

## HEALTH AND WELLBEING BOARD



### Minutes of a meeting of the Health & Wellbeing Board held on Wednesday, 9 March 2016 at 2.00pm in Meeting Rooms G3 and G4, Ground Floor, Addenbrooke House, Ironmasters Way, Telford, TF3 4NT

**PRESENT:** Cllr R Overton (Chair) (Telford and Wrekin Council), Dr M Innes (Vice-Chair) (Clinical Commissioning Group), Cllr K Blundell (Telford and Wrekin Council), J Chaplin (Healthwatch Telford and Wrekin), Cllr E Clare (Telford and Wrekin Council), Cllr A England (Telford and Wrekin Council), D Evans (Chief Operating Officer, Telford & Wrekin CCG), C Jones (Director Children's & Adult Services), L Noakes (Telford and Wrekin Council), Cllr J Seymour (Telford and Wrekin Council), R Smith (Interim Assistant Director: Early Help & Support) and Cllr P Watling (Telford and Wrekin Council).

#### **ALSO PRESENT:**

C Harland (Public Health Commissioner), A Mason (Independent Chair, TWSAB & TWLSCB), L Mills (Service Delivery Manager Health Improvement)

**OFFICERS:** J Eatough (Assistant Director: Legal, Procurement & Commissioning), J Power (Delivery & Planning Manager) and J Clarke (Democratic Services Support Officer)

The Chair informed the Board that this would be the last meeting attended by Dr Mike Innes (Vice-Chair), as he was stepping down as the Chair of the Telford & Wrekin CCG. The Chair, on behalf of the HWBB, thanked the Vice-Chair for all of his time, effort and dedication during his time on the Board.

#### **HWB-35      MINUTES**

**RESOLVED** – that the minutes of the meeting of the Health and Wellbeing Board held on 9 December 2015 be confirmed and signed by the Chairman.

#### **HWB-36      APOLOGIES FOR ABSENCE**

J Tozer (Community Safety Partnership)

#### **HWB-37      DECLARATIONS OF INTEREST**

None

#### **HWB-38      PUBLIC SPEAKING**

No Members of the public had registered to speak.

## **HWB-39      HEALTH AND WELLBEING STRATEGY UPDATE**

The Assistant Director: Health and Wellbeing presented the update report on the Health and Wellbeing Strategy.

The purpose of the Health and Wellbeing Board (HWBB) was to bring together key partner organisations to improve the health and wellbeing of the Borough's population. The key vehicle for achieving this aim was to set the HWS with key priorities and ensure partners make progress against these.

The Strategy demonstrated a shared vision which would enable residents to have healthier, happier, longer lives and better mental health and wellbeing.

The Delivery & Planning Manager gave a presentation with key feedback from the consultation including:

- Consultation approach with the public
- Consultation approach with partners and stakeholders
- Responses to the consultation
- Key issues on:
  - Strengthening our communities
  - Encourage healthier lifestyles
  - Improving mental wellbeing
- Key themes from both public and stakeholder feedback
- Next Steps

The final Health and Wellbeing Board Strategy was before the Board for approval.

A discussion took place including:

- The replacement of the BCF Board with the Stronger Communities Board and its governance arrangements
- Cross-cutting priorities
- Emotional wellbeing of the community

On being put to the vote it was:

### **RESOLVED – that:**

- a) the final Health and Wellbeing Strategy be approved;**
- b) the proposed Governance arrangement as set out at section 1.3.5 of the report be approved; and**
- c) the timetable for the publication of the final strategy be approved.**

## **HWB-40      COMMISSIONING PRIORITIES 2016/17**

The Service Delivery Manager Health Improvement presented the Commissioning Priorities 2016/17 for the Council and the CCG.

The purpose of the report was to describe how commissioning programmes for both the Council and the CCG supported the delivery of the Health and Wellbeing Strategy and promoted an integrated approach to improving health and wellbeing.

The CCG, Public Health and Vulnerable People Commissioning Teams had worked with Lead Officers to bring together details of their commissioning intentions together with a summary of the progress in order to align the intentions of the Council and the CCG, which would be consistent with the HWBB's approach.

The Commissioning activity also set out the approach to improving health and wellbeing including:

- empowering people to take control of their own health
- supporting communities to grow in order they can better support people
- creating a place that enables people to make healthier choices
- adopting the principle that home is normal
- promoting wellbeing and independence across the communities whatever their level of need
- working in a systemic way to manage demand away from high cost health and social care and promote independence
- make good use of all resources available across the whole system
- using outcome based commissioning

During the discussion it was concluded that this was the closest alignment of the Local Authority and the CCG's commissioning intentions to date and it set out really clear grounds which could be used to deliver the prevention agenda and build a stronger community and would enable self-care and self-help and deliver right care, right place.

Discussion took place that agreed that working together and co-aligning priorities will achieve better outcomes.

Getting a joint vision right was very important and this meant that subsequent strategies would also share a very powerful alignment. Further work, however, to deepen the alignments was needed.

