

## Creating Better Health and Care Services Shaping Emergency Department Care for Shropshire, Telford & Wrekin and mid Wales

### Briefing to Joint Health Overview and Scrutiny Committee on 28 November 2012

When people are taken to hospital as an emergency, they want prompt, safe and effective treatment that alleviates their symptoms and addresses the underlying causes of their illness. In short, they want care that is aimed at getting them better, quickly and safely.

These expectations are reasonable and achievable.

Getting patients better, quickly and safety requires the systematic implementation of known good practice; a consistent approach by all clinicians; collaboration within and between organisations; full and ongoing engagement with the people who should benefit from these services; and, visionary and courageous leadership.

Locally we are taking a fresh approach to delivering better health and care – not just in emergency care, but in all of our services.



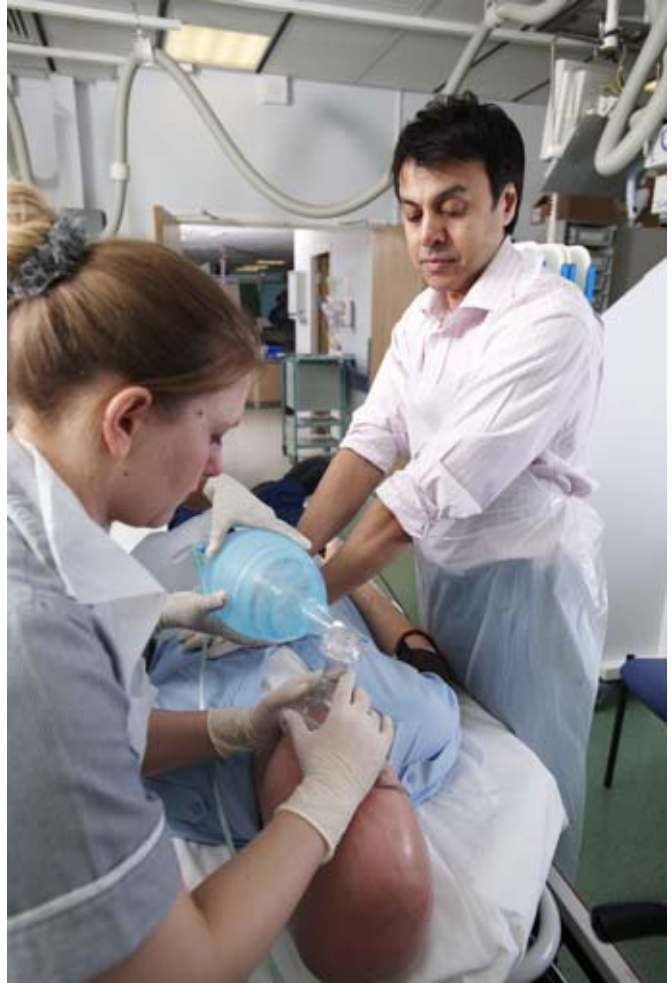
Using a simple four-step approach our aim is to ensure a wide debate between patients, service users, carers, clinicians, wider NHS staff, partner organisations and more that asks and answers four key questions:

- Step 1: What does good look like?
- Step 2: How are we doing?
- Step 3: What does this mean?
- Step 4: What action do we need to take?

Through this we can together set out the future of emergency department care in our hospitals as part of the wider network of health and care services for the communities we serve across Shropshire, Telford & Wrekin and mid Wales. This process must be shaped by all of us and we welcome your views on the issues discussed in this report, and your involvement in the work ahead.

In support of this work, this briefing includes:

- Annex A: Report of an Engagement Event on 17 October 2012, containing:
  - Overview of the Better Health and Care process
  - Overview of the Engagement Event on 17 October 2012
  - Summary of Group Work and Feedback at the Event
  - Terms of Reference of the A&E Steering Group, part of the Pan Shropshire Urgent Care Network arrangements
  
- Annex B: Presentation slides from the Engagement Event on 17 October 2012, including:
  - Overview of Urgent Care Networks arrangements and goals
  - Patient perspective
  - Clinical perspective
  - Organisational perspective
  
- Annex C: Overview of the Pan Shropshire Urgent Care Network arrangements

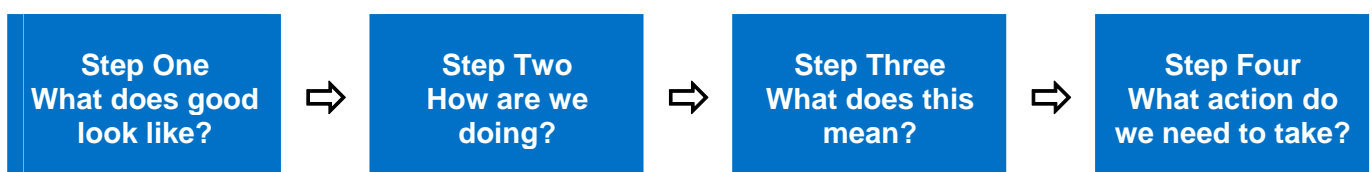


Copies of the report, the slide presentations and other useful information is available from [www.sath.nhs.uk/betterhealth](http://www.sath.nhs.uk/betterhealth)

# Creating Better Health and Care Services

Shaping Emergency Department Care for  
Shropshire, Telford & Wrekin and mid Wales

Report of an Engagement Event on  
17 October 2012



# 1. Introduction

When people are taken to hospital as an emergency, they want prompt, safe and effective treatment that alleviates their symptoms and addresses the underlying causes of their illness. In short, they want care that is aimed at getting them better, quickly and safely.

These expectations are reasonable and achievable.

Getting patients better, quickly and safety requires the systematic implementation of known good practice; a consistent approach by all clinicians; collaboration within and between organisations; full and ongoing engagement with the people who should benefit from these services; and, visionary and courageous leadership.

In The Shrewsbury and Telford Hospital NHS Trust we are taking a fresh approach to delivering better health and care – not just in emergency care, but in all of our services. Using a simple four-step approach our aim is to ensure a wide debate between patients, service users, carers, clinicians, wider NHS staff, partner organisations and more that asks and answers four key questions:

- Step 1: What does good look like?
- Step 2: How are we doing?
- Step 3: What does this mean?
- Step 4: What action do we need to take?

This report describes some of the work underway to shape the Emergency Department care we provide, using this four-step approach. It summarises an engagement event on 17 October 2012 that focused on the first two steps – what does good look like? how are we doing? – and set out the journey ahead for the final two steps.

Through this we can together set out the future of emergency department care in our hospitals as part of the wider network of health and care services for the communities we serve across Shropshire, Telford & Wrekin and mid Wales. This process must be shaped by all of us and we welcome your views on the issues discussed in this report, and your involvement in the work ahead.

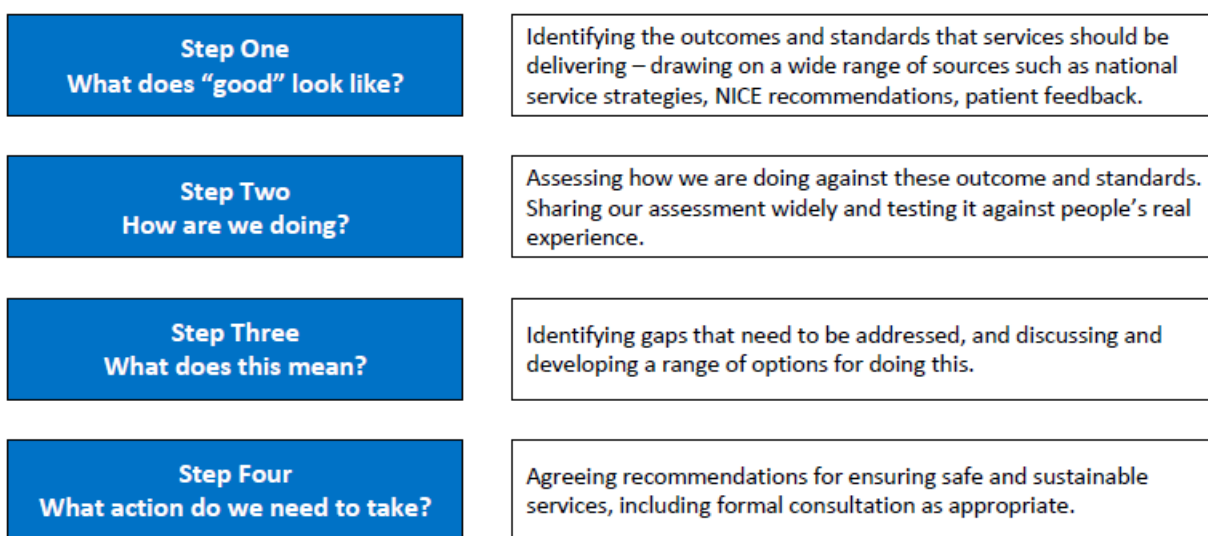
*Adrian Osborne*  
*Communications Director*  
*The Shrewsbury and Telford Hospital NHS Trust*

## 2. What is the “Better Health and Care” review process?

The “Better Health and Care” review process is a rapid assessment process to engage patients, communities, staff, partner organisations and other stakeholders in:

- Deciding what “better health and care” looks like
- Understanding how local services measure up
- Agreeing whether there any gaps
- Recommending actions to address those gaps

It follows a four step process which is summarised below:

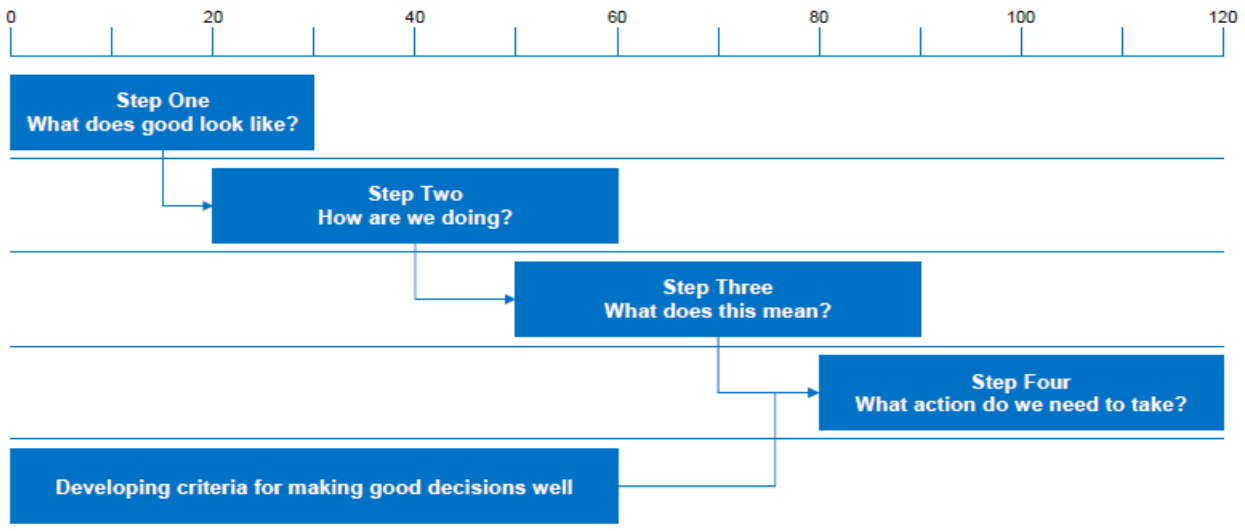


Each step is an opportunity for patients, members of the public, doctors, nurses, therapists, social workers, support staff, managers and many more people besides to share their ideas, their hopes and their concerns. Together they can “co-produce” a shared understanding of what we would like services to look like, how our current services measure up and the steps we can take to improve.

