



Telford and Wrekin CCG

# Mental Health Strategy Action Plan Update- February 2017

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Council

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# Key Developments – Community Resilience

- Mental Health Hub to open April 2017
- Supporting people to Live independently
- Early intervention psychosis team going into schools
- Dementia service supporting care homes
- Peer recovery courses to support discharge from mental health services



# Integration into neighbourhoods

## Integrated Primacy Care Emotional Wellbeing service-

- working in neighbourhoods on common mental health conditions- depression and anxiety and chronic depression, and emotional trauma

## Specialist mental health services –

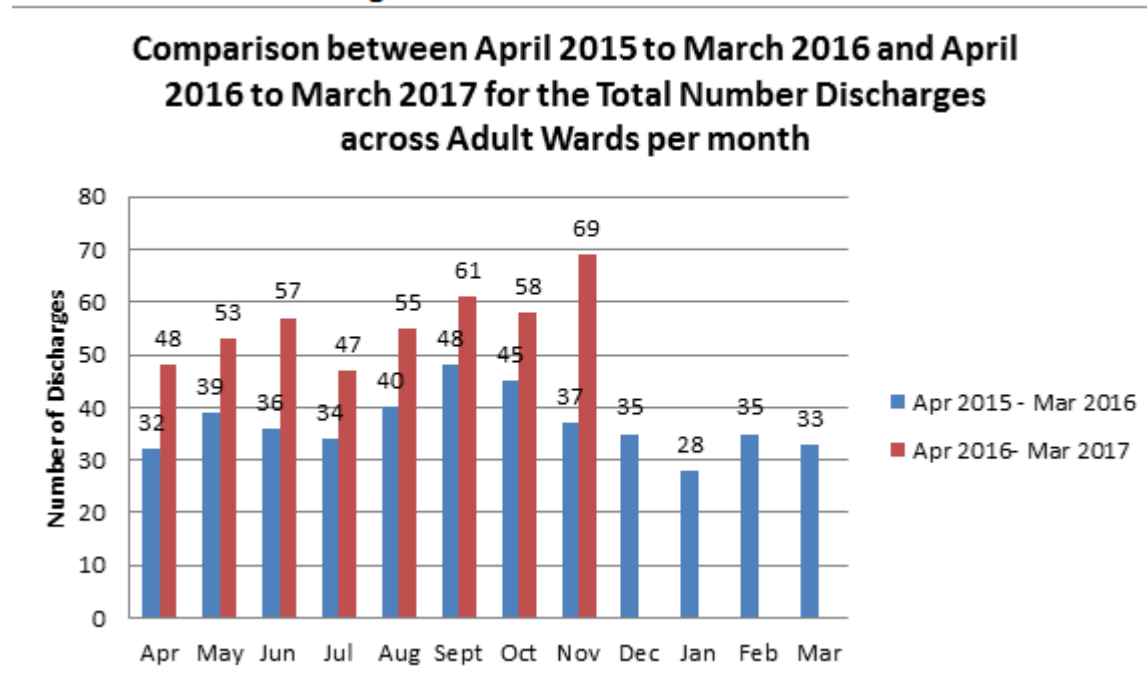
- psychosis and non psychosis (where specialist medication is required and/or CPA or high risk to either patient or community) teams will have link workers who will be first point of contact for neighbourhoods for advice and feedback on complex cases.



# Key Developments – Acute Care

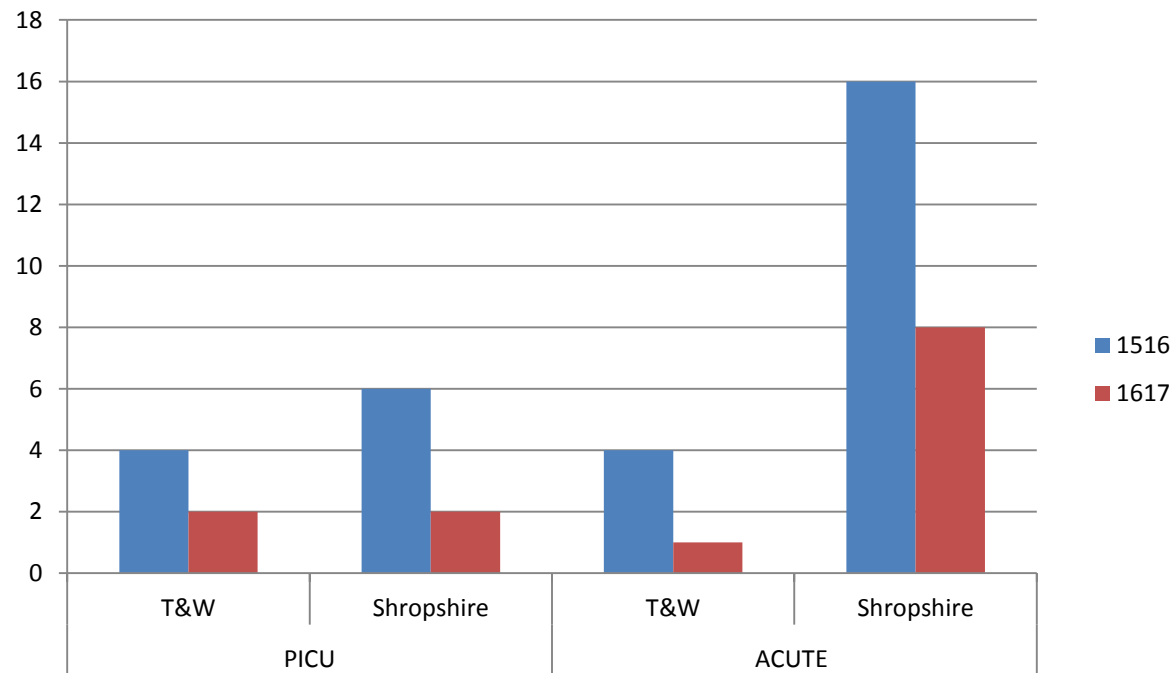
- Discharge Process- social worker at Redwoods
- More discharges and less delays!

**Total Number of discharges**



# Acute care-out of area placements

- improved- Out of area placements 50% reduction in PICU & acute



# Physical health needs of people in mental health services

- MECC-all staff trained and using MHCC. Referring to smoking cessation advice, exercise
- Hub and spoke model- HUB-admin base and some physical health clinics where it is appropriate for patient need to ensure choice of venue
- Clear understanding of local services in neighbourhoods to refer service users to- lifestyle advisor, leisure facilities, weight management clinics to refer and/or signpost to.
- Support to services which manage physical health issues if there are complex mental health problems- eg intermediate care, community nursing physiotherapy on individual patient basis and by raising awareness of mental health issues on a day to day basis.



# What service users have said, and how they have informed changes in practice.

Confusing getting hold of teams-

Want early help and supported to help themselves-  
**The Hub**

Waiting between teams for different support-

- one number from April

team structure changed.





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# What service users have said, and how they have informed changes in practice.

- Single Point of Access
- Accommodation in Telford
- Quality Improvement Work



# Next Steps

- Further development of plan
- Explore the West Midlands Mental Health Commission Plan and how its fits strategically

