

**TELFORD & WREKIN COUNCIL**

**HEALTH AND ADULT CARE SCRUTINY COMMITTEE – 18 NOVEMBER 2015**

**TELFORD & WREKIN MENTAL HEALTH COMMISSIONING UPDATE**

**REPORT OF: CLIVE JONES, ASSISTANT DIRECTOR, TELFORD & WREKIN COUNCIL, AND ANNA HAMMOND, DEPUTY EXECUTIVE, TELFORD & WREKIN CCG**

**1.0 PURPOSE**

1.1 This paper intends to: -

- Provide an update on the three stage Commissioning Review of Mental Health
- Introduce the first draft of the Mental Health Commissioning Strategy (a description of the model of care)

**2.0 RECOMMENDATIONS**

**To note the update on the three stage Commissioning Review of Mental Health**

**3.0 BACKGROUND INFORMATION**

3.1 Since the last Scrutiny Committee there has been a range of activities across the health economy relating to mental health. The CCG and Local Authority have been progressing a three stage review to improve mental health services in the area, taking a much more robust commissioning approach to mental health. The Health and Wellbeing Board received a proposal around this review in March 2015. The three stage review includes:-

- Stage One: Review of current investment
- Stage Two: Defining a model of care
- Stage three: Action planning

The sections below provide an update on each stage.

## **3.2 Update on the Commissioning Review**

### **3.2.1 Stage one - Review of current investment:**

The first stage of the review is now complete. The current levels of investment have been established and the key messages are as follows: - :

- There is a total dedicated spend of £17.9m on mental health services (£15.1 from the CCG)
- There are other additional costs attributable to care delivered in general practices (in prescribing £2.1m and 33% of consultations relates to mental health)
- There are a range of contracts from care for individuals, to multi million pound investment in a single NHS provider (c £12m)
- There is no joint funding but clearly the opportunity for greater efficiencies by working together
- There is a spend on preventative services in the region of £3m. Whilst these are not dedicated to mental health they contribute to the overall aspiration to improve wellbeing

In addition there were some conclusions of the review that will be taken forward to the next stage and will be reflected in the strategy and subsequent action plan:-

- There is significant investment in dedicated mental health services across the area which is largely attributed to 'treatment' services.
- There is an opportunity to commission services jointly between the Local Authority and CCG moving forward.
- There are key areas for each organisation to review its spending. The LA needs to review its accommodation costs and CCG prescribing costs and high cost services (eg bed base).
- There is a need to move money to support more preventative measures if we are to save money in higher level care and improve service users outcomes.

N.B. The full report will be included as an appendix in the strategy document

### **3.2.2 Stage Two: The model of care (described in the Mental Health Commissioning Strategy)**

There are a number of principles on which the model of will be based which are as follows:-

- The model of care will consider the promotion of wellbeing through to acute provision (including a consideration of the required 'bed base')
- The work will include needs analysis and projected demographic changes
- Best practice will be considered to ensure the newly commissioned model is cutting edge
- The model of care will be defined following engagement activities and co-produced with people with lived experience

During the past few months commissioners from Health and Social Care have engaged with service users, carers, volunteers and professionals to develop a high level commissioning strategy. The feedback was obtained via group / one to one meetings, as well as written responses. Commissioners have also used the findings of other consultations, such as the Castle Lodge consultation. During the period there was also a national documentation produced following consultation with 20,000 people. This had a number of themes which have been very helpful in considering options.

With this in mind the draft strategy has been developed, and is based on the following vision: -

- To develop Supportive Communities **“a place I am proud to call home”**. We will promote good emotional health and wellbeing by supporting the development of universal services. We will support people to live as independently as possible, with minimal intervention. Promoting independence and resilience will be at the heart of all we do to ensure people have the capacity to cope with the challenges that life, including mental health, can pose.
- To ensure Early Intervention – **“I know where to go for advice”**. Information will be readily available at places, and in formats that are accessible when people need it most. Support and guidance will be provided at the earliest opportunity to prevent further escalation of need.
- To commission Quality Services **“I need to understand my condition and to have help to live my life to the best of my ability without my condition taking over my life”** We will ensure people better understand how to work with people with mental health issues in ways that promote their independence, ensure their safety and support their recovery. We will focus mental health support on need rather than age or diagnosis, but will give particular attention to more specialist areas such as Personality Disorder and Dual Diagnosis. We will take a whole system approach to commissioning mental health services.

Health and Wellbeing Board are considering the Strategy at their December meeting.

### 3.2.3 Stage Three: Action planning

The action plan will be produced by February 2016. It will include immediate actions through to longer term plans. The action plans will be co-produced with service users, carers, professionals, voluntary sector and commissioners following ratification of this strategy by the two organisations. Whilst it has been described as a third stage, necessary actions have already emerged. Initial thoughts cover: -

- Clinical ‘bed base’ workshop set for December 1<sup>st</sup> 2015
- Consideration of joint commissioning arrangements
- Development service specifications for inclusion in the main NHS contract from March 2016
- Improved access to psychological therapies (redesign of a holistic service)

## **5.0 EQUAL OPPORTUNITIES IMPLICATIONS**

- 5.1 The revised Commissioning Strategy will be Borough wide, and will impact on those who experience poor mental health, or those at risk of it. It will contribute to the Health and Wellbeing Board priority around Emotional Health and Wellbeing, as well as the majority of the Co-operative Council Objectives.

## **6.0 FINANCIAL IMPLICATIONS**

- 6.1 It is anticipated that by aligning the commissioning portfolios of the Council and the CCG that together we can improve value against our combined expenditure. The CCG have committed that the funding in mental health will not be reduced, although need to ensure better 'value for money' is achieved.

## **7.0 LEGAL IMPLICATIONS**

- 7.1 The strategy will assist the Council and NHS in fulfilling their duties under the: Mental Health Act; NHS, Public Health and Social Care Outcomes Framework; Care Act.
- 7.2 The Council and NHS bodies are required to meet their statutory responsibilities under the Mental Health Act 1983 (MHA 1983).

On 15 January 2015, the Department of Health (DH) published a revised version of its statutory code of practice on the MHA 1983, under Section 118 of the MHA 1983. The revised code must be followed by local authorities, managers and health professionals. An easy read version was added on 26 March 2015 and the revised code came into force on 1 April 2015.

The Council and NHS bodies also need to meet the current requirements of the Public Health, NHS and Adult Social Care Outcomes Frameworks in respect of the mental health and wellbeing of adults and children.

The Council must have due regard to the Public Sector Equality Duty as imposed by s149 (1) of the Equality Act 2010, which states:-

- (1) A public authority must, in the exercise of its functions, have due regard to the need to—
- (a) eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act;
  - (b) advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;
  - (c) foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

Consideration needs to be given to an Equality Impact Assessment in respect of the potential impact on people with mental health issues, which may result from the review of the mental health commissioning strategy, in order to assist the Council in meeting its Public Sector Equality Duty.

## **8.0 ENVIRONMENTAL IMPLICATIONS**

8.1 None

## **9.0 WARD IMPLICATIONS**

9.1 The Strategy will have a Borough wide impact.

### **Report prepared by:-**

**Frances Sutherland** - Head of Commissioning -Mental Health, Learning Disabilities and Children, Telford & Wrekin Clinical Commissioning Group

**Steph Wain** – Group Specialist Commissioner, Telford & Wrekin Council