It is important that this process takes place rapidly, with pace and energy. Health services are both very complex and very simple at the same time. It is vital that we do not get too bogged down in “analysis paralysis” and instead set out a visionary journey for better health and care. The diagram overleaf gives an example of how a four-step review might take place over a four month period (120 days).

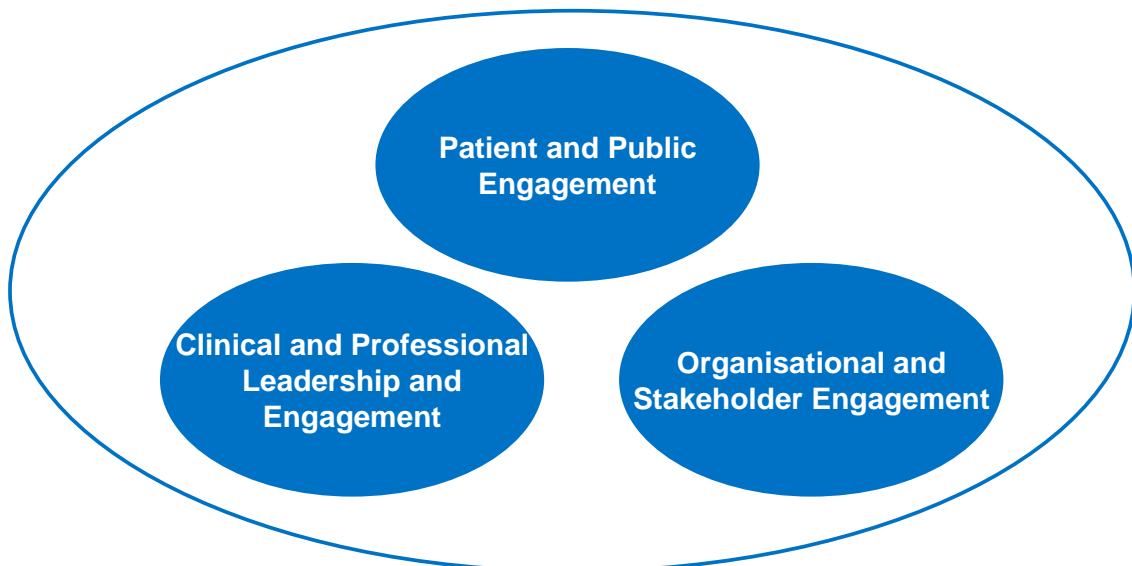
In parallel with these steps it is important to keep an eye on the future. A wide range of ideas, options and recommendations are likely to emerge. We need to have an idea of how those recommendations will be assessed and the best way forward agreed. So, an important part of the work is to develop the criteria that will help us all make good decisions well. You can find out more about this in the Appendix to this report.

Diagram indicating an indicative timeline for a 4-month four-step review:



The review process also recognises that it is vital to look at any health and care issue from at least three perspectives:

- Patient, public and carer engagement – the views and perspectives of the people we are here to serve
- Clinical and professional engagement – the views and perspectives of the people responsible for the directly delivery of health and care services
- Organisational and stakeholder engagement – bringing views and perspectives for the wider service, context and environment



Bringing together these three perspectives will ensure that we develop a fuller picture of the challenges and opportunities we face, and that we deliver better plans for future development.

	Find out more about Better Health and Care reviews at <a href="http://www.sath.nhs.uk/betterhealth">www.sath.nhs.uk/betterhealth</a>
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### 3. How are we using the “Better Health and Care” review process for local emergency departments?

Across Shropshire and Telford & Wrekin, organisations are working together to develop and deliver a strategy for the future of urgent care. This review takes into account not just the way in which services are delivered in these areas but also who they serve – for example, patients and communities in mid Wales.

The overall aims of the urgent care strategy are as follows:

**To provide, by 2014, comprehensive, unscheduled, urgent and emergency care services, delivered by integrated teams of people who share collective responsibility for every patient journey.**

**This work is guided by the following statements developed by patients:**

- **Be “joined up” and responsible for my care**
- **Help me understand the urgent care service**
- **Let me access it appropriately**
- **Assess and treat me promptly in the right place**
- **Admit me to hospital only when necessary**
- **Make my stay in hospital short, safe and effective**
- **Try to care for me at home, even when I am ill**

The development of our strategy is overseen by an Urgent Care Network.

An A&E Steering Group has been established as part of these wider Urgent Care Network arrangements in the county. This group is co-chaired by Mr Kumaran (Emergency Department Consultant, The Shrewsbury and Telford Hospital NHS Trust) and Dr Mike Innes (local GP and Chair of NHS Telford & Wrekin Clinical Commissioning Group).

The A&E Steering Group includes patient, clinical and managerial representatives from Shropshire, Telford & Wrekin and mid Wales. It supports the local NHS to achieve sustainable improvement in the overall system and service for unscheduled care in the area.

This Steering Group is overseeing this Better Health and Care review to:

- understand the opportunities and challenges facing emergency department services for patients and communities in Shropshire, Telford and Wrekin and mid Wales
- decide what great services look like and how we currently measure up
- agree the main issues and gaps, and set out ideas and recommendations for addressing them

This review therefore has a specific focus on emergency department care but is also mindful of the wider urgent care system (e.g. self-care, pharmacy, NHS Direct and NHS 111, primary care including GP out of hours, minor injuries units and walk-in centres, trauma networks and tertiary services).

The timetables for all of this work are dependent in each other – for example, our work on NHS 111 influence how we shape emergency departments for the future and vice versa – but the broad timelines are as follows:

- September/October 2012 - Clinical and patient engagement to develop picture of “What good looks like” and “How are we doing”
- 17 October 2012 – Engagement Event
- November 2012 – Share Event Report
- December 2012 / January 2013 – Continue work on “What good looks like” and “How are we doing”
- January / February 2013 – Follow Up Engagement Event
- Further ahead – Timetable to be established based on working between December 2012 and February 2013

If you are interested in getting involved you can:

- Find out more from [www.sath.nhs.uk/betterhealth](http://www.sath.nhs.uk/betterhealth)
- Email us at [consultation@sath.nhs.uk](mailto:consultation@sath.nhs.uk) with the subject “**betterhealth**”
- Write to us c/o **Better Health and Care: Emergency Care, Communications Director, The Shrewsbury and Telford Hospital NHS Trust, Royal Shrewsbury Hospital, Mytton Oak Road, Shrewsbury SY3 8XQ**
- Follow us on Twitter [@sathNHS](https://twitter.com/sathNHS) and join in the debate using the hashtag [#betterhealth](https://twitter.com/hashtag/betterhealth)



Find out more about Better Health and Care review for emergency department care at [www.sath.nhs.uk/betterhealth](http://www.sath.nhs.uk/betterhealth)

## 4. An overview of the engagement event on 17 October 2012

As part of this “Better Health and Care” review, a half-day engagement event took place on 17 October 2012 at the Shropshire Education and Conference Centre, Royal Shrewsbury Hospital.

The event included:

- Patient and community representatives from Shropshire, Telford & Wrekin and mid Wales (for example, through Local Involvement Networks, Community Health Councils, Practice Participation Groups and other organisations and networks)
- Clinical, professional and managerial staff from organisations involved in the delivery and planning of urgent and emergency care services in Shropshire, Telford & Wrekin and mid Wales
- Local and national speakers and presenters

The event, chaired by Adrian Osborne (Communications Director, The Shrewsbury and Telford Hospital NHS Trust) and attended by 54 participants, included:

- An introduction to the event and to the Better Health and Care review process (Adrian Osborne, Communications Director, The Shrewsbury and Telford Hospital NHS Trust)
- An overview of work underway across the area to review and improve urgent care, including the role of the Urgent Care Network (Dr Bill Gowans, local GP and Chair of the Urgent Care Network)
- Four perspectives on “What does good look like?” and “How are we doing?”:
  - Patient Perspective – from Shropshire Patient Group members Suzanne Lawler and Charles Morris, and from Telford & Wrekin Health Roundtable facilitator Sharon Smith with additional Powys input from Cllr Aled Jones (Montgomeryshire Community Health Council) and Adrian Osborne
  - Clinical Perspective – from Consultant in Emergency Medicine Dr Adrian Marsh
  - Organisational Perspective – locally from The Shrewsbury and Telford Hospital NHS Trust’s Unscheduled Care Champion Dr Kevin Eardley, and nationally from Dianne Fuller, National Intensive Support Team, Department of Health
- Group work sessions where participants reflected on what they had heard and discussed any gaps in the picture of “What does good look like?” and “How are we doing?”
- Group work sessions where participants discussed what practical steps might need to be taken locally to ensure “Better Health and Care” in local emergency departments
- Closing plenary feedback and next steps



The presentation slides from the event are available from the website of The Shrewsbury and Telford Hospital NHS Trust at [www.sath.nhs.uk/betterhealth](http://www.sath.nhs.uk/betterhealth)

## 5. Group Work and Feedback

Participants worked in six mixed table-top groups, each group focusing on the four steps in turn.

For Steps 1 and 2, participants were asked:

**What's missing? What else do we need to do to develop our picture of:**

- “what does good look like”?
- “how are we doing?”?

**What practical steps do we need to take to build a fuller picture?**

For Steps 3 and 4, participants were asked:

**Based on what you have heard, what does this mean for us in Shropshire, Telford & Wrekin and mid Wales?**

**What steps might we need to take?**

A facilitator on each table captured the main comments on themes and these are transcribed on the following pages.

The notes on the following pages intend to capture the issues raised at the event. They may represent the view of one individual and do not necessarily reflect a consensus or majority view.



An overview of the group work instructions is included in the presentation slides from the event. The slides and the feedback templates for the group work are available from [www.sath.nhs.uk/betterhealth](http://www.sath.nhs.uk/betterhealth)

# 1

## What does good look like?

- Ensure stay is as short as possible, but as long as necessary.
- Communication to public- where is most appropriate to go; Knowing what's happening → what stage in process; Avoid jargon
- Made aware of what's happening e.g. wait for diagnosis → know not forgotten.
- Told if possible to return next day
- Key holder/continuity in care and communication → who to ask? /named nurse
- Clear information as you enter the ED; Better patient information Screen
- Look at ways to inform/communicate with the services users who cannot access usual methods/barriers to understanding.
- Look at workforce possibilities – not just Medical and Nursing – Therapies and others also.
- National IT System.
- Geographical → Distance → Disability → Access (Transport)
- Respect and Dignity
- Treat as intelligent human being
- Expert knowledge of condition
- Flagging ED to know what's wrong – 1st Appearance clean /professional.
- Realistic → what can be there?
- No waits – Reception through to Senior Review – be seen by appropriate Specialist Doctor.
- Seen in appropriate place (alternative to ED )
- Minimise duplication of info. Know who does what..
- Sufficient call faculties – Avoid admissions.
- Missed – times given for time critical patients e.g. cardiac/stroke patients/HI's
- Major Trauma are these patients being prioritised? Paediatric figures also.
- Integration community services and PC
- No's of patients turned away because they are in the wrong place.
- Data/information please → informed decision /local picture.
- Data about the current state; How we are doing boards in A/E – simple feedback mechanisms, real time; Patient satisfaction
- Do we understand minor services in PCT? & why patients are not accessing.
- What works well elsewhere? Is there learning from good practice elsewhere.
- Review of “at site” treatment. Look at Ambulance, Air Ambulance (Links with ---workforce development to assist this)

# 2

## How are we doing?

- Difficulty of knowing how to start the puzzle of implementing changes. How do we help the Trust to start /complete this?
- Group of clinicians meeting together to discuss the issues.
- We need to challenge the constraints – do we accept the constraints rather than challenge.
- Need to understand the whole pathway rather than focus on ED.
- Need better understanding of data. So service users understand the targets; Performance indicators – want to know more.
- Aspiration v ability to achieve
- Want to hear “GOOD” positive news
- Understand what are ED’s doing well.
- Customer relations → what information
- Has been collected + the actions taken.
- Education for G.P and wider community (want to hear more from all users).
- Impact of current performance for the future.
- Inappropriate admissions. This needs to be captured.
- ED – Know how we are Doing Boards.
- Flow – Have we got internal ED issues in order?
- Is it just problems (where are the problems) outside E.D
- Live knowledge of demand.
- What defines unsafe levels of staffing
- Patients take it for granted that “cutting edge / state of the art treatment/diagnosis” is being provided is this really available.
- Pathways are of A/E need to be developed and functional because this is crucial to flow in E.D.

