

**TELFORD & WREKIN COUNCIL****HEALTH AND ADULT CARE SCRUTINY COMMITTEE – 26 JULY 2016****TELFORD & WREKIN MENTAL HEALTH COMMISSIONING UPDATE****REPORT OF THE ASSISTANT DIRECTOR, TELFORD & WREKIN COUNCIL, AND THE DEPUTY EXECUTIVE, TELFORD & WREKIN CCG****1.0 PURPOSE**

This paper intends to provide an update on the progress of the Telford and Wrekin mental health action plan.

**2.0 RECOMMENDATION**

To note the update

**3.0 BACKGROUND INFORMATION**

The local authority and CCG developed a mental health strategy and action plan which was presented to HOSC in March 2016. This paper provides an update on progress.

The action plan has now been developed into 5 work streams to ensure the vision is delivered

- i. Reducing stigma of mental health
- ii. Promoting good mental health
- iii. Improving access to secondary mental health services
- iv. Development of an Effective Crisis pathway
- v. Improving the life chances for those with mental illness issues

The following describes some of the key pieces of work that are currently being addressed.

- An event to raise awareness of mental health in the workplace was undertaken on 15 April. The event aimed to provide information and practical tools for employers to use to support their staff. In addition it provided solutions to increase the employment opportunities for people with mental health issues. The event was coordinated and led by the third sector and service users. The role of statutory organisations was to support them. The evaluation was very positive (97% said it was a positive experience) with over 200 people attending and some comments:- *‘Useful and thought-provoking’ ‘You have given me a little hope that things will change for the better eventually’ ; ‘A very powerful &*

*inspiring event. A lot of positivity and hope to offer better, more joined-up help in the future'; 'Thank you!'*

- We now have a programme established to recruit health champions including mental health champions.
- The council have signed up for the Mental health challenge which is a LA challenge to promote good mental health and consider the impact on mental health and wellbeing on any services the council provide or commission.
- The council and CCG have signed up to the initial phase of 'Time to change'. This initiative demonstrates the promotion of good mental health in the workplace. Commissioners are developing an action plan to be presented to both organisations prior to approval by Time to change.
- The Wellbeing service (IAPT) has undertaken an action plan to improve outcomes. It is now providing access for 16% of the population who are depressed or anxious; a 58% recovery rate; 90% seen and commence treatment within 6 weeks and 97% seen and commence treatment within 18 weeks.
- The 24/7 HUB will be delivered in stages. The first stage has been the development of a fast track access Listening service which is provided by MIND at Sutton Hill four days a week. This service provides access to drop in and also up to 3 sessions of listening and supportive problem solving for those in mental distress. Further work is undergoing to scope the potential to increase the hours of opening and to provide access more centrally. The service will be evaluated at each stage of development.
- Work has commenced to scope the crisis pathway and develop alternatives to prevent further escalation. This work includes the development of 'safe places' working with the third sector and consideration of the requirement of additional Sec 136 capacity. Mental health commissioners are working with Drug and alcohol commissioners to scope alternatives for people who misuse substances and then have a crisis. In addition a project will also be commenced in the next quarter to reduce the number of people placed in 'out of area' mental health beds.
- There is now a dedicated social worker based at Redwoods supporting the discharge process. This has had a notable impact on reducing delayed discharges from the unit. (From 1.4% in December 15 to zero in June 16)It has also improved relationships between nursing staff and local authority.
- Commissioners and providers are working to develop a new rehabilitation pathway. The aim is for service users to be as independent as possible, maximising potential and autonomy. It is for people who have lost or never learned skills to manage in society. One of the outputs is to reduce the number of people being supported in residential care settings. As part of the process Ellen Court (residential care home providing rehab) is being de-commissioned on this basis. It will close in February 2017. As part of longer term planning, commissioners have been working with a Housing Association and local Community Interest Company to develop supported living for

people with mental issues. In addition a role of peer support will be developed to enhance opportunities for recovery.

- A single telephone number is now available to access all mental health teams in Telford and Wrekin. This will be extended in early 2017 to include the wellbeing service and dementia services.
- LA and NHS commissioners continue to work together to deliver the strategy. There are strong working relationships between the commissioners and service users, third sector and providers.

#### **4.0 EQUAL OPPORTUNITIES IMPLICATIONS**

- 4.1 The action plan is Borough wide, and will impact on those who experience poor mental health, or those at risk of it. It will contribute to the Health and Wellbeing Board priority around Emotional Health and Wellbeing, as well as the majority of the Co-operative Council Objectives.

#### **5.0 FINANCIAL IMPLICATIONS**

- 5.1 The actions detailed in this report have been achieved from within existing financial resources.
- 5.2 The actions having resource implications include the deployment of Social Work resource at Redwoods, this is re-focussing an existing Social Work post and is therefore within existing resources. The Listening Service deployed at the Hub is part of remodelled service funded by the CCG.
- 5.3 Ellen Court contract and premises currently costs £223k per annum, this is paid for jointly with £153k contributed by the Council and £70k contributed to the contract by the CCG. The cessation of this service and implementation of Supported Living for these clients will mean financial resources are moving from one form of care delivery to another. The housing of the individual clients in their own tenanted accommodation to deliver independent living should deliver savings in the medium term but this has yet to be evaluated.
- 5.4 Further initiatives under the strategy will ensue but these are expected to be delivered from within existing resources.

#### **6.0 LEGAL IMPLICATIONS**

The Council and NHS bodies are required to meet their statutory responsibilities under the Mental Health Act 1983 (MHA 1983).

On 15 January 2015, the Department of Health (DH) published a revised version of its statutory code of practice on the MHA 1983, under Section 118 of the MHA 1983. The revised code must be followed by local authorities, managers and health professionals. An easy read version was added on 26 March 2015 and the revised code came into force on 1 April 2015.

The Council and NHS bodies also need to meet the current requirements of the Public Health, NHS and Adult Social Care Outcomes Frameworks in respect of the mental health and wellbeing of adults and children.

The Council must have due regard to the Public Sector Equality Duty as imposed by s149 (1) of the Equality Act 2010, which states:-

- (1) A public authority must, in the exercise of its functions, have due regard to the need to: -
  - (a) eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act;
  - (b) advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;
  - (c) foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

Consideration needs to be given to an Equality Impact Assessment in respect of the potential impact on people with mental health issues, which may result from the review of the mental health commissioning strategy, in order to assist the Council in meeting its Public Sector Equality Duty.

## **7.0 ENVIRONMENTAL IMPLICATIONS**

7.1 None

## **8.0 WARD IMPLICATIONS**

8.1 The plan will have a Borough wide impact.

### **Report prepared by**

**Frances Sutherland** - Head of Commissioning -Mental Health, Learning Disabilities and Children, Telford & Wrekin Clinical Commissioning Group

**Steph Wain** – Group Specialist Commissioner, Telford & Wrekin Council