Following the discussion it was:

**RESOLVED – that the report be noted.**

**HWB-41      MENTAL HEALTH COMMISSIONING STRATEGY 2016-19 ACTION PLAN**

The Public Health Commissioner presented the Mental Health Commissioning Strategy 2016-2019 – Action Plan.

The HWBB approved the Mental Health Strategy for Telford & Wrekin in December 2015 as part of a three stage review. Since the last meeting of the HWBB commissioners from Health & Social Care had met with stakeholders to develop

governance arrangements and a forum on which to develop the actions plan and monitor its implementation.

The Strategy was based on 3 key ambitions:

- Supportive Communities
- To ensure early intervention
- To commission Quality Services

The report highlighted some of the key actions that were being undertaken which included:

- A Mental Health Summit in April 2016
- Mental Health Challenge
- Mental Health Champions

The Mental Health Stakeholders Group would continue to meet on a monthly basis at present in order to further develop and update the action plan.

Cllr A England had been asked to sign up as a Mental Health Champion on behalf of the Council.

There was still work to be undertaken around formalising reporting templates and delivering the model and a further report would be brought to the September 2016 HWBB meeting.

Cllr A England confirmed that he had been keen to adopt and take on the role of Mental Health Champion. He reported that he had already attended 1 meeting and a further meeting had been arranged. The role of the Mental Health Champion could be found at Appendix 2 (Page 2) to the report. It was hoped that work could be focussed around 1 priority. Meetings took place quarterly but in the meantime Cllr England hoped to get out into the community in order to meet and greet members of the public and signpost people to the correct service area.

A discussion took place including:

- Right help at the right time approach
- The Action Plan was moving in the right direction but the challenge was to get delivery on the ground
- Better dialogue across the CCG/Partners/Council
- Children's Mental Health/Early Help

Following the discussion it was:

**RESOLVED – that:**

- a) **Members comments on the draft of the Mental Health Action Plan be noted; and**

## **b) Members support the Mental Health Challenge.**

### **HWB-42      PUBLIC HEALTH ANNUAL REPORT 2015/16: LIVING WELL FOR LONGER IN TELFORD AND WREKIN**

The Statutory Director of Public Health gave the HWBB a presentation on the Public Health Annual Report 2015/16: Living well for Longer in Telford and Wrekin. A short video was also played which would be available on YouTube in the coming weeks.

The report focussed on ageing well to improve health and wellbeing for people in their mid-life ie 50s, 60s and 70s in the following areas:

- Looking after Yourself – Healthier Lifestyles
- Recognising and Supporting those in Difficulty
- Valuing Contributions
- Staying Well

The report, which was available to the public, was interactive in style and included video clips and infographic links which could be accessed from the document.

The recommendations contained within the report would, if approved, be used to shape the Living Well and Ageing Well programme that would support the delivery of the new Health & Wellbeing Strategy.

The population of adults living well into their 70s and 80s in Telford & Wrekin was growing and would continue to grow with the average life expectancy for males being 79 and for females 82. By 2020 people over the age of 50 would comprise almost 32% (a third) of the working age population and 48% (almost half) of the adult population.

The focus of the Annual Public Health Report for 2016/17 was improving health in mid-life with the aim of challenging myths associated with ageing and recognising that ill-health can be prevented or delayed and that everyone could take steps to stay well for as long as possible.

A discussion took place including:

- The Public Health outcomes Framework included in Appendix E included a summary of changes such as early death from heart disease and stroke had fallen was now at the national average
- Concern around cancer death rates still being high
- Importance of living in good health for longer
- Working better together
- Changing behaviour in order for life expectancy rates to improve and reduce periods of poor health
- Hip fractures in women
- Promoting the messages
- Video to be used by partners in various settings

Following the discussion it was:

**RESOLVED** – that the Board support the recommendations of the Director of Public Health contained in her 2015/2016 Annual Report and as detailed below:

- a) Action should be taken by the Council and partners to encourage and support people over 50 to adopt healthy lifestyle behaviours, which incorporate opportunities to volunteer and ensure advice, signposting into services by health and social care professionals is systematic;
- b) The Council's Public Health Team should work with key partners to develop the wider public health workforce to expand our local capacity and capability to improve the health and wellbeing for our ageing population;
- c) Action should be taken by the Council, NHS Telford and Wrekin Clinical Commissioning Group and partners to ensure good access to healthy lifestyle support for the most vulnerable adults, such as those with long term conditions or mental health illness;
- d) The Council, its partners and communities should support and promote a range of group, one-to-one and volunteering activities that meet the needs and interests of local older people;
- e) Building on work already underway, the Council and partners should take a community-centred approach to improving the health and wellbeing of our ageing population;
- f) Action should be undertaken by the Council with local employers to raise awareness of the links between work, healthy lifestyles and wellbeing and the action employers can take to increasing employment opportunities and retention for older people; and
- g) Action should be taken, by NHS Telford & Wrekin CCG with the Council and other partners to maximise every opportunity for awareness raising and early detection of risk factors and symptoms, ensuring early diagnosis and treatment for cancer, cardiovascular disease (heart disease and stroke) and Type 2 Diabetes.