# 3

## What does this mean?

- We have 2 models of delivery across SATH. Why is this? Inconsistently between services is this acceptable?
- Can we sustain two A/E departments? E.g. Barnett Model, what problems would this solve and what problems would it create.
- Insufficient staffing,( permanent, Qualified); Senior decision making presence;
- ↑ no of qualified and experienced nurses.
- Looking at possibilities of workforce flexibility/how to retrain or attract medical staff or other staff; Shropshire Hospitals not implementing alternative skill mix – although happening elsewhere for years
- See ED as part of jigsaw.
- Access to G.P/ Primary Care Intervention; Standardised alternative service e.g. MIU
- Effective and efficient Shropdoc/ alternatives to admission/sign posting.
- Directory of services across LHE; Patients find it challenging to navigate the system and choose well
- Lack of minor decision makers.
- Waiting
- Communication
- Information
- Staff training – dignity, respect, customer relations.
- Efficiencies – what can we actually do?
- Prioritise flow throughout system.
- IT system →Redesign roles – incentive.
- Raise standards in whole hospital.
- Transfer of info from ED across LHE boundaries
- Sustained performance/use of predictors →Do resources meet predicted demand.
- How long it takes to access ED services for people in outlying communities.

# 4

## What action do we need to take?

- How do we help the population to understand their responsibility in using ED appropriately?
- Unlocking the puzzle, understand the data, clinician's forum to understand this.
- Co-locate services, GP/ED/AMU
- Closer working relationships with Authorities
- Customer Care Training/ provide timely information.
  - ↑ GP access
- Explore alternative models of service delivery; Increased range of community services; treat by ambulance; e.g. advanced level paramedics, treat patient in own home without transfer.
- Use primary care staff + other workforce
- Educate patients when "not" to use ED; Educate patients when they've used ED inappropriately; Community → Education + self management.
- Improve information on discharges
- Programme and talking to patients and families have to choose – alternatives increase understanding.
- Joined up IT system ; I.T system "Fit for purpose"
- Early supported discharge to home physical environment.
- Future proofing
- Nurses – trained across disciplines
- Recruitment of senior staff – incentives to work here?
- Co-producing with the clinicians. Public and patients the way forward.
- Efficient use of resources.
- Major patients → Access to diagnostics
  - Access to specialists.
- Involve all users not just the conference attenders and different solutions for different conditions.
- 111 Service will help.
- ? Could CCC improve signposting?
- WMAS /Welsh Ambulance Service → alternatives to ED, take to MIURAIID will help
- F & C
- Nursing homes for opinions = attendance to ED /alternatives.
- Transport issues.
- Need for different skill mix – ENP/Consultant nurse /ANP's including peads.
- Better guidelines to care homes about access to A/E – risk avoid, need escalation plan.
- Telehealth + linking MIU
- More staff at the front door – simple advice, straight away + more triage.
- Community urgent care centres.
- Learning from best practice

## 6. Summing Up and Next Steps

The event closed with summing up and next steps.

Each table-top group was asked to share one key message from their discussion. These messages were:

- Access to GPs is critical to people's use of Emergency Departments. We need to focus on giving people a reason *not* to use EDs (for example, because the alternatives are accessible and understood). Patients and communities need good information about the choices and alternatives available to them, and reassurance about how and when to use them.
- We should not reinvent the wheel. There are lots of great examples out there. One example is about working closely with nursing homes to reduce the need for hospital attendance. What else is happening elsewhere that we can learn from
- Information technology is critical – making patient information available at the point of care so that all care providers have access to information that helps them make the best decisions
- More information, data and modelling is needed – information is available to help predict demand but how effectively is it being used across the urgent care system? How well does capacity match demand?
- We need to focus on some quick wins – there are some challenges to the way current services are provided, but at a more grass-roots level there are some simple improvements that could be made to customer service and communication. We could also develop
- It is a complicated puzzle/jigsaw. There are some factors that are *intrinsic* to how an ED operates and there are other factors that are *extrinsic*. We need to be able to differentiate between these factors in order to make the best decisions going forward in relation to our model of ED services. For example:
  - If someone is waiting longer in A&E this may be because they are awaiting a bed in another parts of the hospital, which in turn is not yet available as another patient is waiting to leave hospital. A concerted focus on early supported discharge might improve flow and thereby improve quality of care in A&E.
  - We need to understand the likely future impact of the introduction of NHS 111 on demand and capacity locally.
  - There are differences in the way that the two hospitals currently operate, so there are opportunities either to move to a consistent approach or to recognise that there won't necessarily be "one size fits all" solutions.
- There are some big questions facing our communities. Can we sustain 2 A&E departments safely in our hospitals vs. widespread public expectation that 2 A&E departments will be sustained? A really important issue for patients and communities is their real or perceived travel time to their nearest A&E department.
- The review process needs to hear more voices than those here today

In terms of next steps, the audience was invited to answer the question “If we met again in this room in two months time, what should have happened?”

The main messages were:

- We will have delivered some “quick wins” for example, in relation to communication and customer service in the A&E departments
- We will have a better picture of the implementation of NHS111 and what this will mean for A&E demand
- As part of the wider work on Urgent Care, we will have a better picture of how we signpost people to the right service
- There will have been broader engagement in this debate. More people will have had the opportunity to participate.
- We don’t want to come back and find that the two A&E departments are merging vs. we need to be mindful that the issues we have discussed today raise questions about whether two A&E departments can be sustained safely
- We will be closer to a definitive list of “problems” and starting to identify solutions – both long term and short term
- We will have shared more of the data and information that will be needed to help us build a picture of the future

## 7. Evaluation Forms

Participants were invited to complete an evaluation form about the event. The responses are transcribed below.

<b>A</b>	<h3>What did you find useful?</h3>
	<ul style="list-style-type: none"> <li>• Opportunity to gather and discuss experience and ideas.</li> <li>• That the discussions were wide ranging and varied</li> <li>• The insight given</li> <li>• Presentation by Diane Fuller very interesting</li> <li>• All of it.</li> <li>• Collective working</li> <li>• Good overview</li> <li>• Gaining information about many aspects that I was unaware of.</li> <li>• Group discussions really useful. Overview of situation useful. Diane's presentation very informative.</li> <li>• All the information from this presentation and from networking with colleagues.</li> <li>• Diane Fuller presentation.</li> <li>• Useful to get varied perspective of issues.</li> <li>• General discussions</li> <li>• Listening to what patients have to say in Shropshire County.</li> <li>• Opportunity to consider issues with a range of different people never met before. Presentations.</li> <li>• Group Work.</li> <li>• Interaction between participants.</li> <li>• The failings and what can and should be done.</li> <li>• The information. The exchange of ideas. Putting patient perspective forward.</li> <li>• Meeting other NHS professionals and service users. General discussions.</li> <li>• Hearing the concerns and solutions of others.</li> <li>• Discussions, information with different points of views from speakers.</li> <li>• Good discussion</li> </ul>
<b>B</b>	<h3>What did you least useful?</h3>
	<ul style="list-style-type: none"> <li>• Shortness of time</li> <li>• Inevitable "talk the talk"</li> <li>• Did have difficulty in group work hearing what was being said on my table with surrounding noise level.</li> <li>• Time constraints</li> <li>• Data /Statistics</li> <li>• All useful</li> <li>• The coffee wasn't very strong.</li> <li>• Sound system.</li> <li>• Over load of presentation material.</li> <li>• Some talks to be kept to a minimum or within time constraints.</li> </ul>

<b>C</b>	<b>What would you like to have been included?</b>
	<ul style="list-style-type: none"> <li>• More specialist groups.</li> <li>• Implications elsewhere in hospital</li> <li>• A presentation by local authority social care</li> <li>• Mental Health team input</li> <li>• Next date to meet</li> <li>• More time in group discussions but we would have talked all day probably.</li> <li>• All very good</li> <li>• Why G.P seem to have no input.</li> <li>• Wider range of patient engagement</li> <li>• Difficult to say as it's the first meeting.</li> <li>• Cost.</li> <li>• Copy of slides (Can these be circulated).</li> <li>• Information re:- age of population therefore effect on ED services and flow.</li> <li>• More time on solutions. A clear evaluation of the problem.</li> <li>• Examples of other challenges LHE and ED and how they turned situation around.</li> </ul>
<b>D</b>	<b>What is the one thing you will take away from today?</b>
	<ul style="list-style-type: none"> <li>• More awareness of difficulties</li> <li>• But please do make sure this translates into action/real co-production of solutions.</li> <li>• Hope that changes will be made in ED and are useful to the department.</li> <li>• Answers not easy.</li> <li>• Need for change but hopefully no reduction in access to E.D in both hospitals.</li> <li>• Excellent knowledge of what patients want a good E.D to look like</li> <li>• We are all working together to improve the ED in both hospitals. It is not just an ED problem but Trust wide.</li> <li>• Need work on the Primary Care Trust</li> <li>• As long as we move forward. Need action now. Short and long term project goals. Especially short term ED improvement in patient contact.</li> <li>• Reassurance that in spite of financial constraints attempts are being made to improve the current situation.</li> <li>• Action needs to happen we all have to participate.</li> <li>• A better understanding of the problems.</li> <li>• Capacity of decision making</li> <li>• Understanding of the desire to change.</li> <li>• General good co-operation and atmosphere.</li> <li>• Trust has started to listen.</li> <li>• A better understanding of issues.</li> <li>• A lot of work needs to be done.</li> <li>• That we are being listened to.</li> <li>• Loads of useful information to pass on to other groups.</li> <li>• The hope that the concerns and comments from all the groups are taken on board to guide the changes or adaptations of work practice.</li> <li>• Planning for future.</li> <li>• That the time for change should be now, hopefully not to wait until the situation is critical e.g. Mid Staffs E.D</li> <li>• Information with thoughts from a patient point of view.</li> </ul>

## 8. Get Involved

Better Health and Care Reviews are an opportunity for everyone to be involved and co-produce the future.

