

TELFORD & WREKIN COUNCIL

HEALTH AND WELLBEING BOARD - 9TH MARCH 2016

MENTAL HEALTH COMMISSIONING STRATEGY 2016 – 2019 – ACTION PLAN

REPORT OF:

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PART A) – SUMMARY REPORT

1. SUMMARY OF MAIN PROPOSALS

To update members on the progress to develop the action plan for the mental health strategy for Telford & Wrekin.

2. RECOMMENDATIONS

For Members to comment on the draft of the mental health action plan.

For Members to support the Mental Health Challenge.

3. IMPACT OF ACTION

The Mental Health Strategy and Action Plan will be Borough wide, and will impact on those who experience poor mental health, or those at risk of it. It will contribute to the Health and Wellbeing Board priority around Emotional Health and Wellbeing, as well as the majority of the Co-operative Council Objectives.

4. SUMMARY IMPACT ASSESSMENT

COMMUNITY IMPACT	Do these proposals contribute to a specific HWB Priority	
	Yes	Emotional Health and Wellbeing
	Do these proposals contribute to specific Co-Operative Council priority objective(s)?	
	Yes	<p>Telford & Wrekin Council's Medium Term Plan for 2013/14 to 2015/16:-</p> <ul style="list-style-type: none"> • Protect and support our vulnerable children and adults • Improve the health and wellbeing of our communities and address health inequalities. <p>This supports the delivery of the Health and Wellbeing Board priority of Emotional Health and Wellbeing</p>
	Will the proposals impact on specific groups of people?	
Yes	The proposals within the strategy will impact on people within the Borough of Telford & Wrekin who have mental health issues or at risk of developing mental health issues.	
TARGET COMPLETION/DELIVERY DATE	<p>Action Plan:</p> <p>Year One – Schedule complete by March 2016. Delivery timescales detailed on the plan.</p> <p>Year Two – Schedule complete by December 2016</p>	
FINANCIAL/VALUE FOR MONEY IMPACT	Yes	<p>The majority of the actions in the plan, where they fall to the Council to deliver or lead will be delivered from within resources allocated in the 2016/17 Budget Strategy. There are some areas which are still being developed such as the 24/7 Hub which may give rise to a requirement to find resources, but this is likely to be found from reallocating from existing funding sources. If there is an identified requirement for additional resources, then this will need to be pursued through the appropriate Governance structures. It is important to note that the Councils' Adult Social Care Service is</p>

		<p>delivering a programme of transformation. The pressure on Local Government funding and the consequent delivery of Social Care savings within the Council is being addressed through this process. This will impact the Commissioning and delivery of Care going forward. It is important to consider this context at this stage as this may impact the degree to which actions in the action plan can be delivered going forward.</p> <p>This strategy is being delivered out of aligned commissioning by the Council and the CCG. It is anticipated that this can deliver improved value for money from a combined strategy. The 2015/16 joint expenditure on Mental Health services is £17.9m with £15.1m coming from the CCG. As already stated the Council will implement it's transformation of Social Services in line with the budget strategy and this may reduce spending on Mental Health Services. The CCG have committed that the funding in mental health will not be reduced, although need to ensure better 'value for money' is achieved.</p>
LEGAL ISSUES	Yes	<p>The Council and NHS bodies are required to meet their statutory responsibilities under the Mental Health Act 1983 (MHA 1983).</p> <p>On 15 January 2015, the Department of Health (DH) published a revised version of its statutory code of practice on the MHA 1983, under Section 118 of the MHA 1983. The revised code must be followed by local authorities, managers and health professionals. An easy read version was added on 26 March 2015 and the revised code came into force on 1 April 2015.</p> <p>The Council and NHS bodies also need to meet the current requirements of the Public Health, NHS and Adult Social Care Outcomes</p>

		<p>Frameworks in respect of the mental health and wellbeing of adults and children.</p> <p>The Council must have due regard to the Public Sector Equality Duty as imposed by s149 (1) of the Equality Act 2010, which states:-</p> <p>(1) A public authority must, in the exercise of its functions, have due regard to the need to: -</p> <p>(a) eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act;</p> <p>(b) advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;</p> <p>(c) foster good relations between persons who share a relevant protected characteristic and persons who do not share it.</p> <p>Consideration needs to be given to an Equality Impact Assessment in respect of the potential impact on people with mental health issues, which may result from the review of the mental health commissioning strategy, in order to assist the Council in meeting its Public Sector Equality Duty.</p>
EQUALITY & DIVERSITY	Yes	The strategy will aim to reduce inequalities for those experiencing mental health issues.
IMPACT ON SPECIFIC WARDS	No	Borough-wide impact
PATIENTS & PUBLIC ENGAGEMENT	Yes	<p>Commissioners have engaged a wide range of partners (service users, carers, volunteers and professionals including Nurses, Social Workers, Clinicians, Nurses from maternity services) to ensure their views are included in the development of the strategy.</p> <p>The strategy development has also</p>

