

Appendix 1: HWBB Priority – Mental Health Action Plan

HWBB Priority	Key Task/Objective	Lead Officer/ Organisation	Desired outcome	Lead Partners hip	Update
<p><b>Improve Mental Wellbeing</b></p>	<p>To improve the <b>emotional health and wellbeing</b> of children, young people, families and carers through:</p> <ul style="list-style-type: none"> <li>• Development of a new 0-25 years Emotional Health and Wellbeing Service.</li> <li>• Redesigning the existing CAMHs provision</li> <li>• Designing and delivering a programme of training, development and peer support for our Early Help and preventative workforce</li> <li>• Jointly commissioning a community eating disorder service for children and young people</li> <li>• Improving perinatal support through training of professionals and enhancing the existing Public Health activity.</li> <li>• Development of a self harm pathway with supporting guidance and protocols.</li> </ul>	<p>Anna Hammond Louise Mills</p>	<ul style="list-style-type: none"> <li>• 14 Learning Behaviour Mentors to provide training and peer mentoring support across the early help and targeted workforce including schools (multi-agency)</li> <li>• An Emotional Health and Wellbeing lead in each of our primary and secondary schools – our 2016 / 2017 target is 55 practitioners.</li> <li>• Fewer children accessing mental health services as their needs will be met within a universal service or through any early help or targeted support they receive.</li> </ul>	<p><b>Early Help</b></p>	<p><b>0-25 Emotional Health and Wellbeing Service</b> Service specification has been drafted and we are currently receiving comments. Professionals, children, young people, parents, carers and providers have been engaged. Scope extended to include CAMHS LD, eating disorders and ND. Still on track to go out to tender on 8<sup>th</sup> August. New service will be in place by the beginning of May</p> <p><b>Perinatal Mental Health</b> Perinatal mental health guidelines have been reviewed and agreed by the multi agency perinatal mental health group. They are already recording increase in referral from maternity to IAPT, as a result. The Mental health first aid training, for 80 midwives, has been booked for October and November and already has received a lot of interest. The perinatal information booklet has been developed and is currently goen to be signed off by PIGS (patient information group at SATH) The Antenatal Solihull training has taken place, training 23 Health Visitors and midwives. The Antenatal Solihull programme is due to start delivery in November in T&amp;W.</p>

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<b>Improve Mental Wellbeing</b>  <b>&amp; Encourage Healthier Lifestyles</b>	<p>➤ To work towards the ambition for a Smoke Free Telford &amp; Wrekin – Supporting Professionals:</p> <ul style="list-style-type: none"> <li>• Pilot project with Sutton Hill Medical Practice and MIND to support people with mental health diagnosis to stop smoking, if successful, this model may be extended to other GP practices</li> </ul>	CCG Mental Health Commissioners/ MIND/Stop Smoking Service providers	<ul style="list-style-type: none"> <li>• To promote a specialist stop smoking service to all patients registered with a mental health diagnosis</li> <li>• Ensure routine identification and referral of patients in GP</li> <li>• Produce a menu of smoking cessation support options</li> <li>• Extend the standard 12-week programme to meet the needs of people with mental health issues</li> </ul>	<b>Living Well Network</b>	Proposal for the scheme has been developed between the Stop Smoking Provider and Mind. Funding has not been identified at present by the CCG (Update: 23 <sup>rd</sup> June 2016).
<b>Improve Mental Wellbeing</b>	To work collaboratively with the CCG and partners to coordinate the prevention element of the Mental Health Strategy (Supportive Communities)	Steph Wain / Clare Harland	<ul style="list-style-type: none"> <li>• We have an evidence-informed approach to reducing suicides</li> <li>• The key messages of the Five Ways to Wellbeing are understood and residents and communities are actively seeking opportunities to Be Active, Connect, Learn, Give and Take Notice</li> <li>• Emerging mental health needs are met within the community by a growing voluntary sector delivering evidenced based programmes and initiatives that are known to improve emotional health and wellbeing</li> </ul>	<b>Living Well Network</b>	<p>Good Mental Health Works event focused on the impact of work on mental health and vice versa. Attendees were given points of contact for help and practical tools and advise to support their staff.</p> <p>A suicide prevention strategy and action plan is being developed. As part of the work a multi-agency suicide network is being established for Telford &amp; Wrekin. With an event being held on the 6<sup>th</sup> Sept to provide opportunity to share best practice, and identify support available.</p> <p>Working with various partners to develop increased support, to reach otherwise socially excluded groups (such as the South East Asian Womens group who have limited spoken English language), developing mental health champions. Scope includes working towards a 24/7 hub with spokes in the community group to reduce demand on statutory services and increase access to support.</p>

