No	<i>Development of a new service specification will give commissioners the opportunity to influence the service provision in terms of access, provision and expected outcomes</i>

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