

**TELFORD & WREKIN COUNCIL****HEALTH & ADULT CARE SCRUTINY COMMITTEE – 22 MARCH 2016****TELFORD & WREKIN MENTAL HEALTH COMMISSIONING UPDATE****REPORT OF Jonathan Eatough, Assistant Director, Telford & Wrekin Council, and Anna Hammond, Deputy Executive, Telford & Wrekin CCG****1.0 PURPOSE**

1.1 This paper intends to:

Provide an update on the three stage Commissioning Review of Mental Health and provide information on actions already undertaken.

**2.0 RECOMMENDATIONS**

**2.1 To note the update on the three stage Commissioning Review of Mental Health**

**3.0 BACKGROUND INFORMATION**

A three stage review has been undertaken jointly with the Local Authority and CCG. Stage one and two described the background, budgets, demographics, service user and community engagement and evidence base. In addition stage two described the vision for mental health across the Borough via three ambition statements developed by service users:

- To develop Supportive Communities **“a place I am proud to call home”**. We will promote good emotional health and wellbeing by supporting the development of universal services. We will support people to live as independently as possible, with minimal intervention. Promoting independence and resilience will be at the heart of all we do to ensure people have the capacity to cope with the challenges that life, including mental health, can pose.
- To ensure Early Intervention – **“I know where to go for advice”**. Information will be readily available at places, and in formats that are accessible when people need it most. Support and guidance will be provided at the earliest opportunity to prevent further escalation of need.
- To commission Quality Services - **“I need to understand my condition and to have help to live my life to the best of my ability without my condition taking over my life”** We will ensure people better understand how to work

with people with mental health issues in ways that promote their independence, ensure their safety and support their recovery. We will focus mental health support on need rather than age or diagnosis, but will give particular attention to more specialist areas such as Personality Disorder and Dual Diagnosis. We will take a whole system approach to commissioning mental health services.

3.1 Like the strategy, the action plan is being developed with a wide range of stakeholders including people who access services, voluntary sector representatives, carers and professionals working within mental health services.

A Mental Health Stakeholders Group (Good Mental Health Forum) has been established to oversee the development and implementation of the action plan. The group consists largely of representatives from the voluntary sector, and will meet on a monthly basis initially. It intends to report, via commissioners, on a 6 monthly basis to the CCG and Health and Wellbeing Board.

The Action Plan will be a “living” document. It will be written and amended on an annual basis to allow a certain flexibility and responsiveness to changing environments around it.

The Action Plan will be divided into three main work streams to correspond with the three key ambitions. These work streams will contain individual projects and tasks which will be monitored by the stakeholder group. A project template has been developed which will describe each project in the work stream. It will contain more details of the actions and will be used to capture regular updates. The project lead (regardless of their role, or which group / organisation they represent) will be expected to provide monthly updates on progress using this template. This will form the basis of reports back to CCG and Health and Wellbeing Board.

4.0 The highlights of the Action Plan to date are:-

4.1 Mental Health Summit: “**Good Mental Health Works**” – Friday 15<sup>th</sup> April 2016. An event developed and led by the third sector and supported by statutory services. It is an event for employers, service users, and anyone with an interest in mental health. The Summit will provide an opportunity to raise awareness of mental health and the support available, to provide basic tools to use in the workplace or at home to help maintain good mental health.

4.2 **Mental Health Challenge** – Officers of the Council are seeking to sign up to the Local Authority Mental Health Challenge. Councils are asked to sign up to promote Mental Health in communities – a challenge set by seven national charities including The Centre for Mental Health and the Mental Health Foundation. A paper will be prepared for the CCG to consider the principles and to sign up to promote mental health.

4.3 **Mental Health Champions** – We will be seeking to appoint champions for mental health, from strategic leaders (as part of the Mental Health Challenge) to people working in the heart of our communities. Recruitment has commenced. A training programme is being developed.

4.4 **Modelling a 24/7 hour hub.** Working with the voluntary sector commissioners are exploring what this might look like and how it could be funded. The discussions are including consideration to a hub and spoke model – and are engaging groups such as Big Local Brookside in this process. This will then be articulated within the model of mental health provision for Telford and Wrekin

4.5 **Discharge pathways** – reviewing protocols and agreeing pathways for discharge across all wards. A social worker working with the ward staff at Redwoods has improved the process and reduced delayed discharges.

4.6 **Crisis Support** – work has begun to explore alternative ways of supporting people in a crisis to prevent further escalation of need.

4.7 **Referral to treatment times** –The new national targets for psychological therapies ( 75% within 6 weeks and 95% within 18 weeks) have been achieved with Telford now reporting 85% treated within 6 weeks of referral and 100% within 18 weeks. Targets are also being met for early intervention of psychosis (50% within 2 weeks)

4.8 **Review of bed base**-Clearer understanding of bed requirements now broken down to three work streams- acute; rehab and dementia. Plans in development to design optimum pathway for each area.

4.9 **Service specifications**- for mental health provider (NHS) have been written to ensure clear agreed response times and expectations.

4.10 **Single point of access** – one phone number is now in place for Telford and Wrekin 24/7 365 days a year- **0300 124 0365**

## 5.0 EQUAL OPPORTUNITIES IMPLICATIONS

5.1 The revised Commissioning Strategy will be Borough wide, and will impact on those who experience poor mental health, or those at risk of it. It will contribute to the Health and Wellbeing Board priority around Emotional Health and Wellbeing, as well as the majority of the Co-operative Council Objectives.

## **6.0 FINANCIAL IMPLICATIONS**

6.1 At this stage in the process, the development of a strategy, the requirement for additional resources is not evident and therefore the planning assumption is that the strategy will be delivered from within existing resources. Once the detailed action plan is clearly established the requirement for resources and the funding streams to deliver the strategy will be considered and brought back to the LA and CCG in line with Governance processes.

The pressure on Local Government funding and the consequent delivery of savings within the Council is being addressed within Social Care through a process of transformation. This will impact the Commissioning and delivery of Care going forward. It is important to consider this context at this stage as this may impact the scope of the action plan going forward.

It is anticipated that by aligning the commissioning portfolios of the Council and the CCG improved value for money can be achieved from a combined expenditure. The current joint expenditure on Mental Health services is £17.9m with £15.1m coming from the CCG. The CCG have committed that the funding in mental health will not be reduced, although need to ensure better 'value for money' is achieved

## **7.0 LEGAL IMPLICATIONS**

The strategy will assist the Council and NHS in fulfilling their duties under the: Mental Health Act; NHS, Public Health and Social Care Outcomes Framework; Care Act.

## **8.0 ENVIRONMENTAL IMPLICATIONS**

8.1 None

## **9.0 WARD IMPLICATIONS**

9.1 The Strategy will have a Borough wide impact.

### **Report prepared by:**

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