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					Increasing the opportunities for people to live independently through work with landlords to increase housing provision for mental health needs.
Improve Mental Wellbeing	<p>To work towards further implementation of the Telford &amp; Wrekin Drugs &amp; Alcohol Strategy:</p> <ul style="list-style-type: none"> <li>• Improve links between substance misuse/ recovery services and prison to support discharge</li> <li>• Review all relevant policies/procedures ensuring clear pathways are in place e.g. strengthening families, domestic violence, hidden harm agenda</li> <li>• Improve effective joint working for people with complex issues such as dual diagnosis, mental health and substance misuse issues</li> </ul>	<p>Lyn Stepanian TWC/IOM</p> <p>Lyn Stepanian TWC</p> <p>Bhavna Taank/Barbara Jones (DARS)</p>	<ul style="list-style-type: none"> <li>• Increase in the number of referrals into substance misuse services from prisons</li> <li>• Increase in the number of families at risk receiving support for drug and alcohol issues</li> <li>• Decrease in the number of children in care where parental substance misuse is a factor</li> <li>• New pathway for dual diagnosis implemented</li> </ul>	DAAT/C SP	<p>Work is on-going with prisons, The DARS Service has designated workers who ensures individuals are transitioned into the community effectively and signposted to the most appropriate services in addition to substance misuse support. There is now a SPOC where referrals are made directly dependant on complexity and the referral pathway has been developed and finalised to compliment this.</p> <p>Aquarius STARS is the Concerned Others service and have reported an increase in individuals receiving support for loved ones with a substance misuse and mental health combined issue. All services are promoted to involve family members as part of the recovery journey whenever it is deemed appropriate and with the consent of the service user.</p> <p>Larger numbers of individuals are reported as living with children. In terms of whether there has been a decrease or increase, this is a bit more difficult to ascertain as this is not always disclosed by service users and also it is not recorded by YP Services.</p> <p>A group was developed to identify a dual diagnosis pathway. This has been agreed and circulated and is currently being used in practice. I have not received any reports that it is not working. This has also been supplied to the CCG to incorporate as part of the wider mental</p>

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					<p>health contract.</p> <p>Prison release pathway in place:</p> <p>In process of working with Inclusion and Prisons to provide facility of Naloxone on release</p> <p>Numbers referred from prison into DARS captured on CJIT</p> <p>Joint Protocol between Children and Families and DARS</p> <p>DARS is represented at Marac</p> <p>Team Leader attends T and W Domestic Violence Group</p> <p>DARS being trained in Graded Care Profile (September 2016)</p>
<p><b>Encourage Healthier Lifestyles and Improve Mental Wellbeing</b></p>	<p>Local delivery of the Work Well Programme including:</p> <ul style="list-style-type: none"> <li>• Development and promotion of the Work Well website</li> <li>• A series of workshops and seminars for employers</li> </ul>	<p>Clare Harland/TWC</p>	<ul style="list-style-type: none"> <li>• A Work Well website accessible for all employers in the borough providing access to information, signposting to support and evidence based practice</li> <li>• Reduced sickness absence levels across the borough</li> <li>• A resilient workforce reporting improved health and wellbeing</li> <li>• A well connected network of local</li> </ul>	<p><b>Living Well Network</b></p>	<p>WorkWellTelford website (<a href="http://www.workwelltelford.co.uk">www.workwelltelford.co.uk</a>) launched June 2016.</p> <p>Promotion being rolled out across business networks and forums.</p> <p>Partner group established and opportunities to collaborate being explored</p>

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			businesses championing health and wellbeing and supporting each other		

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<b>Improve Mental Wellbeing</b>	<p>➤ To work towards further implementation of the Telford &amp; Wrekin Drugs &amp; Alcohol Strategy:</p> <ul style="list-style-type: none"> <li>Restricting Supply: closer working and between the criminal justice system and substance misuse services to improve pathways for offenders and strengthening work on the night time economy and test purchasing</li> <li>Further develop and implement the substance misuse training programme Continue to improve and share data and intelligence on substance misuse treatment services</li> <li>Expand delivery of social recovery and mutual aid projects through TACT etc, including links with Job Centre Plus and employees</li> <li>Improve recovery pathway further to embed aftercare and relapse prevention and exit strategies</li> <li>Expand GP shared care provision for substance misuse clients</li> </ul>	<p>Integrated Offender Management/Community Rehabilitation Company/WM Police</p> <p>Public Protection/Emma Trowell/Anita Hunt</p> <p>Lyn Stepanian</p> <p>Bhavna Taank</p> <p>Bhavna Taank</p> <p>Lyn Stepanian/Bhavna Taank</p> <p>DARS/Inclusio</p>	<ul style="list-style-type: none"> <li>Increase in the number of referrals from criminal justice system into treatment and recovery services, sustaining clients in service for 12+ weeks</li> <li>Decrease re-offending rates</li> <li>Decrease rates of alcohol-related crime</li> <li>Maintain the number of test purchasing operations</li> <li>Increase the numbers of professional receiving basic awareness and specialist substance misuse training</li> <li>Intelligence on the substance misuse performance and outcomes framework is comprehensive for all services and well shared with partners</li> <li>Increase in the numbers of people supported by recovery projects, expanding the numbers</li> </ul>	<b>DAAT/Community Safety Partnership</b>	<ul style="list-style-type: none"> <li>There has been a reduction of 15 individuals between 2014/15 and 2015/16. This is primarily due to a large number of clients already involved with treatment services hence not being new referrals.</li> <li>Pathways are in place to ensure offenders are passed on to recovery services and a Criminal Justice worker is allocated to the individual to promote as part of recovery lower offending rates</li> <li>Work on this is continued as is highly reliant on Promotions and early intervention programmes which are delivered through a number of locations, such as Healthy Lifestyle Hubs, etc</li> <li>Targeted test purchases take place throughout the year with effects on premises licenses effected and now working on test purchasing around New Psychoactive Substances</li> <li>A full training Programme has been implemented during 2016/17 on NPS, Drug and</li> </ul>