## **HWB-43      SUSTAINABILITY AND TRANSFORMATION PLAN**

The Chief Officer, Telford & Wrekin CCG presented the report on the Sustainability Transformation Plan (STP).

The report gave an update on the planning guidance for the NHS up to 2020/21 and set out the requirement for partners across the system to deliver against one jointly owned plan.

The current plan was for 1 year and it was to be used as a footprint and planning for a 5 year plan following a comprehensive spending review that would be based around the “Five Year Forward View”.

STPs were to be submitted by 30<sup>th</sup> June 2016 and would be formally assessed in July 2016. The Transformation agenda would deliver against core standards and constitution rights around Health and Social Care.

Work had been undertaken to identify a local footprint of Shropshire and Telford & Wrekin for the planning of health for a minimum population of 500,000. Both CCGs were in agreement with this being taken forward and would build on and be complementary to work that was already underway, ie:

- Future Fit
- Community Fit
- Deficit Reduction Plan
- Primary Care Strategies
- Rural Urgent Care Services

Part of the CCG’s core strategy was the health economy’s debt recovery plan and this was the basis for the STP and addressing the debt was very important. The chance of getting funding would be influenced by the quality of the STP.

A further draft of the STP would be brought back to the HWBB at the June meeting.

A discussion took place including:

- Need to use the T&W Health & Wellbeing Strategy to inform STP
- GP Practices
- The development of Primary Care Estates Strategies
- Significant workforce challenge
- STP Footprint and prevention planning
- Commissioning to reduce the impact of loneliness – ie “buddy system”
- Commissioning of local Pharmacy services
- Prevention agenda in older people
- Patient representation on Future Fit
- Governance
- Changing public perception on using services
- Need to ensure T&W place-based narrative and work is built upon

- Being imaginative with the services already provided rather than inventing new services

**RESOLVED** – that the Board note the planning guidance and take it into consideration in future business for the Board and its partners.

#### **HWB-44      EARLY HELP UPDATE REPORT**

The Service Delivery Manager Health Improvement presented the Early Help Update Report.

The report summarised the progress of implementing the Early Help Strategy and set out the work programme that would be undertaken locally in order to provide early help to children and their families.

Following a consultation exercise six priorities had been identified for immediate action in order to improve outcomes for children, young people and families. These priorities could be found on Page 1 of the report. Performance against the outcomes was monitored by the Early Help Partnership Board and the current performance outcomes could be found at Appendix A to the report. There were still concerns regarding overweight children and self-harm rates in children and young people.

An Early Help Impact Assessment had been completed by lead professionals and this was an Ofsted requirement. A good service was currently on offer but there was further work to be done with regards to recording and monitoring impact. This work would be undertaken along with partners.

Looking back at what had been achieved, this was a positive story, such as falling smoking in pregnancy and excess weight rates, showing that the Early Help offer was working well with good multi-agency engagement which would be sustained and continue to look at new priorities.

A discussion took place including:

- Good news stories
- CM644 (P87 of the Agenda) % of children (u16) living in poverty
- Recognising the importance of Universal Services
- Promotion of CAMHS
- The role of schools
- Upskilling of the workforce
- Self-harm figures / national best practice
- Cross-cutting themes
- Youth Unemployment rates
- NEET rates

**RESOLVED** – that:

- a) progress made by Early Help Partnership organisations towards improving outcomes for children and families be acknowledged; and

- b) the challenges in measuring and monitoring the impact of our Early Help Offer be acknowledged.

**HWB-45      ANNUAL UPDATE OF THE TELFORD AND WREKIN  
SAFEGUARDING ADULT BOARD (TWSAB) & LOCAL  
SAFEGUARDING CHILDREN BOARD (TWLSCB)**

The Independent Chair presented the annual update of the Telford and Wrekin Safeguarding Adult Board (TWSAB) and Local Safeguarding Children Board (TWLSCB).

He informed the Board that the Adult Safeguarding Board was less than 1 year old and was set up to comply with statutory requirements.

The Children's' Board was more established, although this could be changed following a review by Government. The LSCB was concentrating more on challenging and giving assurance rather than publication and promotion.

Work was being undertaken to look at how the 2 Boards could work better together and a priority sub-group had been formed to look at domestic abuse with a further 2 sub groups being set up to undertake other areas of work.

NICE Guidance had been issued regarding children in transition and this was currently being looked at to see if transition arrangements could be improved.

Some 20 schools had now signed up to help develop Safeguarding services and there had been a good response from parents, children and carers with regard to neglect.

A discussion took place including:

- LSCB – positive multi-agency Board which picked up issues quickly when needed
- Funding
- Inclusive Board which needed to be kept focussed and “lean”

**RESOLVED – that:**

- a) **progress of the TWSAB and TWSCB over the last 12 months be noted;**
- b) **information be cascaded via the respective Commissioning and Transformation Partnership (CATP) Chairs to ensure linkages and consistency in approach;**
- c) **individuals who are representatives on both the HWBB and TWSAB and/or TWSCB ensure that they provide regular updates to the respective Boards as and when appropriate.**

The meeting ended at 3.47pm

**Chairman:** .....

**Date:** .....