

TELFORD & WREKIN COUNCIL

HEALTH & WELLBEING BOARD – 11th MARCH 2015

**MENTAL HEALTH AND WELLBEING – COMMISSIONING STRATEGY
UPDATE**

**REPORT OF: CLIVE JONES, ASSISTANT DIRECTOR, TELFORD &
WREKIN COUNCIL, AND FRAN BECK, EXECUTIVE LEAD
COMMISSIONING, TELFORD & WREKIN CCG**

**LEAD CABINET MEMBER – CLLR ARNOLD ENGLAND, SOCIAL CARE
LEAD**

PART A) – SUMMARY REPORT

1. SUMMARY OF MAIN PROPOSALS

To update the Health and Wellbeing Board on the plans to review the existing mental health commissioning strategy for mental health across health and social care. To ensure that we carry out a robust needs assessment of mental health across the population to ascertain the areas for development. At the same time we will be able to assess in an outcome based way the impact of policy over the last 5 years and how this has improved local services for people with mental health needs.

2. RECOMMENDATIONS

- To endorse the approach outlined in the report
- To agree a programme of engagement

3. IMPACT OF ACTION

The Mental Health and Wellbeing Commissioning Strategy will seek to improve the mental health and wellbeing of the residents (this includes children and young people) of Telford & Wrekin by:

- Highlighting gaps and unmet needs
- Engage across the local community in terms of the needs of mental health service users, carers and their families
- Improving pathways and service user, carer and families experience
- Improving the partnership approach to planning and delivering mental health services
- Reducing demand on acute and long term mental health services by ensuring that appropriate preventative services are in place

- Reducing the length of stay in acute services by ensuring there are good step down provisions
- Ensuring that all service users (including Children and young people) have access to the right mental health services at a time of crisis and/or out of hours
- Developing the market in line with the expectations of Better Access by 2020

4. SUMMARY IMPACT ASSESSMENT

COMMUNITY IMPACT	Do these proposals contribute to a specific HWB Priority	
	Yes	<i>Emotional Health and Wellbeing</i>
	Do these proposals contribute to specific Co-Operative Council priority objective(s)?	
	Yes	<p>Telford & Wrekin Council's Medium Term Plan for 2013/14 to 2015/16:</p> <ul style="list-style-type: none"> • Protect and support our vulnerable children and adults • Improve the health and wellbeing of our communities and address health inequalities. <p>This supports the delivery of the Health and Wellbeing Board priority of Emotional Health and Wellbeing.</p>
Will the proposals impact on specific groups of people?		
Yes	<p>The proposals within the strategy will impact on people within the Borough of Telford & Wrekin who have mental health issues or at risk of developing mental health issues.</p> <p>This will include children and adults.</p>	
TARGET COMPLETION/DELIVERY DATE	<p>Engagement – to be complete by end August 2015</p> <p>First draft of the strategy to be complete by December 2015, and presented to Health and Wellbeing Board.</p>	

FINANCIAL/VALUE FOR MONEY IMPACT	Yes	The process of review of the Mental Health Strategy will be undertaken from within existing resources as there are no identified costs which cannot be met from existing budgets. The Strategy which emerges may have financial impacts and this will be evaluated once proposals are detailed and reported back expected around December 2015.
LEGAL ISSUES	Yes	The strategy will assist the Council and NHS in fulfilling their duties under the: Mental Health Act; NHS, Public Health and Social Care Outcomes Framework; Care Act. Further details are contained within Section 2.
EQUALITY & DIVERSITY	Yes	The strategy will aim to reduce inequalities for those experiencing mental health issues.
IMPACT ON SPECIFIC WARDS	No	Borough-wide impact
PATIENTS & PUBLIC ENGAGEMENT	Yes	A series of events and other engagement methods will be developed as part of the strategy development. This will seek to include service users, parents and carers, providers of all types of mental health services from Tier 1 upwards, schools, housing, Social Workers, Public Health, Clinical Commissioning Group, Emergency Duty Team, and staff across mental health services (children and adults).
OTHER IMPACTS, RISKS & OPPORTUNITIES	Yes	The strategy will have interdependencies with Commissioning Strategies on Autism, Dementia, Children in Care and Care Leavers and the Prevention Strategy for example.

PART B) – ADDITIONAL INFORMATION

1. INFORMATION

Background Information

The Mental Health and Wellbeing Commissioning Strategy for Telford & Wrekin was approved in 2010 and provided the strategic direction for adult mental health over a 5 year term. It is now at the end of its term. It was a joint commissioning strategy with much of its focus being placed on the redesign of adult mental health inpatient services, and the development of community services.

There have been a number of local developments, most notably:

- The closure of Shelton Hospital and opening of the Redwoods Centre.
- Enhanced community teams across adult mental health and dementia.
- The development of a health based place of safety, and improved pathways.
- Reduced length of stay, and reduction in admissions, coupled with an increase in Mental Health Act work.
- Increasing recognition across stakeholders that good mental wellbeing underpins behaviour change, builds personal resilience against adversity and reduces dependence on frontline services.
- Greater focus on the delivery of service user outcomes.

The strategy was based on the last cross party Government strategy for mental health *“No Health Without Mental Health”*. More recent strategic guidance has included the *“Mental Health Crisis Care Concordat”*. This sets out the principles and good practice that should be followed by health staff, police officers and approved mental health professionals when working together to help people in a mental health crisis. A county wide group has been developing this for Shropshire and has included health and social care commissioners and providers, the Police, Ambulance Services, British Transport Police and SATH, and has included service user and Voluntary sector contributions. Some of the challenges around this work have received national media attention, and have been highlighted in numerous reports – for example access to “places of safety”, and provision for children and young people in a mental health crisis. A local action plan is being developed for Shropshire and Telford & Wrekin to ensure improvements in the care someone receives in a mental health crisis. Some of the developments include a helpline pilot, which aims to offer support in a crisis and prevent further escalation of a crisis. Further information will be presented to the Health and Wellbeing Board on this piece of work shortly.