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		n	<p>of peer volunteers. Increase the number of people with planned treatment exits, numbers completing treatment (especially the longer term clients) and reduce representations</p> <ul style="list-style-type: none"> <li>•</li> <li>• Increase the number of GPs trained to deliver shared care (RCGP), expanding the number of practices to offer the service</li> <li>• Increase the number of clients in share care</li> </ul>		<p>Alcohol Awareness, MI and CBT. Each targeted to reach at least 100 per annum.</p> <ul style="list-style-type: none"> <li>• The NDTMS Reports for the whole partnership is distributed and shared with all partners to ensure they are performing and provide reasons for exceptions. A reporting dashboard is being created by Performance Team which will incorporate a wide array of performance data</li> <li>• Approximately 90% of clients attend and receive recovery interventions, peer support and mutual aid. There has been an increase in planned treatment exits averaging an increase of 7% and representations have reduced by an average of 1.3%.</li> <li>• A training programme has been set up and GPs are being recruited as we speak. It is anticipated that more practices will be on board over the next 12</li> </ul>

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					<p>months</p> <ul style="list-style-type: none"> <li>An audit showed a number of clients who were suitable for shared care. These clients are now slowly being referred into shared care there an increase will be likely over the next twelve months, however a small increase of approximately 8 clients has been seen.</li> </ul> <p><b>Housing have developed new pathway for under 18's and adults regarding the effective use of the 28 Day West of Midland info sharing protocol. This should improve the timeliness of T &amp; W Housing services receiving information on Prisoners coming back into Telford.</b></p> <p><b>This piece of work will provide the starting point and other risk / issues such as Mental Health and substance misuse will be evidenced and actioned accordingly in terms of the right professionals attending pre-release strategy meetings.</b></p>

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<p><b>Strengthen Our Communities and Improve Mental Wellbeing</b></p>	<p>To reduce crime and increase confidence in reporting</p> <p>This CSP priority contributes to the HWBB priorities in the following ways;</p> <ul style="list-style-type: none"> <li>• Overall reduction in crime</li> <li>• Increase public / community confidence to report crime.</li> <li>• To further understand the fear of crime within communities</li> <li>• Address ongoing community tensions</li> <li>• Develop partnership strategies and action plans against specific crime types which significant impact on individuals and communities alike.</li> </ul> <p>The CSP is working to tackle and reduce crime, through a partnership approach in effectively managing specific key areas;</p> <ul style="list-style-type: none"> <li>○ Domestic Abuse</li> <li>○ Child Sexual exploitation</li> <li>○ Integrated Offender management</li> <li>○ Impact of the Night time economy</li> <li>○ Gypsy and Travellers</li> </ul>	<p>Paul Fenn / CSP</p>	<ul style="list-style-type: none"> <li>• IDVA – 1:1 support for all high risk victims of DA.</li> <li>• No of children exposed 3 / 5 + times to DA within 12 months</li> <li>• Domestic abuse crimes where alcohol / drugs are involved.</li> <li>• No of domestic Abuse Protection notices / Orders.</li> <li>• No of DA incidents involving children and pregnant women</li> <li>• No of MARAC and repeat MARAC cases</li> <li>• No of 16 / 17 year old victims and perpetrators at MARAC.</li> <li>• No of children discussed at MARAC.</li> <li>• To reduce the no of people becoming either victims / perpetrators of crime</li> <li>• To ensure that all young people who are at risk of CE or victims of CE, and their families, have access to appropriate</li> </ul>	<p><b>Community Safety Partnership</b></p>	<p><b>Working with D &amp; P, we are in the process of devoping a strategic intelligence assessment to cover all of the priorities. A new strategy and over arching action plan will support and implement delivery.</b></p> <p><b>From a Domestic point of view, work continues on sustaining the current numbers of support groups available.</b></p> <p><b>With regards to MARAC, we have recently been through an Ofsted inspection and it was recognised that we are recognised as a ‘Strength’.</b></p> <p><b>We are working closely with the police to ensure that MARAC is ‘fit for purpose’. This on the back of the Save Lives recommendations will look at the overall governance and the implementation of MARAC multi agency audits.</b></p>

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			<p>support services to recover from any trauma and enable them to reach their full potential.</p> <ul style="list-style-type: none"> <li>• To ensure that young people who are identified as potential CE offenders are supported to minimise/eradicate their offending behaviour.</li> <li>• Reduction in un-authorised encampments.</li> </ul>		