		<p>considered feedback from previous engagement activities including the consultation around Castle Lodge.</p> <p>Commissioners continue to work co-productively with such a range of partners to develop the action plan, and monitor its implementation.</p>
OTHER IMPACTS, RISKS & OPPORTUNITIES	Yes	<p>The development and implementation of the Mental Health Strategy will have interdependencies with the overarching 'Wellbeing and Prevention Strategy' and other Commissioning Strategies. The aim is that CCG and Telford & Wrekin Council will work together to ensure that opportunities are maximised to promote emotional health and wellbeing.</p>

PART B) – ADDITIONAL INFORMATION

1. INFORMATION

1.1 Background

The Health and Wellbeing Board approved the Mental Health Strategy for Telford & Wrekin in December 2015. It was presented as part of a three stage review which considered the current investment and a new model of care.

Since the last Health and Wellbeing Board commissioners from Health and Social Care have met with a variety of stakeholders to develop governance arrangements and a format on which to develop the action plan and monitor its implementation.

1.2 The strategy is based on three key ambitions, for which there will be specific actions. They are:

- To develop Supportive Communities **“A place I feel proud of, where I am accepted and safe”**
- To ensure Early Intervention – **“I know where to go for advice and support that I can access quickly”**.
- To commission Quality Services -**“I need to understand my condition and to have help to live my life to the best of my ability without my condition taking over my life”**

1.3 This report is to update members on this work and highlight some of the key actions undertaken to date:

2.0 The Action Plan

- 2.1 Like the strategy, the action plan is being developed with a wide range of stakeholders including people who access services, voluntary sector representatives, carers and professionals working within mental health services.

A Mental Health Stakeholders Group has been established to oversee the development and implementation of the action plan. The group consists largely of representatives from the voluntary sector, and will meet on a monthly basis initially. It intends to report, via commissioners, on a 6 monthly basis to the Health and Wellbeing Board.

The Action Plan will be a “living” document. It will be written and amended on an annual basis to allow a certain flexibility and responsiveness to changing environments around it.

The Action Plan will be divided into three main work streams to correspond with the three key ambitions. These work streams will contain individual projects and tasks which will be monitored by the stakeholder group. A project template has been developed which will describe each project in the work stream. It will contain more details of the actions and will be used to capture regular updates. The project lead (regardless of their role, or which group / organisation they represent) will be expected to provide monthly updates on progress using this template. This will form the basis of reports back to Health and Wellbeing Board.

A copy of the overarching action plan and Project Template are attached in Appendix 1.

3.0 Highlights from Action Plan to date:

- 3.1 Mental Health Summit: “**Good Mental Health Works**” – Friday 15th April 2016. An event for employers, service users, and anyone with an interest in mental health. The Summit will provide an opportunity to raise awareness of mental health and the support available, to provide basic tools to use in the workplace or at home to help maintain good mental health.
- 3.2 **Mental Health Challenge** – officers of the Council are seeking to sign up to the local authority Mental Health Challenge. Councils are asked to sign up to promote Mental Health in communities – a challenge set by seven national charities including The Centre for Mental Health and the Mental Health Foundation. (See Appendix 2 for more detail).
- 3.3 **Mental Health Champions** – We will be seeking to appoint champions for mental health, from strategic leaders (as part of the Mental Health

Challenge) to people working in the heart of our communities. Recruitment has commenced. A training programme is being developed.

- 3.4 **Modelling a 24/7 hour hub.** Working with the voluntary sector commissioners are exploring what this might look like and how it could be funded. The discussions are including consideration to a hub and spoke model – and are engaging groups such as Big Local Brookside in this process.
- 3.5 **Discharge pathways** – reviewing protocols and agreeing pathways for discharge across all wards.
- 3.6 **Crisis Support** – work has begun to explore alternative ways of supporting people in a crisis to prevent further escalation of need.
- 3.7 **Referral to treatment times** -for early intervention of psychosis (50% within 2 weeks) and psychological therapies (75% within 6 weeks) now in place
- 3.8 **Review of bed base**-Clearer understanding of bed requirements now broken down to three work streams- acute; rehab and dementia. Plans in development to design optimum pathway for each area.
- 3.9 **Service specifications**- for mental health provider (NHS) written to ensure clear agreed response times and expectations.

4.0 Next Steps

A workshop at the Mental Health Summit will focus on the Action Plan to gain wider stakeholder contribution and commitment.

The Mental Health Stakeholders Group will continue to meet on a monthly basis to further develop and update the action plan. It will report to Health and Wellbeing Board again in September 2016.

5. IMPACT ASSESSMENT – ADDITIONAL INFORMATION

None.

6. PREVIOUS MINUTES

Health & Wellbeing Board – March, September & December 2015

7. BACKGROUND PAPERS

None

Report prepared by:

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