Moving Mental Health forward in Telford & Wrekin

Telford & Wrekin Council and Clinical Commissioning Group are committed to reviewing its mental health strategy, and whilst we do not currently *jointly* commission the intention is that both organisations work together to achieve better outcomes for people with mental health issues.

The intention is that the strategy will be all age, focusing on prevention, improving the emotional wellbeing of our population, and ultimately reducing future demand. The strategy will be consistent with the requirements of the Care Act, and recent publications such as Parity of Esteem. We already know from recent consultations, for example around the temporary closure of Castle Lodge, and from our discussions with service users and providers, some of the important issues for services users and their families and carers. These include:

- Timely response and support in a crisis.
- Improved out of hours provision to be used as a step down and prevention of needing more complex services.
- A range of housing options and support to maintain tenancies.
- Improved transition from child and adolescent services to adult mental health services.
- Better support for those with a dual diagnosis – for example substance misuse or a learning disability.
- Prevention - ensuring services are available to provide support earlier before getting complex.
- Telford doesn't have alternatives to psychiatric admission.
- Clear pathway for all ages regarding what support is available for emotional health and wellbeing and mental health across social care and health. Professionals understand referral pathways ensuring accurate and timely referrals are made correctly to avoid delays.

Commissioning Officers shall assess the needs of the population, map existing provision and gaps, review Mental Health Act data, review access to services and any particular pressure points e.g. waiting times, and draw on local, regional and national best practice. We will consider the links and interdependencies with other Commissioning Strategies and operational programmes – for example the Dementia Strategy, Autism Strategy, and Strengthening Families.

Commissioning Officers will also focus on sharing best practice, lessons learnt across health and social care and all ages, to ensure services and pathways are structured to maximise each contact.

Engagement

A programme of engagement will be developed to ensure we hear directly from people affected by mental health from Tier 1 upwards. We anticipate that this will involve: Healthwatch; Service user and Carer networks; targeted

focus groups for example the Telford Crisis Network, Housing Providers, Strengthening Families; Children and young people forums e.g. Voice; Schools and use of the information obtained from recent consultations such as Castle Lodge.

We will also engage with providers who deliver mental health services for children, young people, their families and adults from Tier 1 upwards. Including those who fulfil the statutory duties under the Mental Health Act (Approved Mental Health Professionals).

We will also engage with other relevant Groups and Boards for example Health of LAC Group; Early Help Partnership Board, Local Safeguarding Board etc.

Timescales

It is expected that the Engagement Programme will conclude in August 2015, with the first draft of the strategy being available by December 2015.

Governance Arrangements

The work will be driven by a project management team, consisting of health, social care (all age) and public health commissioners. Data will be drawn from Business Information Systems, regional and local knowledge and any other expert knowledge and skills that may need to be resourced.

A significant part of the strategy will be to enhance Governance arrangements across the partnership of Commissioners and Providers, in terms of operational processes and Commissioning decisions and impacts on partner agencies are considered. Reporting methods, frequency, and accountability will need to be confirmed as part of this.

2. IMPACT ASSESSMENT – ADDITIONAL INFORMATION

The revised Commissioning Strategy will be Borough wide, and will impact on those who experience poor mental health, or those at risk of it. It will contribute to the Health and Wellbeing Board priority around Emotional Health and Wellbeing, as well as the majority of the Co-operative Council Objectives.

By taking an approach which begins at universal services and has a preventative approach throughout it is intended that the strategy will address health inequalities for those with mental health issues. This approach will also provide clarity to the type of services needed at each Tier for all age and how these can be accessed.

The strategy will focus on key pathways where the greatest impact will be had on people with mental health needs. The commitment to caring for people as close as home as possible is key. This means engaging General Practice in a comprehensive way in terms of skills and knowledge development so that people with mental health needs have a good experience when visiting their GP.

It is quite clear from a recent consultation that services users, their families, carers and members of the public want mental health services to be responsive and have a real grasp of the needs of the local community. It is critical that any developments in the mental health landscape has a profound impact on the experience of service users and puts in place the right services that have outcomes based on Recovery and long term mental wellbeing.

Legal Impact

The Council and NHS bodies are required to meet their statutory responsibilities under the Mental Health Act 1983 (MHA 1983).

On 15 January 2015, the Department of Health (DH) published a revised version of its statutory code of practice on the MHA 1983, under section 118 of the MHA 1983. The revised code must be followed by local authorities, managers and health professionals.

The Council and NHS bodies also need to meet the current requirements of the Public Health, NHS and Adult Social Care Outcomes Frameworks in respect of the mental health and wellbeing of adults and children.

The Council must have due regard to the Public Sector Equality Duty as imposed by s149 (1) of the Equality Act 2010, which states:

- (1) A public authority must, in the exercise of its functions, have due regard to the need to—
 - (a) eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act;
 - (b) advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;
 - (c) foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

Consideration also needs to be given to carrying out an Equality Impact Assessment in respect of the potential impact on people with mental health issues, which may result from the intended review of the mental health strategy, in order to assist the Council in meeting its Public Sector Equality Duty.

3. **PREVIOUS MINUTES**
None

4. **BACKGROUND PAPERS**
None

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