

TELFORD & WREKIN COUNCIL HEALTH & WELLBEING BOARD

21ST JANUARY 2015

HEALTH AND WELLBEING BOARD PRIORITY UPDATE: SUPPORT PEOPLE WITH DEMENTIA

REPORT OF: DR MIKE INNES, CHAIR, NHS TELFORD AND WREKIN CCG

PART A) – SUMMARY REPORT

1. SUMMARY OF MAIN PROPOSALS

This report and accompanying documents provides an up-date on progress against the four identified priorities for Dementia including; Public and Professional Awareness, Information, Early Identification and Diagnosis of Dementia and End of Life Care. These priorities are in line with the recommendations set out in the Prime Minister's Challenge on Dementia and NICE Quality Standards.

2. RECOMMENDATIONS

2.1 Board Members note the update and acknowledge progress since receipt of the last Board Report in July 2013.

2.2 Board Members continue to champion Dementia as a priority across the Health and Social Care Economy and to contribute to raising Public and Professional awareness.

3. IMPACT OF ACTION

Accelerated improvements in the identified priority work-streams will make a difference in the following ways:

- Improving public awareness of memory problems and addressing stigma will increase numbers of people visiting their GP, as the gateway for a diagnosis.
- Improving professional awareness of dementia will improve early identification of memory problems and ensure seamless transfer to appropriate services for a timely diagnosis, ensuring that people access care and support services, as early as possible. Improved professional training and awareness may also improve quality of care.
- Identifying and diagnosing people with dementia in the early stages of the disease will prevent crisis and the subsequent need for intensive services.

- Improving consistency and quality of end of life care will improve people's experience of health and social care services.

4. SUMMARY IMPACT ASSESSMENT

COMMUNITY IMPACT	Do these proposals contribute to a specific HWB Priority	
	Yes	Support People with Dementia
	Do these proposals contribute to specific Co-Operative Council priority objective(s)?	
	Yes	<p>Dementia has remained a priority for both the Health Service and the Local Authority within Telford and Wrekin for over 5 years.</p> <p>Telford & Wrekin Council's Medium Term Plan for 2013/14 to 2015/16:</p> <ul style="list-style-type: none"> • Protect and support our vulnerable children and adults • Improve the health and wellbeing of our communities and address health inequalities. <p>Telford and Wrekin – Health and Wellbeing Strategy 2013/14 to 2015/16</p> <p>The Health and Wellbeing Board key priorities that relate to dementia:</p> <p>Dementia is specifically identified as Priority 10 –‘Support People with Dementia ‘</p>
	Will the proposals impact on specific groups of people?	
Yes	<p>Dementia is mainly a disease of people aged over 65 years but its impact on families and carers is far-reaching and can affect people of all ages.</p> <p>The Dementia Joint Strategic Needs Assessment, (Deep Dive 2013) has</p>	

		<p>been considered which identifies the needs of a range of people. This includes younger people with dementia, people with learning disabilities, people with alcohol-related dementia, people with other mental health problems (e.g. depression), people on low incomes and in poverty, minority ethnic groups, people living in isolated rural areas, disabled people and people living alone.</p>
TARGET COMPLETION/DELIVERY DATE		<p>By 2015, the Department of Health's aim is that two-thirds of people should have a diagnosis, with appropriate post diagnosis support. There is an estimated prevalence of 1,774 people living in the borough who are likely to have a diagnosis of dementia. The target number for increased diagnosis is an additional 257 people by March 2015.</p>
FINANCIAL/VALUE FOR MONEY IMPACT	Yes	<p>Within existing resources and jointly commissioned across health and social care.</p> <p>The annual cost of care for each person with dementia is higher than the median salary in the UK, and is higher than the annual cost of care for a person with cancer, heart disease or stroke combined¹.</p> <p>The costs of providing dementia care are largely those required to provide support and care for activities of daily life, rather than medical treatments, so the costs associated with it, are predominantly social care². 40% of the total costs are for long-term residential social care and 55% for informal care. Only 5% are for primary or secondary healthcare or medication costs for dementia³.</p> <p>However, dementia is mainly a</p>

¹ Spotlight on DEMENTIA CARE, *A Health Foundation improvement report*, Health Foundation, October 2011