You can do this in a variety of ways. Here are some examples:

- Share this report with your family, friends, local networks and find out what they think. What's missing? Are there any surprises?
- Use the four step process to discuss emergency department care with your patients, networks and colleagues (What does good emergency department care look like from your perspective? How are we doing? What does this mean? What action do we need to take?). You can use the presentation slides and feedback templates on your website if you want!
- Read the more detailed reports and briefings available on our website at [www.sath.nhs.uk/betterhealth](http://www.sath.nhs.uk/betterhealth)
- Let us know of other publications and reports that we can share via the website.
- In future we may need to decide together about the right shape for health and care services. If so, we will need to decide how those decisions should be made. Read Appendix 1 to find out more, and let us know your views.

You can contact us via our website, email, by post or via Twitter:

- Find out more from our website at [www.sath.nhs.uk/betterhealth](http://www.sath.nhs.uk/betterhealth)
- Email us at [consultation@sath.nhs.uk](mailto:consultation@sath.nhs.uk) with the subject “betterhealth”
- Write to us c/o **Better Health and Care: Emergency Care, Communications Director, The Shrewsbury and Telford Hospital NHS Trust, Royal Shrewsbury Hospital, Mytton Oak Road, Shrewsbury SY3 8XQ**
- Follow us on Twitter [@sathNHS](https://twitter.com/sathNHS) and join in the debate using the hashtag [#betterhealth](https://twitter.com/hashtag/betterhealth)

## Appendix 1: Making Good Decisions Well

It is important to keep an eye on the future. A wide range of ideas, options and recommendations are likely to emerge. We need to have an idea of how those recommendations will be assessed and the best way forward agreed.

So, an important part of a “Better Health and Care” review is to develop the criteria that will use to make decisions.

Based on what we have heard so far, and experience of other reviews, we have identified seven questions that might be used to assess different options and recommendations. These are summarised below. We have tried to set these out using a simple question in terms that most of us might understand and recognise, along with more detailed information outlining issues and factors relevant to this question.

The Question	Some issues to take into account	
Is it good for patients, families and carers?	Quality and Outcomes for Patients: Services meet best practice and demonstrably improve:	(i) clinical outcomes and quality of life outcomes (ii) patient experience (iii) patient safety
Is it good for the public purse?	Cost Effectiveness and Financial Sustainability: Services are cost effective and financially sustainable	
Is it fair?	Equity: Service provision is geographically and socio-economically equitable, reaching the whole area population, mindful of the need for access to timely services.	
Is it joined up?	Integrated Care Pathways: Services support the whole pathway, end-to-end, (e.g. from prevention to long term care or end-of-life care)	
How does it impact on other services?	Impact on other Services: The impact on the delivery of other services has been assessed and understood. This includes assessment of the impact of patient/population flows into, and out of, the area.	
Is it clinically sustainable?	Clinical Sustainability: Service provision is clinically sustainable, with a staffing model that is fit for the future – including training, teaching, workforce and human resources requirements.	
Can we do it?	Feasibility: The process of change must be feasible and deliverable	

- Are these the right questions and issues?
- Is there anything missing? Is there anything that should *not* be included?
- Which questions and issues are most important? Which are least important?

Use the contact details in Section 8 of this report to let us know your views.

## Appendix 2: Attendance List

The following people attended the Engagement Event on 17 October 2012:

Name	Organisation
Dr Adrian Marsh	Emergency and Critical Care Centre, The Shrewsbury and Telford Hospital NHS Trust
Adrian Osborne	Communications Director, The Shrewsbury and Telford Hospital NHS Trust
Dr Alison Moore	Women and Children's Centre, The Shrewsbury and Telford Hospital NHS Trust
Dr Bill Gowans	Chair of Shropshire and Telford & Wrekin Urgent Care Network Vice Chair of NHS Shropshire County Clinical Commissioning Group and local GP
Brian Bennett	Shropshire patient/public representative
Carol Aldridge	Emergency and Critical Care Centre, The Shrewsbury and Telford Hospital NHS Trust
Carol McInnes	NHS Shropshire County
Dr Carol Morton	Accountable Officer, NHS Shropshire County Clinical Commissioning Group
Cecelia Walden	Shropshire patient/public representative
Charles Morris	Shropshire patient/public representative
Cllr Aled Jones	Montgomeryshire CHC
Cllr Gerald Dakin	Chairman, Shropshire Council Health Overview and Scrutiny Committee
Dave Ladd	Continuous Improvement Team, The Shrewsbury and Telford Hospital NHS Trust
David Beechey	Vice Chair, Shropshire LINK
David Watkins	Welsh Ambulance Service NHS Trust
Deb Hopkins	Telford & Wrekin public/patient representative
Debbie Jones	Diagnostics Centre, The Shrewsbury and Telford Hospital NHS Trust
Derek Hall	Telford & Wrekin public/patient representative
Dianne Fuller	Department of Health Intensive Support Team
Eira Davies	Telford & Wrekin public/patient representative
Fiona Bottrill	Scrutiny Officer, Telford & Wrekin Council Health Overview and Scrutiny Committee
Fiona Howe	Scrutiny Officer, Shropshire Council Health Overview and Scrutiny Committee
George Rook	Chairman, Shropshire LINK
Dr Gill Clements	ShropDoc
Gilly Scott	Shropshire Community Health NHS Trust
Graham Shepherd	Shropshire patient/public representative
Ian Hulme	Shropshire patient/public representative
James Moraghen	Shropshire patient/public representative
Jill Dale	Therapies Centre, The Shrewsbury and Telford Hospital NHS Trust
Dr John Morgan	Montgomeryshire CHC
Judith Caroll	Telford & Wrekin public/patient representative
Karen Taylor	Shropshire Community Health NHS Trust
Keith Downes	Shropshire patient/public representative
Kerry Malpass	Emergency and Critical Care Centre, The Shrewsbury and Telford Hospital NHS Trust
Dr Kevin Eardley	Unscheduled Care Champion, The Shrewsbury and Telford Hospital NHS Trust
Louise Speed	Telford & Wrekin public/patient representative
Margaret Evitts	Montgomeryshire CHC
Mel Jackson	Shropshire patient/public representative
Dr Mike Innes	Co-Chair of Shropshire and Telford & Wrekin Urgent Care Network A&E Steering Group Chair of NHS Telford & Wrekin Clinical Commissioning Group and local GP
Pamela Small	Telford & Wrekin public/patient representative
Paul Golbourne	Shropshire patient/public representative
Paul Jacobson	Musculoskeletal Centre, The Shrewsbury and Telford Hospital NHS Trust
Pauline Downes	Shropshire patient/public representative
Peter Herring	Chief Executive, The Shrewsbury and Telford Hospital NHS Trust
Rachel Redgrave	Emergency and Critical Care Centre, The Shrewsbury and Telford Hospital NHS Trust
Dr Rob Law	Emergency and Critical Care Centre, The Shrewsbury and Telford Hospital NHS Trust
Roland Brown	Shropshire patient/public representative
Rosemary Milns	Shropshire patient/public representative
Roy Norris	Montgomeryshire CHC
Dr S Kumaran	Co-Chair of Shropshire and Telford & Wrekin Urgent Care Network A&E Steering Group Emergency and Critical Care Centre, The Shrewsbury and Telford Hospital NHS Trust
Sharon Smith	NHS Telford & Wrekin
Sian Huszak	NHS Telford & Wrekin
Suzanne Lawler	Shropshire patient/public representative
Terry Davies	Telford & Wrekin public/patient representative
Tracey Jones	NHS Telford & Wrekin

## Appendix 3: Supporting Documents

The following documents are available from our website at [www.sath.nhs.uk/betterhealth](http://www.sath.nhs.uk/betterhealth)

- Presentation slides from the event, including:
  - Introductory slides (Adrian Osborne)
  - Overview of the wider context of urgent care (Dr Bill Gowans)
  - Shropshire patient perspective (Suzanne Lawler and Charles Morris)
  - Telford & Wrekin patient perspective (Sharon Smith)
  - Organisational perspective (Dr Kevin Eardley)
  - National perspective (Diane Fuller)
  - Event facilitation slides (Adrian Osborne)
  
- Useful documents and references:
  - “Driving Improvements in A&E Services” (Foundation Trust Network, October 2012)
  - Effective approaches in Urgent and Emergency Care: Paper 1 - priorities within acute hospitals
  - Effective approaches in Urgent and Emergency Care: Paper 2 - rapid assessment and treatment models in emergency departments
  - Clinical Quality Indicators for A&E Departments in Shrewsbury and Telford

## **Appendix 4: Summary Terms of Reference of A&E Steering Group**

This appendix summarises the terms of reference of the A&E Steering Group

### **1.1 Purpose**

The group has been established as part of the wider Pan Shropshire Unscheduled Care Strategy to achieve sustainable change within the overall unscheduled care system that will contribute to the achievement of the overall aims of this strategy as detailed below

To provide, by 2014, comprehensive unscheduled, urgent and emergency care services, delivered by integrated teams of people who share a collective responsibility for every patient journey.

And expressed through the following patient statements

- Be 'joined up' and responsible for my care
- Help me understand the Urgent Care service
- Let me access it appropriately
- Assess and treat me promptly and in the right place
- Admit me to hospital only when necessary
- Make my stay in hospital short, safe and effective
- Try to care for me at home, even when I am ill

### **1.2 Specific Purpose of ED Project Group**

The specific role of the ED project group, within the wider strategy, is to design, develop and implement contemporary ED services within Shropshire and Telford & Wrekin.

- To work in partnership with key stakeholders to develop a sustainable model for the delivery of A&E services within the county.
- Where appropriate, to redesign and integrate the primary and secondary care emergency services both in and out of hours.
- To forge alliances between primary and secondary care emergency medical services and explore opportunities to remove structural and financial barriers associated with service delivery.
- Maximise use of skill-mix to provide most appropriate care at the point of access
- To demonstrate high levels of patient satisfaction

### **1.3 Responsibilities of members**

Chair:

- The meeting will be chaired by the Project Sponsor as designated by the Programme Board and Urgent Care Network board.

- The Chair is ultimately responsible for the project, supported by the Project Manager and project team.
- The Sponsor's role is to ensure the project is focused and delivers the projected outcomes.
- To provide regular updates in verbal and written format as required to the Urgent Care Network Board with regard to the progress of the project group
- To escalate issues adversely affecting the agreed project outcomes to Urgent Care Network Board if they remain unresolved at project group level.

#### Project Manager:

- The Project Manager will be designated by the Programme Board and this nomination supported by their line manager or equivalent who acknowledges and recognises this work as a priority within their portfolio.
- The Project Manager has the authority to run the project on a day to day basis on behalf of the project sponsor and team within the framework agreed by them.
- The Project Manager will be responsible for the co-ordination and distribution of agendas and papers relating to the project group
- Project Managers will provide regular written updates on project progress to the programme management office using a format as designed by the Programme Management Office

#### Group Members:

- To act as champions within their own organisations and at wider forums for the principles of the group.
- To accept and promote within their own organisations and at wider forums the goals as expressed by patients in 1.1 of these terms of reference.
- Members will be expected to participate in and actively engage other members of their organisation with regard to the achievement of project objectives through a wide range of activities including but not exhaustive data collection, service review activities, education events both as attendees and providers , patient focus groups
- To be responsible for the delivery of specific tasks allocated to them either collectively or individually (following agreement of the remit of the task) within the agreed timescales.
- To attend formal ED project group meetings send apologies and a designated deputy with authority when this is not possible.
- To contribute to email discussions and telephone meetings when appropriate.
- It is expected that at all times communication between group members is of the highest standards of courtesy recognising that as stakeholders with differing remits there may be potential for areas of conflict.
- If group members fail to meet any of the above responsibilities the Chair reserves the right to request alternative membership from CEO of member organisation.

