

**TELFORD & WREKIN COUNCIL HEALTH & WELLBEING BOARD**

**9<sup>th</sup> SEPTEMBER 2015**

**MENTAL HEALTH AND WELLBEING – COMMISSIONING UPDATE**

**REPORT OF - CLIVE JONES, ASSISTANT DIRECTOR, TELFORD & WREKIN COUNCIL, AND ANNA HAMMOND, DEPUTY EXECUTIVE, TELFORD & WREKIN CCG**

**LEAD CABINET MEMBER – CLLR ARNOLD ENGLAND, SOCIAL CARE LEAD**

**PART A) – SUMMARY REPORT**

**1. SUMMARY OF MAIN PROPOSALS**

This paper intends to update members of the progress to date to review all spend on mental health within Telford & Wrekin, and to offer further information on the development of the mental health strategy.

**2. RECOMMENDATIONS**

To endorse the approach outlined in the report.

**3. IMPACT OF ACTION**

The Mental Health and Wellbeing Commissioning Strategy will seek to improve the mental health and wellbeing of the residents of Telford & Wrekin. The current review of spend will ensure transparency between commissioning partners, and to ensure the best use of public funds for the benefit of people with / at risk of developing mental health issues. This will be the first stage of the process to commission a holistic, innovative care and evidence based model of care to improve outcomes for the population.

**4. SUMMARY IMPACT ASSESSMENT**

<b>COMMUNITY IMPACT</b>	Do these proposals contribute to a specific HWB Priority	
	Yes	<i>Emotional Health and Wellbeing</i>
	Do these proposals contribute to specific Co-Operative Council priority objective(s)?	
	Yes	Telford & Wrekin Council's Medium Term Plan for 2013/14 to 2015/16:

		<ul style="list-style-type: none"> <li>• Protect and support our vulnerable children and adults</li> <li>• Improve the health and wellbeing of our communities and address health inequalities.</li> </ul> <p>This supports the delivery of the Health and Wellbeing Board priority of Emotional Health and Wellbeing</p>
	Will the proposals impact on specific groups of people?	
	Yes	The proposals within the strategy will impact on people within the Borough of Telford & Wrekin who have mental health issues or at risk of developing mental health issues. This will include children and adults.
<b>TARGET COMPLETION/DELIVERY DATE</b>	December 2015	
<b>FINANCIAL/VALUE FOR MONEY IMPACT</b>	No	<p>The three stage review and development of the Mental Health Strategy will be undertaken from within existing resources.</p> <p>The Strategy which emerges may have financial impacts and this will be evaluated once proposals are detailed and reported back. However, it is anticipated that by aligning the commissioning portfolios of the Council and the CCG that together we can improve value against our combined expenditure.</p>
<b>LEGAL ISSUES</b>	Yes	The strategy will assist the Council and NHS in fulfilling their duties under the: Mental Health Act; NHS, Public Health and Social Care Outcomes Framework; Care Act. Further details are contained within Section 2.
<b>EQUALITY &amp; DIVERSITY</b>	Yes	The strategy will aim to reduce inequalities for those experiencing mental health issues.
<b>IMPACT ON SPECIFIC WARDS</b>	No	Borough-wide impact.

<b>PATIENTS &amp; PUBLIC ENGAGEMENT</b>	Yes	A series of events and other engagement methods will be developed as part of the strategy development. This will seek to include service users, parents and carers, providers of all types of mental health services from Tier 1 upwards, schools, housing, Social Workers, Public Health, Clinical Commissioning Group, Emergency Duty Team and staff across mental health services. The review will also draw on feedback from previous engagement activities including the consultation around Castle Lodge.
<b>OTHER IMPACTS, RISKS &amp; OPPORTUNITIES</b>	Yes	The development of the Mental Health Strategy will have interdependencies with the overarching 'Wellbeing and Prevention Strategy' and potentially Commissioning Strategies on Autism, Dementia, Children in Care and Care Leavers. The aim is that CCG and Telford & Wrekin Council will work together to ensure that opportunities are maximised to promote emotional health and wellbeing.

## **PART B) – ADDITIONAL INFORMATION**

### **1. INFORMATION**

#### **1.1 Background Information**

In March 2015 the Telford and Wrekin Health and Wellbeing Board received a report outlining plans to review the mental health strategy, to ensure the Council and Clinical Commissioning Group (CCG) work together to achieve better outcomes for people with mental health issues.

It was considered necessary to take stock of the current commissioning arrangements first, so that future decisions can be made in light of up to date information and take account of best practice in terms of service design and robust governance.

As part of this work a project group involving health and social care was established. Its remit was to identify the expenditure of both organisations (the Local Authority and the CCG) on mental health services and consequently be able to benchmark those organisations against similar ones, identify overlaps and gaps and make recommendations to inform the strategic development of services to meet the needs of people in Telford and Wrekin. It should be

noted that children's services and dementia services are excluded from the review.