² *Ibid*

³ *Ibid*

		disease of people aged over 65 years and older people will often have other health needs, therefore, poor coordination of health and social care services, leads to avoidable hospital admissions, prolonged length of stay as a hospital inpatient and increased need for residential care ⁴ . With increased diagnosis rates and improved quality of care, as the national Dementia Strategy, NICE/SCIE guidelines are implemented; cost savings may be possible within several years. In the meantime, implementation is likely to add to the total cost of care.
LEGAL ISSUES	Yes	<p>In relation to the work of the Health and Wellbeing Board (HWBB) in the matter of supporting people with dementia (and in particular regarding recommendation 2.2 of this report) it is noted that The National Health Act 2006 (as amended) contains requirements for each local authority to take the steps it considers appropriate to improve the health of the people in its area. This includes working with local partner organisations.</p> <p>The HWBB's terms of reference (set out in the constitution) also reflect this joint working provision such as at paragraph 3 which states "The HWB has a duty to encourage integrated working between local health, social care and health-related commissioners".</p>
EQUALITY & DIVERSITY	Yes	See above Community Impact
IMPACT ON SPECIFIC WARDS	No	Borough-Wide Impact. The expected prevalence rate is age adjusted for populations.
PATIENTS & PUBLIC ENGAGEMENT	Yes	The Admiral Nurse Steering Group takes place twice yearly and has Carer representation in attendance.

⁴ National Audit Office reports of 2007 and 2010

		<p>The Admiral Nurse service also undertakes Annual Service User Surveys.</p> <p>Workshops take place which include art and creativity & evaluations are carried out.</p> <p>The Health Economy Steering Group for Dementia takes place bi-monthly, has patient representation in attendance and connects with a variety of patient and service user panels.</p> <p>Events are held at public places which are nostalgic and support those with dementia e.g. Blists Hill and Telford AFC.</p> <p>The promotion of 'Dementia Friendly Communities' to include theatre performances at 'The Place.'</p>
<p>OTHER IMPACTS, RISKS & OPPORTUNITIES</p>	<p>Yes</p>	<ul style="list-style-type: none"> • Financial assessments and demand continues an inadequate investment aligned with raising prevalence widening the gap of unmet need. • Financial risks relating to demographic increase and inappropriate crisis and use of unscheduled care, largely due to late diagnosis or no diagnosis at all. • To assist in mitigating financial risks there is now consideration of the requirements of the Care Act 2014 and the Better Care Fund (BCF). Wellbeing and prevention to support an integrated approach to services that becomes more preventative than reactive. • The Telford & Wrekin Health and Wellbeing Board responded to the Prime Minister's Challenge on Dementia -November 2014. It identifies key progress on activity during the year and opportunities

		for collaborative working with the voluntary and business sector.
--	--	---

PART B) – ADDITIONAL INFORMATION

1. INFORMATION

1.1 BACKGROUND

Dementia is one of the biggest challenges for health and social care that we face today. In recognition of this, the Health & Wellbeing Board in Telford & Wrekin has designated Dementia as a priority area.

Good progress has been made since the launch of the National Dementia Strategy (2009), but there is still a long way to go, as signalled in the Prime Minister’s challenge on dementia, ‘Delivering major improvements in dementia care and research by 2015’.

People with dementia, their families and carers have told us what is important to them and recent Health and Wellbeing Board Stakeholder Events have confirmed work-streams needing focused attention for improvement. These priority work-streams are:

- Public and Professional Awareness of Memory Problems
- Information
- Early Identification and Diagnosis
- End of Life.

A summary of progress against these priorities is provided in section 1.3.

1.2 ISSUES

- There is an estimated prevalence of 1,774 people living in the borough who are likely to have a diagnosis of dementia. With the number of sufferers expected to double in the next 30 years and cost expected to rise to £19billion nationally, improved diagnosis will be key if the health and social care system is to cope effectively with the predicted surge in numbers.
- The overall dementia diagnosis rate for Telford and Wrekin is 52.4% (November QOF data), indicating there is a gap of around 207 people locally who may benefit from earlier diagnosis and support in order to achieve the 67% target.
- The incidence of dementia in care home residents is thought to be around 80%, yet diagnosis rates in care home settings is variable.
- The provision of information and advice and the quality of support for people following a diagnosis, in their own homes and communities is variable.

- The specific needs for End of Life Care in relation to a diagnosis of Dementia need to be further developed.

1.3 PROGRESS AGAINST PRIORITIES

1.3.1 Public and Professional Awareness; and Information/Support,

COMMISSIONING A Joint strategic needs analysis which combines ageing local population forecasts underpins commissioning intentions for dementia services.

PUBLIC AWARENESS Telford and Wrekin have a new central library which has given considerable attention to support people with Dementia and their carers. The CCG has posted information about the Dementia Challenge on their website which provides links to support agencies.

CARERS SUPPORT The provision of support and the promotion of health and wellbeing in the community settings has been commissioned in the main, by the Carers Pooled Budget (CCG and Telford & Wrekin Council) for carers for people who have Dementia and Alzheimer's Disease.

PERSONALISATION The CCG has printed and distributed the 'Passport-Who-I-Am' which supports professionals and provides information on the person and areas of dementia that could be pertinent. Telford & Wrekin Council has provided 'Art at Home' to support communication, cognitive skills and carers' relationships.