Last updated October 2012



Creating Better Health and Care Services  
Shaping Emergency Department Care for Shropshire, Telford & Wrekin and mid Wales

Report of an Engagement Event on 17 October 2012

The Shrewsbury and Telford Hospital NHS Trust

Princess Royal Hospital  
Grainger Drive  
Apley Castle  
Telford  
TF1 6TF

Royal Shrewsbury Hospital  
Mytton Oak Road  
Shrewsbury  
Shropshire  
SY3 8XQ

[consultation@sath.nhs.uk](mailto:consultation@sath.nhs.uk)

The Shrewsbury and Telford Hospital   
NHS Trust

# Creating Better Health and Care Services

ED Workshop  
17 October 2012



The Shrewsbury and Telford Hospital   
NHS Trust

Setting the Context:  
The Urgent Care Network

Dr Bill Gowans,  
Local GP and Chair of Shropshire and Telford & Wrekin  
Urgent Care Network



**Patient Statements:**

**‘Be ‘joined up’ and collectively responsible for my care’**

**‘Help me understand the Urgent Care service’**

**‘Let me access it appropriately’**

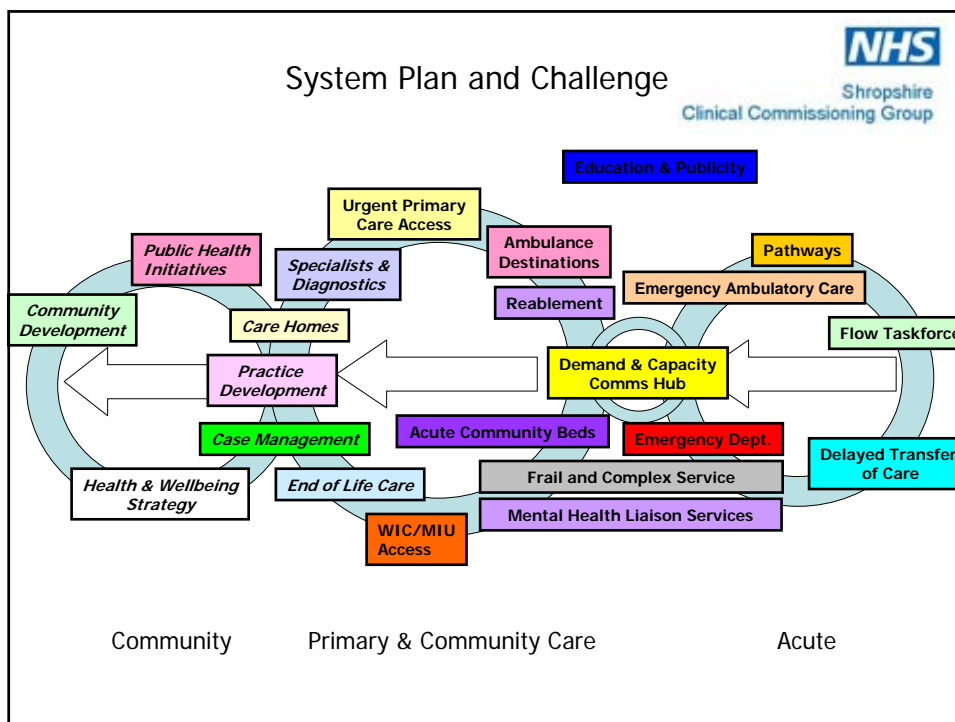
**‘Assess and treat me promptly and in the right place’**

**‘Admit me to hospital only when necessary’**

**‘Make my stay in hospital short, safe and effective’**

**‘Try to care for me at home, even when I’m ill’**

No.	Project Descriptions	Strategic Themes
2	Demand and Capacity Management (Winter 9)	<b>Demand &amp; Capacity Communications Hub</b>
3	111 – Local Implementation	
4	DOS including NHS Pathways	
1	Education & Publicity	<b>Access</b>
5	Walk in Centres/MIUs Reconfiguration	
6	GP Surgery Urgent Care Audit-> Primary Care Access	
13	Paramedics&MIU's co-location->Ambulance destinations	
16	A&E	
8	Mental Health Liaison	<b>Mental Health Liaison (RAID)</b>
14	Emergency Ambulatory Care	<b>Flow</b>
9	Pathways for Urgent Care Diagnostics	
15	Case Management & Discharge Planning	
17	Delayed Transfer of Care (DTC)	
18	Reablement -> Under Health & Wellbeing Board	<b>Reablement Joint Commissioning</b>
7	Acute Frail & Vulnerable Pathways	<b>Frail and Complex Service</b>
10	Virtual and Community Hospitals	
19	Active Case Management	<b>Case Management</b>
11	End of Life Care	
12	Clinical Support to Care Homes	
20	Paediatric Urgent Care	<b>Paediatrics</b>



**NHS**  
Shropshire  
Clinical Commissioning Group

## URGENT CARE NETWORK

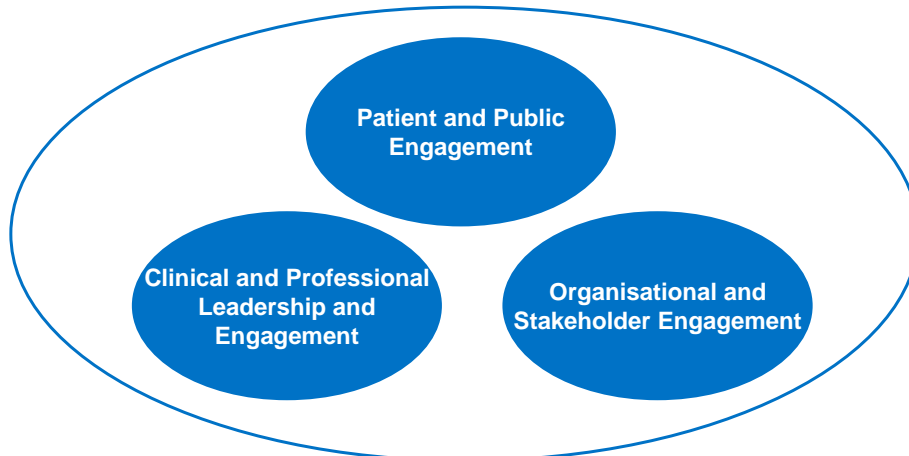
‘To be responsible for the development and implementation of the Pan Shropshire Unscheduled Care Strategy.’

## Reviewing Emergency Care The Four Step Process

Adrian Osborne  
Communications Director, The Shrewsbury and Telford  
Hospital NHS Trust



## Engagement is Everyone's Responsibility



# The Four Steps

**Step One**  
What does "good" look like?

Identifying the outcomes and standards that services should be delivering – drawing on a wide range of sources such as national service strategies, NICE recommendations, patient feedback.

**Step Two**  
How are we doing?

Assessing how we are doing against these outcome and standards. Sharing our assessment widely and testing it against people's real experience.

**Step Three**  
What does this mean?

Identifying gaps that need to be addressed, and discussing and developing a range of options for doing this.

**Step Four**  
What action do we need to take?

Agreeing recommendations for ensuring safe and sustainable services, including formal consultation as appropriate.



# The Four Steps

**Step One**  
What does "good" look like?

**Step Two**  
How are we doing?

**Step Three**  
What does this mean?

**Step Four**  
What action do we need to take?

Patients, the public, staff and wider stakeholders are involved in each of the four steps.

In addition to this, we work with stakeholders to agree the criteria that we will use to make decisions about the action we need to take.



# Making Good Decisions Well

For each review it is important to develop the criteria that will be used to make decisions. This will help to ensure that good decisions are made well, in an open and transparent way. As part of each review we work with stakeholders to develop specific criteria that will be used to judge the options developed during Step 3 and Step 4.

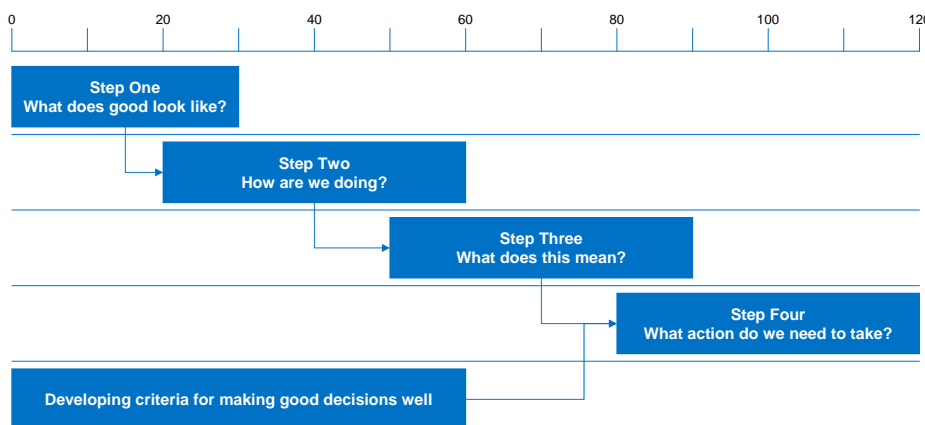
Our outline criteria are:

- (a) **Quality and Outcomes for Patients:** Services meet best practice and demonstrably improve:
  - (i) clinical outcomes and quality of life outcomes
  - (ii) patient experience
  - (iii) patient safety
- (b) **Cost Effectiveness and Financial Sustainability:** Services are cost effective and financially sustainable
- (c) **Equity:** Service provision is geographically and socio-economically equitable, reaching the whole area population
- (d) **Integrated Care Pathways:** Services support the whole pathway, end-to-end, (e.g. from prevention to long term care or end-of-life care)
- (e) **Impact on other Services:** The impact on the delivery of other services has been assessed and understood. This includes assessment of the impact of patient/population flows into, and out of, the area.
- (f) **Clinical Sustainability:** Service provision is clinically sustainable
- (g) **Feasibility:** The process of change must be feasible and deliverable.



# Making Good Decisions Well

Reviews take place with pace and engagement. The timeframe will depend on the nature and complexity of the issue, but typically it should take no more than three or four months from the launch of the review to the conclusion of Step Four (except where proposals may need formal consultation), e.g.



