



# Appendix A: Community Fit

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## Overview for Health & Wellbeing Board

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### 1. Introduction

Earlier this year Future Fit Programme Board signed off a proposal to support the initial phase of the Community Fit work plan. Phase one comprises of a work programme to understand and quantify the consequences to the wider health and social care economy of the proposed Future Fit hospital reconfiguration programme.

Shropshire CCG and Telford and Wrekin CCG have for some time been discussing the notion of a programme of work focussed on understanding the community and primary care impact of the Future Fit programme. This has been variously described as a wide ranging piece of work encompassing a full and detailed strategy for the future of primary care, incorporating service transformation in the community. The Community Fit Programme could be very wide ranging in scope and it has been decided therefore to define a clear scope for Phase One before defining in detail further work.

### 2. What is Community Fit and how does it differ from Future Fit?

The FutureFit Programme sets out to address the future of hospital services. However, it is recognised that hospital services sit within a much broader frameworks of health and care services.

The Community Fit programme is intended to model and describe the types of service which will be required in primary care and community services to absorb the activity coming out of the acute trust and the other changes which will impact on the use of primary and community healthcare services such as demography, ageing population and increased demands on the primary care and community.

### **3. Aims**

The overarching aims of the Community Fit project are to:

- cover all aspects of care to enable safe transition from the current healthcare model, which is heavily based on patients going into hospital
- work towards a sustainable, community based, health and social care system focussed on prevention and continuity of care, delivered by integrated teams of clinicians, through bespoke local solutions utilising the local asset base
- build on work already underway across health, social care and the voluntary sector e.g. supported discharge, admission avoidance, community resilience.

### **4. Deliverables**

This initial (Phase One) work will take place between June and November 2015. Assuming the timely transfer of data, phase one will deliver the following:

- An agreed way of modelling activity in of social care, primary care, community healthcare, and mental health
- An agreed taxonomy (classification) of care packages delivered by each of these sectors
- An agreed estimate the impact of demographic change on activity levels within these sectors
- A linked health and social care dataset, identifying patients receiving care from two or more sectors and describing the care they receive
- A description of the activity that the NHS Future Fit Programme models anticipate will move out of the acute setting and therefore may have an impact on primary care, community services, mental health and social care services.

In response to feedback at the Provider Forum launch of Community Fit, an additional workstream has been added, focussing on the contribution from voluntary and 3<sup>rd</sup> sector partners. Therefore an additional deliverable has been added to the Phase One work programme:

- An assessment of the potential voluntary and third sector services contribution to the broader programme and suggestions of mechanisms and approaches that might be employed to maximise this contribution.