DEMENTIA ACTION ALLIANCE (DAA) Telford & Wrekin Council and CCG are refreshing earlier work undertaken in relation to the DAA. A steering group has been identified to take this work forward to be chaired initially by the Alzheimer's Society.

ADMIRAL NURSING This is a specialist service that provides support to the carer and their family. The 'Admiral Nursing Service' provides assessment, information and support enabling the carers to be experts by experience. This is a vital service, in line with the Care Act 2014 guidance, is readily accessible in the family home and empowers the carer to support the person. The Admiral Nurses offer training to all grades of staff based in GP practices across the borough.

It has been demonstrated that through the use of the Admiral Nurses, financial pressures have been alleviated rather than accessing more costly health and social care services. Currently there are 2 permanent (Band 7 and 6) posts. A temporary (Band 6 post) is due to expire 31.03.15. Funds have been identified within the current Carers Pooled Budget which could be utilised for this third post to be extended with the intention to work towards this post becoming permanent to ensure service continuity and stability for carers.

ALZHIEMERS SOCIETY This service focuses on providing information and guidance and runs support groups in Telford and Wrekin. The Society is providing a 'roadshow' bus within the borough for two dates in January 2015, to raise the profile of dementia within local populations with a high elderly profile. The Alzheimer's Society also delivers Carers Information and Support Programme (CRISP), 'singing for the brain' – a facilitated singing group, enabling socialisation and other therapeutic benefits for the cared for with dementia and the carer, dementia awareness sessions which assist carers and families to understand the condition and be able to manage and connect with others in similar situations.

SHROPSHIRE RURAL COMMUNITY COUNCIL Provides awareness training and delivers workshops on 'Understanding Dementia' and 'Challenge of Dementia Care' – these are on-going.

SHREWSBURY AND TELFORD HOSPITALS (SaTH) The NHS CQIN (Commissioning for Quality and Innovation) which attracts a financial incentive on successful completion, supports the target to 'Find, Assess, Investigate, and Refer' elderly patients with memory problems who are admitted to SaTH. The CCG monitors performance against this target which is reported as achieving 94% of the target population as of September 2014. SaTH has implemented a multi-disciplinary Dementia training plan and a Dementia nurse is available based at Princess Royal to support and provide training to all levels of workforce including a 'Butterfly Scheme.' This is a visual alert that the patient has dementia and assists staff accordingly.

DEMENTIA SENSE Will be providing dementia awareness in various settings to include co-production with carers/service areas e.g. residential/nursing.

1.3.2 Early Identification and Diagnosis of Dementia

To support early diagnosis, the CCG has developed a detailed 26 point action plan presented to PPQ in November 2013. One of the main actions in this plan is the roll out of a data harmonisation exercise designed to validate practice level data. Typically, an 8% increase in diagnosis rates can be expected following this process.

The CCG has confirmed that it commissions sufficient Memory Clinic Services capacity for the local population and monitors wait times for appointments. The CCG is cognisant of the possible impact of an increase in diagnosis rate on service capacity and is keeping this under review.

Dementia diagnosis was discussed as an agenda item at the GP Forum and a clinical diagnosis pathway was approved in November 2014.

Local prevalence at GP practice level is monitored by both the CCG and by NHS England Area Team. The CCG writes monthly to all practices informing them of progress against the diagnosis target and sharing best practice and sharing resources from both local and national evidence.

1.3.3 End of Life Care.

The focus for high quality end of life care is not solely directed towards patients with a dementia diagnosis. The new health economy-wide End of Life Plan for adult patients in Shropshire has been agreed by partner organisations. This plan is to support care for patients and their families in the final hours and days of life and is now available.

The specific needs for End of Life Care in relation to a diagnosis of Dementia need to be further developed.

2. IMPACT ASSESSMENT – ADDITIONAL INFORMATION

The CCG and Telford & Wrekin Council are considering the requirements of the Care Act 2014 and the impacts on people living with dementia and their carers. Improvements include the recognition of carers and a better understanding of what they are entitled to in their own right e.g. Carers Assessment Process and access to Personal Budgets.

3. **PREVIOUS MINUTES**

Health and Wellbeing Board – July 2013.

4. **BACKGROUND PAPERS**

- Health and Wellbeing Strategy Position Statement – May, 2013
http://www.telford.gov.uk/downloads/file/5469/priority_10-dementia_pathway_heath_and_wellbeing_priority_workshop
- Prime Ministers Challenge on Dementia: Telford & Wrekin Health and Wellbeing Board Response – November 2014

Report prepared by Zena Young, Interim Deputy Executive – Commissioning & Quality and Lead Commissioner Mental health and Learning Disabilities NHS TWCCG and Laura Thorogood, Team Leader, Commissioning (Vulnerable People), Telford & Wrekin Council. Telephone: 01952 381212