Reviewing Emergency Care  
Patient Perspective 1

Shropshire



## The Patient Perspective

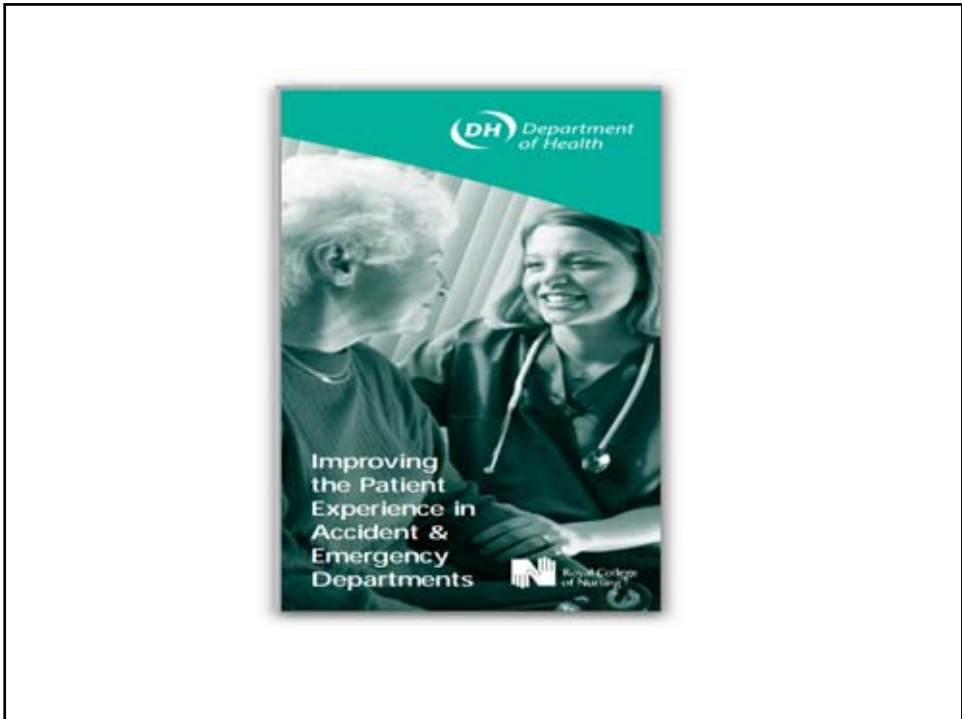
**Suzanne Lawler**  
Bridgnorth Patients' Group  
**Charles Morris**  
Broseley Patients' Group

## What does Good look like? A&E Shropshire

- High Standards of care
- Priority triage
- Status update
- Adherence to written guidelines
- Minimum repetition of personal details
- Genuine emergency referrals
- Sharing of good practice

## What does good look like? A&E Shropshire

- ✓ Waiting
- ✓ Information
- ✓ Building patient relationships
- ✓ Clean & comfortable environments
- ✓ A more child-friendly environment
- ✓ High quality, co-ordinated care
- ✓ (A safe, reassuring environment)



**Improving the patient experience in Accident and Emergency Departments**

Document type	Publication
Author	The Department of Health
Published date	21 August 2003
Primary audience	Professionals
Gateway reference	2003
Pages	10
Copyright holder	Crown Copyright

This document provides key aims, work in progress and useful links about improving the patient experience in accident and emergency departments.

- So why are we here today?
- What has been going on for the last 9 years?
- Will today make any difference to the next 9 years?

Reviewing Emergency Care  
Patient Perspective 1

Telford & Wrekin



Telford & Wrekin  
Patient Perspective

EMERGENCY  
DEPARTMENT

- Information
- Confidentiality
- Person Centred
- Shorter waiting times
- Access to Social Care
- Professionalism
- Respect
- Good signposting
- Having a say
- Good follow up
- Quality
- Better comm's in dept.
- Calm, clean & safe
- Non-judgemental
- Access
- Parking
- Inclusion of caring group
- LISTEN
- Staff downtime, not in public arena
- Support

**Right care from the right people**

The Shrewsbury and Telford Hospital   
NHS Trust

Reviewing Emergency Care  
Patient Perspective 1

Montgomeryshire



# What does a good emergency department look like for Powys patients?

Montgomeryshire  
Community Health Council

In addition to the comments already made by Shropshire and Telford & Wrekin patients:

1. Updating patients at intervals during a long waiting period so that they are informed and do not become anxious and think they have been overlooked. People need reassurance and need to feel that they haven't been forgotten.
2. Very clear staff labels
3. Improved ICT systems to allow information to be passed efficiently to A&E to ensure details do not have to be given more than once.
4. Swift 24 hour access to all other departments that support A&E to meet the immediate emergency situation

NB Oral input was provided at the conference on 17 October 2012; with a written update requested from Montgomeryshire CHC following the conference. Comments from the CHC have been included on this slide.

## Reviewing Emergency Care Clinical Perspective

Dr Adrian Marsh  
Emergency Department Consultant, The Shrewsbury  
and Telford Hospital NHS Trust



## What does the ideal Emergency service look like?

Dr Adrian Marsh  
Consultant Emergency Medicine  
Shrewsbury and Telford NHS Trust



## Contents

- What we deliver now
- What does ideal look like?
- Challenges now
- Challenges in the future

Putting  
Patients  
First

Honesty  
And  
Integrity

Being a  
Clinically-Led  
Organisation

Working and  
Collaborating  
Together

Encouraging  
Individual  
Ability and  
Creativity

Taking Pride  
in our Work  
and our  
Organisation

## What we deliver

- 1 Emergency Service
- Based over 2 departments
- Guaranteed 24/7 care for patients with illness and injury of all severities and in all age groups
- Time-critical interventions for example:
  - Leading trauma teams for the severely injured patient
  - Identification of heart attacks requiring immediate intervention

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Organisation

## What we deliver

- Rapid clinical assessment
- Resuscitation and stabilisation as required
- Focused investigations including imaging
- Avoidance of unnecessary expensive hospital admissions and unsafe discharges

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Organisation

## Guarantee

We provide a safe and robust service to all patients 24 hours a day, 365 days a year within the constraints set upon us

Putting  
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## What does ideal look like?

- We were asked to define what “good” looks like
- As a health care professional “good” is inadequate
- What follows is what ideal looks like...

Putting  
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## Staffing

- ED Consultant present in the department 24 hours a day 7 days a week
- Adequate numbers of ED medical staffing as per the College of Emergency Medicine guidance
- No need for locum doctors

Putting  
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## Staffing

- Adequate numbers of Nursing Staff
- Adequate numbers of HCAs
- Adequate numbers of Reception/Ward Clerk Staff
- Adequate numbers of other support staff

Putting  
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## The Rest

- Physical space and layout fit for purpose
- Adequate bed capacity
- No need for triage
- Medical Assessment Unit co-located with the ED

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- All services on site
- If not available
  - Adequate transport services available (timely and with the correct skill set)

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Individuals'  
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Creativity

Taking Pride  
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Organisation

- Point of care testing
- Access to imaging on the same day to allow discharge
- Access to imaging next day for clinics
- Equipment to exceed West Midlands QR requirements
- IT fit for purpose

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Creativity

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- Accessible clinical pathways
- Easy access to out-patient clinics
- Joined up working across the whole of the health care community
- Align to other services e.g. Frailty team and RAID

Putting  
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Together

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Creativity

Taking Pride  
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and our  
Organisation

- Robust escalation plan
- Robust multidisciplinary governance systems
- Audit

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Clinically-Led  
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Together

Encouraging  
Individual  
Ability and  
Creativity

Taking Pride  
in our Work  
and our  
Organisation

- Excellent Patient Safety
- Patient Choice



- Cost effective
- Financially viable



## What are the challenges now?

- Insufficient levels of staffing at all grades
- 2 departments (physical space) that we have grown out of
- An IT system that requires up-graded
- The patient flow out of the Emergency Department

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## What are the challenges in the future?

- We will be dealing with an older population with increasing multiple medical problems
- Increasing number attendances
- Increasing cost of present medical therapy with a reducing budget
- Increase in new procedures and treatments with increasing demand on staff, time and budget

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and our  
Organisation

- Increasing supervision of junior medical staff (GMC)
- Inadequate national recruitment to Emergency Medicine training

Putting Patients First

Honesty And Integrity

Being a Clinically-Led Organisation

Working and Collaborating Together

Encouraging Individual Ability and Creativity

Taking Pride in our Work and our Organisation

# Thank You

Putting Patients First

Honesty And Integrity

Being a Clinically-Led Organisation

Working and Collaborating Together

Encouraging Individual Ability and Creativity

Taking Pride in our Work and our Organisation

## Reviewing Emergency Care Organisational Perspective 1 - Local Perspective

Dr Kevin Eardley  
Consultant Physician in Renal Medicine and Clinical  
Champion for Unscheduled Care, The Shrewsbury and  
Telford Hospital NHS Trust



# What does good look like? An organisational perspective

17 October 2012



## What does good look like? Key factors



## Key factors

*A service that is safe of itself and safe in the context of the wider hospital service*

Patient outcomes, clinical quality, safety  
 Clinical sustainability issues  
 Clinical linkages/interdependencies  
 Safe and sustainable staffing

*A service that meets the standards and expectations from commissioners and regulators and is affordable*

Commissioning and contracting expectations  
 Performance and Compliance  
 Productivity, efficiency, cost effectiveness  
 Financial sustainability, I&E, capital

*A service that meets the needs and expectations of our patients and communities*

Whole system approach for urgent care  
 (Self care, 1ry care, NHS111, WIC/MIU/UCC, A&E, Trauma Network, Tertiary, Ambulance)  
 Right care, right place, right person, right time

*A service that changes, adapts and improves*

Current demand  
 Future demand  
 Demographics, market trends  
 Changing environment, technology etc.

## What does good look like? Key factors

National recruitment challenges / challenges in sustainable and safe staffing for two A&E departments

Ensuring safe services, improving patient flow, BED Bundle and reducing long stays in acute hospital

Inconsistent delivery against 95% target

Sustaining A&E service within tariff income

Trauma Unit status

Role of A&E in new urgent care system / navigation / patient access

Day vs. night / weekday vs. weekend

Local vs. specialist

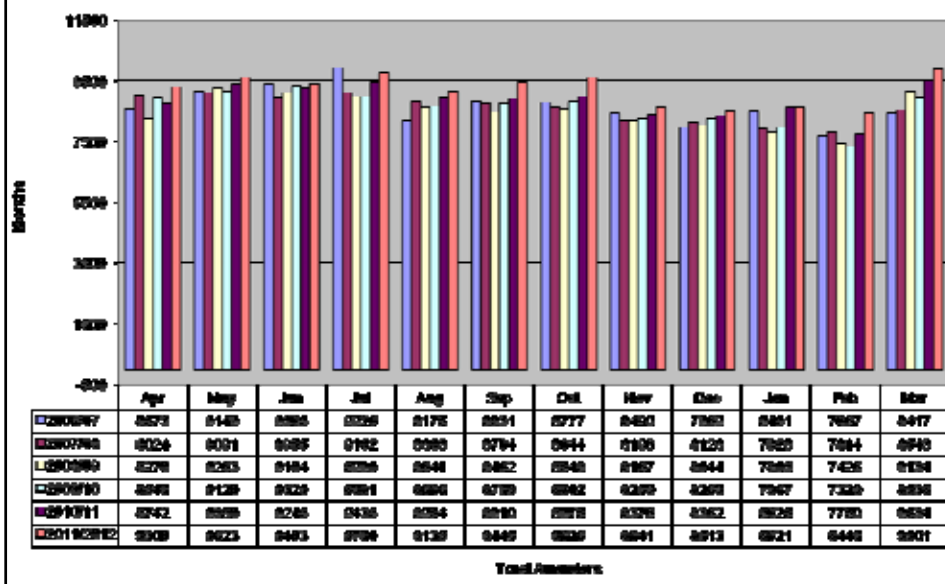
Impact of NHS111 and wider urgent care reforms