N.B. A separate piece of work has been established to develop a model of care for 0-25 year olds across Shropshire and Telford. This new model of care is expected to focus on resilience building to promote good emotional wellbeing as well as offer interventions for those who have mental health problems. There is a need to move at pace with this work, but it will align with the development of the adult mental health strategy. For example part of the strategy will include transition issues (from children to adult services) and a section on identifying/addressing mental health problems within the wider family unit. The business case is currently in development and will be considered by committees in the respective organisations during August/September 2015.

### **Developing a future model of care: The Three Staged review**

In order to develop a coherent strategy and associated action plan the review has been split into three distinct stages.

**Stage One:** This will concentrate on identifying current budget and expenditure on the services across the CCG and Council.

**Stage Two:** This stage will focus on identifying a model of care that will meet the needs of the population. It will include care for patients/carers with mild/moderate mental health issues through to more severe and enduring problems. It will draw on best practice, feedback from local patients/professionals/carers and identified need. The work will consider the contribution of the voluntary and community sector as well as the role of larger providers.

Together these will be compiled to form the basis of the mental health strategy.

**Stage Three:** This stage will compare current services to the aspirations identified in Stage Two of the strategy. The required changes will be assessed and an action plan defined to address the issues.

*N.B. The prevention element will be referenced within the 'Wellbeing and Prevention Strategy' which is currently in development and consultation.*

### **1.2 The Next Steps**

**Stage One** is almost complete and will be considered by the project group in August. Work will commence on Stage Two of the strategy immediately after sign off of Stage one. The work will be facilitated by the Commissioning Manager at the council and the recently appointed Head of Mental Health at the CCG.

**Stage Two** will include an aspect of a specific element of work around the need for a 'bed base' to support patients with mental health problems. This work will consider the implications/concerns raised since the temporary

closure of Castle Lodge. A workshop will be convened in early October 2015, to tackle this issue.

The overall model of care for stage two will be complete by November 2015.

### **1.3 Timescales**

- **Stage One** is nearly complete and the findings will be considered for sign off by the Project Board in August 2015.
- **Stage Two** will commence immediately after sign off of Stage One. The model of care will be defined by November 2015, ready for inclusion in a strategy for December 2015.
- **Stage Three** is intended to start in December 2015.

### **1.4 Governance Arrangements**

Stage one of the review is being led by Senior Officers in the CCG and Social Care. The final document will be signed off by the project group.

A steering group will be set up to guide the development of stage two which will involve the production of a strategy, then the formation of an action plan.

The Health Overview and Scrutiny Committee have requested updates to ensure the recommendations they made as part of the consultation around Castle Lodge have been considered/addressed. Once established, the clear scope of stage two will be shared with the committee. The process for consultation for the mental health strategy will also be discussed with the committee.

## **2. IMPACT ASSESSMENT – ADDITIONAL INFORMATION**

2.1 The revised Commissioning Strategy will be Borough wide, and will impact on those who experience poor mental health, or those at risk of it. It will contribute to the Health and Wellbeing Board priority around Emotional Health and Wellbeing, as well as the majority of the Co-operative Council Objectives.

### **2.2 Legal Impact**

The Council and NHS bodies are required to meet their statutory responsibilities under the Mental Health Act 1983 (MHA 1983).

On 15 January 2015, the Department of Health (DH) published a revised version of its statutory code of practice on the MHA 1983, under Section 118 of the MHA 1983. The revised code must be followed by local authorities, managers and health professionals. An easy read version was added on 26 March 2015 and the revised code came into force on 1 April 2015.

The Council and NHS bodies also need to meet the current requirements of the Public Health, NHS and Adult Social Care Outcomes Frameworks in respect of the mental health and wellbeing of adults and children.

The Council must have due regard to the Public Sector Equality Duty as imposed by s149 (1) of the Equality Act 2010, which states:

- (1) A public authority must, in the exercise of its functions, have due regard to the need to—
- (a) eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act;
  - (b) advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;
  - (c) foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

Consideration needs to be given to an Equality Impact Assessment in respect of the potential impact on people with mental health issues, which may result from the review of the mental health commissioning strategy, in order to assist the Council in meeting its Public Sector Equality Duty.

### **3. PREVIOUS MINUTES**

Health and Wellbeing Board – March 2015.

### **4. BACKGROUND PAPERS**

Report to the Health & Wellbeing Board, March 2015: “Mental Health and Wellbeing – Commissioning Strategy Update”

**Report prepared by:**

Anna Hammond, Deputy Executive, Telford & Wrekin CCG

Clive Jones, Assistant Director, Telford & Wrekin Council