Growing elderly population, dementia, chronic conditions

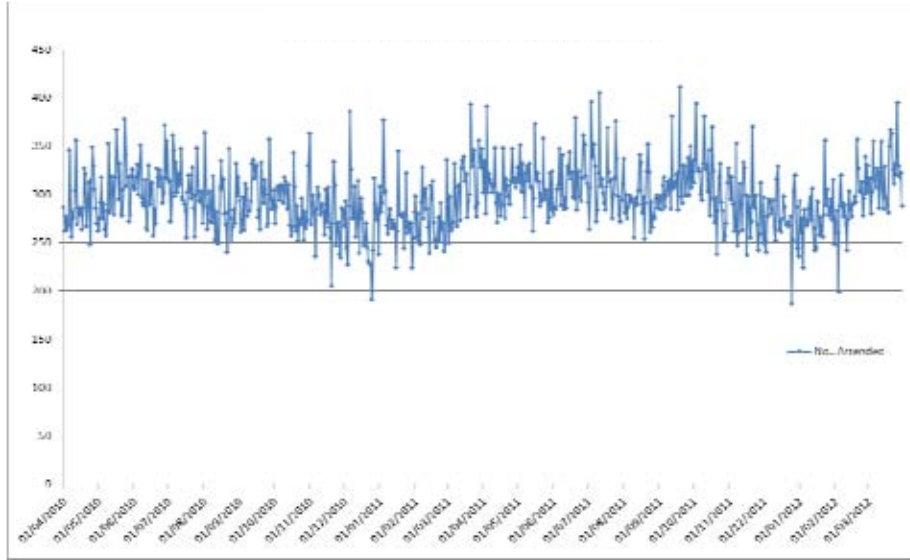
Benefits of rapid transfer to specialist care

Access and demography

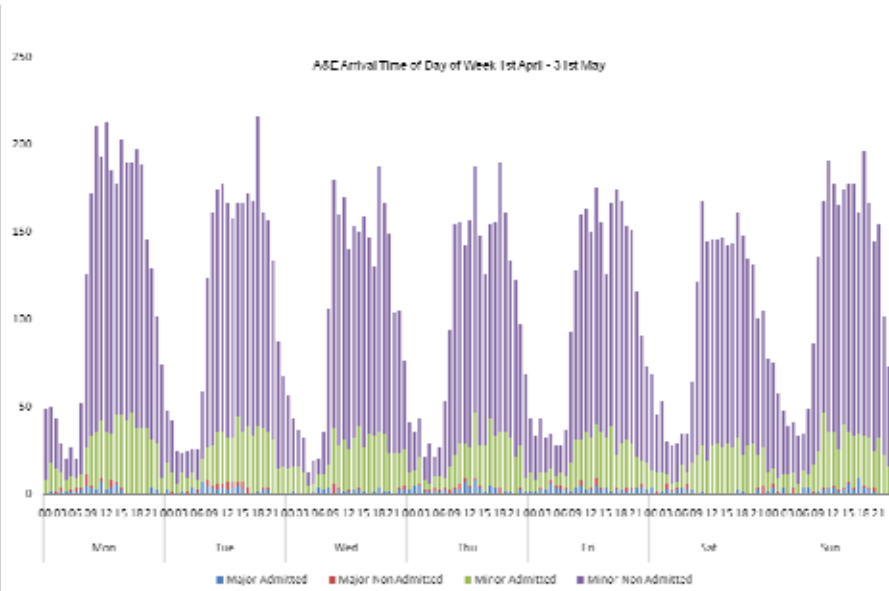
## Emergency Department Activity



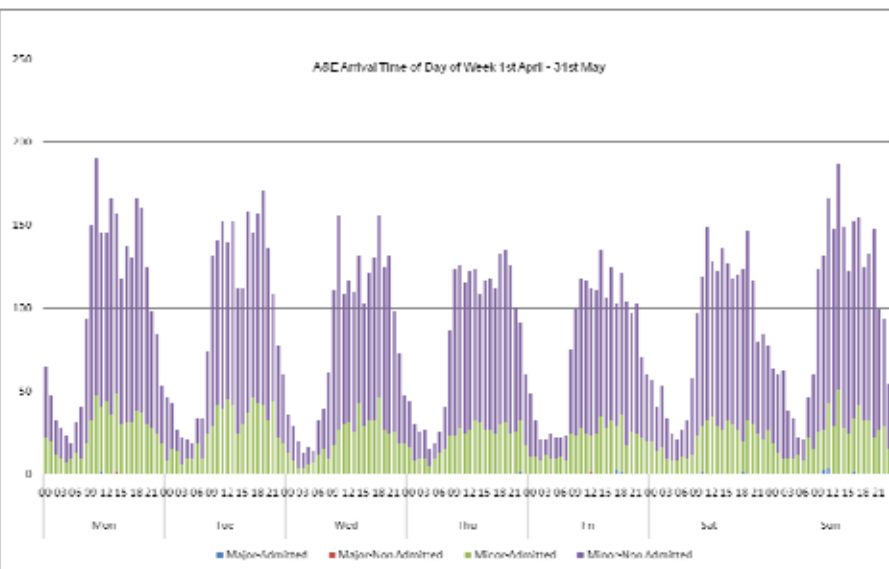
## Emergency Department Attendance



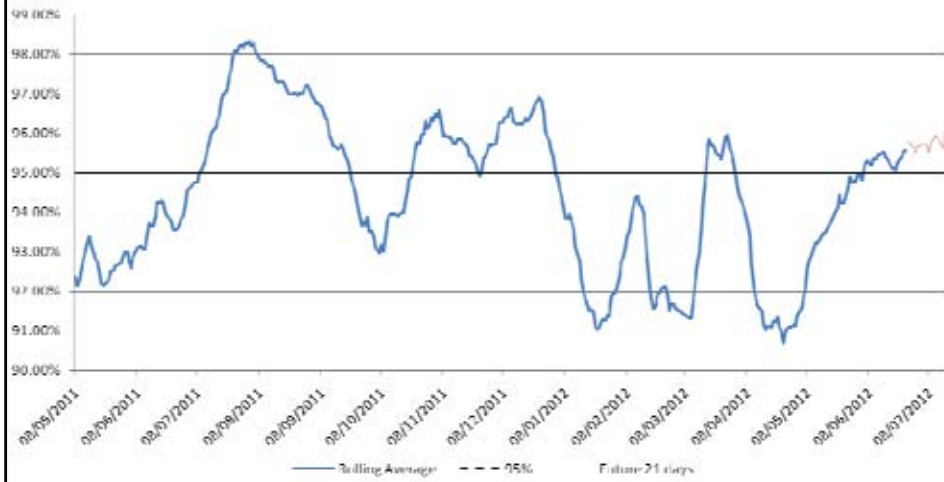
## ED Arrival Times by day of the week - PRH



## ED Arrival Times by day of the week - RSH



## A&E 4-hour wait performance



# Thank You

Putting Patients First

Honesty And Integrity

Being a Clinically-Led Organisation

Working and Collaborating Together

Encouraging Individual Ability and Creativity

Taking Pride in our Work and our Organisation

Reviewing Emergency Care  
Organisational Perspective 2 - National Perspective

Diane Fuller  
Emergency Care Intensive Support Team



**What does good look like?**  
**A national perspective**

Diane Fuller  
Emergency Care Intensive Support Team  
17<sup>th</sup> October 2012

### **What is the role of the Emergency Care IST?**

To encourage and support the systematic adoption of known good practice along the whole urgent and emergency care pathway

### **What are our goals?**

- Improve patient safety and outcomes
- Improve staff and patient satisfaction
- Reduce waste and inefficiency
- Support delivery of the A&E Clinical Quality Indicators and national standards

## **National Context**

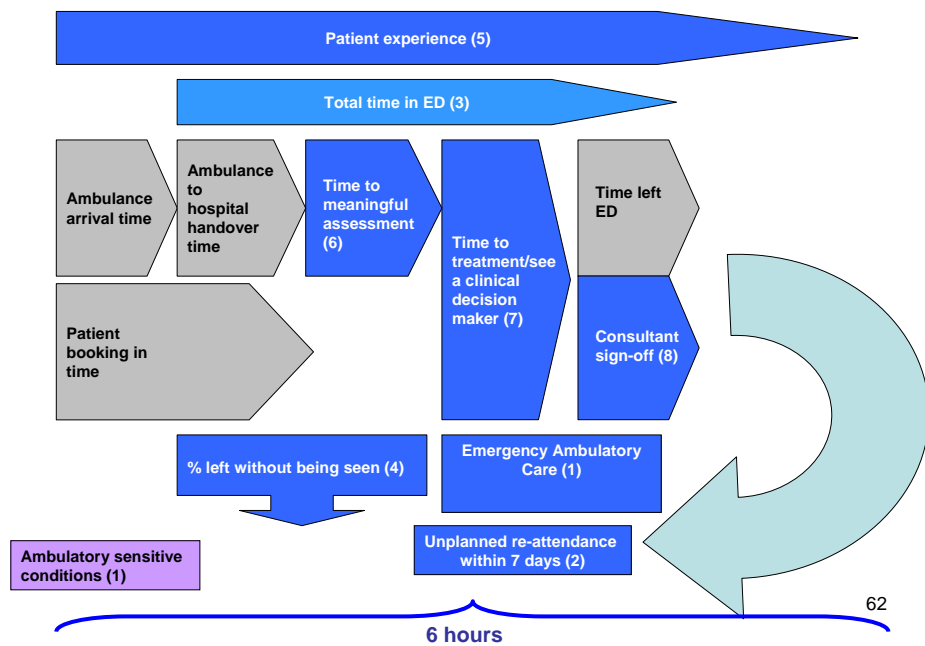
- ▶ Emergency attendances increase on 2011/12
- ▶ Emergency admissions increase on 2011/12
- ▶ Yet National A&E 4 hour performance year to date 96.8% against 95% standard
- ▶ Shrewsbury & Telford performance year to date 92.8%
  
- ▶ National Challenges
  - meeting all the A&E Clinical Quality Indicators
  - recruiting to Emergency Dept. medical vacancies
  - developing new roles in emergency care
  - financial pressures
  - delivering safe and sustainable services

## Overview of A&E Clinical Indicators

- **Headline indicators represent *minimum* standards**
- **Failure to achieve the minimums may indicate an ‘unsafe’ service – increasing evidence that waits in ED >4 hours for a bed increases length of stay and mortality levels**
- **Apply to all Emergency Departments**
- **Apply to minor illness and injury units (WICs, UCCs)**
- **Medical/surgical/paediatriac *assessment units* should adopt the Clinical Quality Indicators if they are able to do so**



### The A&E Clinical Quality Indicator Landscape



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## Contractual requirements

The Provider shall satisfy at least one of the following Patient Impact Indicators, and at least one of the following Timeliness Indicators:

**Patient Impact Indicators:**

1. Unplanned re-attendance rate
2. Left department without being seen [rate]

**Timeliness Indicators:**

1. Total time spent in A&E department
2. Time to initial assessment (95<sup>th</sup> percentile)
3. Time to treatment in department (median)”

*The standard NHS contract (2012/13) also includes a requirement to deliver the other ED indicators, with standards and sanctions to be locally agreed.*

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A&E Clinical Indicators August 2012	RSH performance	PRH performance	Threshold for intervention	Notes
Left without being seen	1.35%	1.79%	≥5%	
Unplanned re-attendance	1.72%	2.26%	>5%	
Time to initial assessment	95 <sup>th</sup> percentile = 30mins	95 <sup>th</sup> percentile = 23mins	95 <sup>th</sup> percentile >15mins	
Time to treatment	Median = 25mins	Median = 49mins	Median >60 minutes	
Total time in ED (admitted pts)	95 <sup>th</sup> percentile = 542mins	95 <sup>th</sup> percentile = 436mins	95 <sup>th</sup> percentile >240mins	Maximum time in August = 861 and 1153mins
Total time in ED (non-admits)	95 <sup>th</sup> percentile = 280mins	95 <sup>th</sup> percentile = 238mins	95 <sup>th</sup> percentile >240mins	Maximum time In August = 793mins

## National Good Practice

- ▶ Understand the reasons behind long waits and breaches
- ▶ Reduce variation in practice
  - - use known tools e.g. MEWS to monitor vital signs
- ▶ Review processes to deliver:
  - - early assessment and senior clinical decision making
  - - early specialty intervention
  - - prompt access to diagnostics
  - - pre-emptive general, HDU and ITU bed capacity
- ▶ Apply good practice “See and Treat” and “Rapid Assessment and Treatment” (RAT) models

## National Good Practice

- ▶ Support delivery through clear operational frameworks
  - - live monitoring
  - - timely exposure of delays
- ▶ Model capacity based on arrivals hour by hour
  - - workforce configuration and deployment
  - - cubicle capacity
  - - escalation and contingency plans
- ▶ Ensure appropriate IT infrastructure

## National Key Finding

- Emergency Department and hospital overcrowding is sometimes accepted
- Overcrowding is the responsibility of the Whole System
- Overcrowding is a symptom of pathway failure

## Approaches favoured by many (that often don't work)



- More beds
- Accelerate discharges when A&E becomes full
- Divert ambulances
- Cancel elective admissions and reschedule
- Hold admits in the emergency department until an inpatient bed is available
- Admission avoidance schemes\*

## Good practice to improve patient flow

- ▶ *Early senior review*
- ▶ *Daily senior review\** – every patient in every bed every day
- ▶ *Focus on discharge\**
- ▶ *Continuity of care\**
- ▶ *Match capacity to demand & tackle variation*
- ▶ *Establish, standardise and manage time/response standards (internal professional standards)*
- ▶ *Maximise ambulatory emergency care*
- ▶ *Place patients in appropriate flow streams*

## Focus on discharge

- ▶ *Consistently* prioritising discharge activities can significantly reduce length of stay in elective or emergency clinical care pathways.
- ▶ Prioritising discharge activities only when beds are full may have little impact on patient throughput or average length of stay.
- ▶ Increasing beds may increase length of stay with no benefit to patient throughput.

*Simulation of patient flows in A&E and elective surgery Discharge Priority: reducing length of stay and bed occupancy*  
Michael Allen, Mathew Cooke & Steve Thornton, Clinical Systems Improvement 2010

## Continuity of care and regular reviews

- ▶ Hospitals with two or more AMU ward rounds per day on weekdays AND admitting consultants working blocks of more than one day had a **lower adjusted case fatality rate**.
- ▶ Where the admitting consultant was present for more than four hours, seven days per week they had a **lower 28 day readmission rate**

RCP Taskforce 2007

## Admission avoidance & early discharge

### Stronger evidence

- Admission prevention from nursing homes
- Ambulatory emergency care
- **Improve urgent access to primary care**
- Intermediate care *in-reach* to ED and assessment units
- Assertive case management of frail patients with dementia
- Continuity of care with a GP
- Hospital at home as an alternative to admission
- Assertive case management in mental health
- Early senior review in A&E
- Multidisciplinary interventions and tele-monitoring in heart failure
- Integration of primary and secondary care

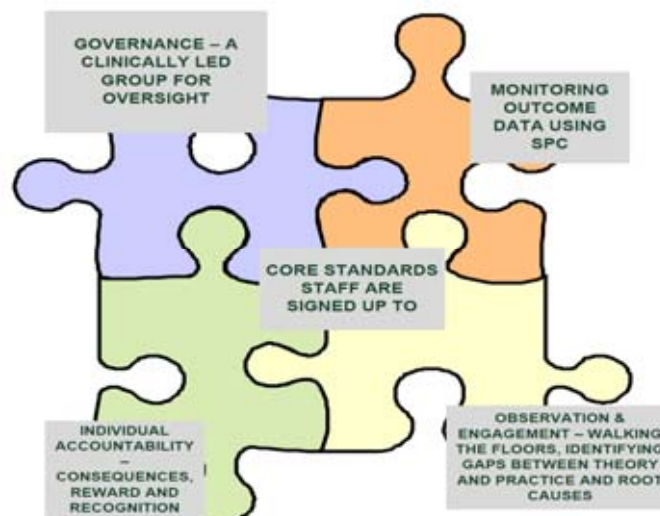
### Weaker evidence

- GPs in ED
- WICs and UCCs (unless co-located with EDs with integrated governance)
- Public education
- Pharmacist home-based medication review
- (Unfocussed) intermediate care
- Community-based case management (generic conditions)
- Early discharge to hospital at home on readmissions
- Nurse-led interventions pre- and post-discharge for patients with chronic obstructive pulmonary disease (COPD)
- Telemedicine (except for heart failure)

## The 5 Golden Rules!!

- ▶ Capacity is decision makers not cubicles, beds, trolleys, chairs etc.
- ▶ Match demand with capacity
- ▶ Reduce variation
- ▶ Reduce handovers
- ▶ Collaboration NOT Competition– (Clinical conversations are crucial!)

## Standards are a core part of what needs to happen



## Overview of ED Medical Workforce

- Acute on chronic challenge
- Modernising Medical Careers programme - 46% of 180 junior doctor posts on emergency medical training programme filled in 2011
- General Medical Council – survey highlighted concerns about junior doctor workloads in EDs
- Department of Health – initial survey of medical staffing levels as part of Winter Planning process
- College of Emergency Medicine “Crisis Summit” - 50% too few ED consultants to achieve Emergency Departments with 10wte, reports of 14-hour days, “acting down” & high levels of variable quality locums

## National Good Practice

- Minimum standard of Middle Grade ST4 or above 24/7
- Increased consultant presence- long days/weekend cover
- Develop local recruitment strategy – local, national and international
- Implement good practice models: RAT/SIFT
- Increase focus on essential consultant delivered services
- Develop new roles
  - Consultant Nurse
  - Emergency Nurse Practitioner
  - Advanced Nurse Practitioner
  - Extended Therapist roles
  - Physicians Assistant
  - Extended Health Care Assistants
  - Many others...

## **Delivering Safe and Sustainable Services**

New approaches seen across the country:

- ▶ Same model of care with extended workforce
- ▶ New model of care provided planned/reactive basis
  - unplanned temporary closures
  - unplanned temporary night time closures
  
  - planned new model of care e.g.
    - \* Urgent Care Centre
    - \* Primary Care out of hours support to Emergency Departments
    - \* Integration of Acute Medicine and Emergency Departments
    - \* Many other examples

# Thanks

- ▶ Diane Fuller
- ▶ [Diane.fuller@southwest.nhs.uk](mailto:Diane.fuller@southwest.nhs.uk)

## Introducing the Group Work

Adrian Osborne  
Communications Director, The Shrewsbury and Telford  
Hospital NHS Trust



## Group Work



## Steps 1 and 2

**What's missing? What else do we need to do to develop our picture of:**

- “what does good look like”?
- “how are we doing?”?

**What practical steps do we need to take to build a fuller picture?**



## Steps 3 and 4

**Based on what you have heard, what does this mean for us in Shropshire, Telford & Wrekin and mid Wales?**

**What steps might we need to take?**



## Next Steps



## *Overview of Pan Shropshire Unscheduled Care Strategy Development 2012/13*

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### **1. Background**

- 1..1. Further to a review of urgent care provision across the Health Economy it has been identified that there is a need for a whole system commitment to early and sustainable improvement across urgent care.
- 1..2. To enable timely, clinically appropriate and cost effective urgent care to be delivered, there was a recognition that the whole health and social care system is require to work together in partnership. Consequently, a Pan Shropshire approach has been adopted.

### **2. Strategy Development**

- 2..1. The emerging urgent care strategy has been developed under the leadership of Dr Bill Gowans. This process has been guided by the principal that in order to achieve transformational, large scale and cultural change, it is necessary to first identify the attitudes, behaviours and relationships in ourselves and others (including patients, providers and commissioners) to succeed. Only then can the necessary structural and organisational changes be made.
- 2..2. To date, six stakeholder events have been held. The first stakeholder meeting established agreement on the need for change and generated a wealth of ideas on service developments. The second meeting provided a forum for discussion and prompted members of this group to sign up to a 'framework for change'. The third stakeholder meeting included presentations from each provider detailing their aspirations, plans and commitment to changes they had identified to improve the delivery of urgent care across the Health Economy. The fourth meeting focused upon the need to move from an aspirational to an operational phase and introduced a project management framework which had been developed to oversee this process. The fifth and sixth event allowed the opportunity for project sponsors and leads to present their individual project developments to date.
- 2..3. Patient representatives have attended all six stakeholder events and the collation of the views expressed in patient focus groups has been an integral part of the strategy development.
- 2..4. Provider and commissioner views were convergent with the views expressed by the patient representatives and have been easily aligned to form the basis of an urgent care strategy which can then be articulated from these three perspectives.
- 2..5. A final version of the Pan Shropshire Unscheduled Care Strategy 2011-2014 has been produced and has been ratified by/presented to all local health and social care partners.

### **3. Implementation**

- 3..1. The priority areas for service improvement have been identified within the strategy and have consequently been used to develop individual projects.
- 3..2. Clinical programme sponsors and supporting project managers have been identified for each of the identified projects. Project plans including aims, objectives and metrics, working

groups, timescale mapping and resource planning has been undertaken for each of the projects listed.

#### 4. Strategic Themes

4.1. Further to the work undertaken to develop the individual project groups, these workstreams have been aligned with one of five strategic themes. These are:

- The development of a service specifically for frail and complex patients
- The development of a demand and capacity hub
- Improving patient ‘flow’ through the unscheduled care system
- Access to unscheduled care services
- Improving mental health liaison

4.2. Each of the 19 project groups has been aligned with one of these central themes (Appendix 1).

#### Appendix 1: Project list and Strategic Themes

No.	Project Description	Whole system strategic development
2	Demand and Capacity Management (Winter 9)	Demand & Capacity Communications Hub
3	111 – Local Implementation	Demand & Capacity Communications Hub
4	DOS including NHS Pathways	Demand & Capacity Communications Hub
1	Education & Publicity	Access
5	Walk in Centres/MIUs Reconfiguration	Access
6	GP Surgery Urgent Care Audit-> Primary Care Access	Access
13	Paramedics&MIU's co-location->Ambulance destinations	Access
16	A&E	Access
8	Mental Health Liaison	Mental Health Liaison
14	Emergency Ambulatory Care	Flow
9	Pathways for Urgent Care Diagnostics	Flow
15	Case Management & Discharge Planning	Flow
17	Delayed Transfer of Care (DTC)	Flow
18	Re-ablement	Frail & Complex Service
7	Acute Frail & Vulnerable Pathways	Frail & Complex Service
10	Virtual and Community Hospitals	Frail & Complex Service
19	Active Case Management	Frail & Complex Service
11	End of Life Care	Frail & Complex Service
12	Clinical Support to Care Homes	Frail & Complex Service