

TELFORD & WREKIN COUNCIL**HEALTH & WELLBEING BOARD - 14 JUNE 2017****MENTAL HEALTH STRATEGY & SUICIDE PREVENTION UPDATE****REPORT OF STEPH WAIN –TELFORD & WREKIN COUNCIL, FRANCES
SUTHERLAND – NHS TELFORD & WREKIN CLINICAL COMMISSIONING GROUP,
CLARE HARLAND – TELFORD & WREKIN COUNCIL****PART A) – SUMMARY REPORT****1. SUMMARY OF MAIN PROPOSALS**

This report provides an update of the work being undertaken across Telford and Wrekin to improve and support the mental health of local residents.

The Mental Health Strategy 2016-2019 (approved in early 2016) includes an annual action plan of activity. The Health and Wellbeing Strategy places “Improving mental wellbeing” as one of its priorities, therefore the two are closely linked.

The following report is therefore divided into two sections:

- Update on the Mental Health Strategy; and
- Update on Suicide Prevention.

2. RECOMMENDATIONS

- a) To note the updates provided on both programmes of work.
- b) To approve the Suicide Prevention Strategy

3. IMPACT OF ACTION

All actions described within the report are intended to have a positive impact on those who have or who are at risk of having a mental health problem, or at risk of suicide.

4. SUMMARY IMPACT ASSESSMENT

COMMUNITY IMPACT	Do these proposals contribute to a specific HWB Priority	
	Yes	<i>Improving Mental Health</i>
	Do these proposals contribute to specific Co-Operative Council priority objective(s)?	
	Yes	<p>Telford & Wrekin Council's Plan to: :</p> <ul style="list-style-type: none"> • Protect and support our vulnerable children and adults • Improve the health and wellbeing of our communities and address health inequalities. <p>This supports the delivery of the Health and Wellbeing Board priority of Emotional Health and Wellbeing</p>
	Will the proposals impact on specific groups of people?	
Yes	<p>The proposals within the strategy will impact on people within the Borough of Telford & Wrekin who have mental health issues or at risk of developing mental health issues.</p> <p>This will include children and adults.</p>	
TARGET COMPLETION/DELIVERY DATE	Various targets / milestones contained within the plans.	
FINANCIAL/VALUE FOR MONEY IMPACT	Yes/No	<p>For the Council, the actions detailed in this report and in the annexed actions are expected to be achieved in within the approved budget strategy and in line with approved resources available.</p> <p>Where further initiatives under the strategy ensue the expectation is that these will be delivered from within existing resources.</p> <p>RP-18.5.17</p>
LEGAL ISSUES	Yes	<p>The Council and NHS bodies are required to meet their statutory responsibilities under the Mental Health Act 1983 (MHA 1983) and under the revised statutory Code of Practice under the MHA 1983, which came into force on 1 April 2015.</p>

		<p>Section 2B of the National Health Service Act 2006 (as amended) places a duty upon local authorities to take appropriate steps to improve the health of local people in its area.</p> <p>The Public Health, NHS and Adult Social Care Outcomes Frameworks all contain outcomes in respect of the mental health and wellbeing of adults and children, which the Council and NHS bodies are required to meet.</p> <p>The HWBB has a role in co-ordinating and encouraging integrated partnership working.</p> <p>Accordingly, work undertaken by the HWBB to identify and investigate mental health and suicide prevention issues assists the Council in undertaking its statutory responsibilities.</p> <p>KF 30 May 2017</p>
EQUALITY & DIVERSITY	Yes	The strategy will aim to reduce inequalities for those experiencing mental health issues.
IMPACT ON SPECIFIC WARDS	No	Borough-wide impact
PATIENTS & PUBLIC ENGAGEMENT	Yes	The mental health strategy, and suicide prevention strategy was developed following significant engagement. A stakeholder group of volunteers, service users and third sector groups now oversee the implementation.
OTHER IMPACTS, RISKS & OPPORTUNITIES	Yes	The Mental Health Strategy and Health and Improving Mental Health priority has many interdependencies with other strategies such as: Commissioning Strategies on drugs and alcohol, autism, dementia, Children in Care and Care Leavers. The aim is that CCG and Telford & Wrekin Council will work together to ensure that opportunities are maximised to promote emotional health and wellbeing.

PART B) – ADDITIONAL INFORMATION

1. INFORMATION

1.1 The Mental Health Strategy 2016-2019 for Telford and Wrekin (approved in early 2016) includes an annual action plan of activity. The Health and Wellbeing Strategy places “Improving mental wellbeing” as one of its priorities, therefore the two are closely linked.

The following report is therefore divided into two sections:

- Update on the Mental Health Strategy; and
- Update on the suicide prevention priority.

1.2 Mental Health Strategy

1.2.1 The action plan has now been developed into 5 work streams to ensure the vision is delivered:

- i. Reducing stigma of mental health
- ii. Promoting good mental health
- iii. Improving access to secondary mental health services
- iv. Development of an Effective Crisis pathway
- v. Improving the life chances for those with mental illness issues

The following describes some of the key pieces of work that are currently being addressed.

1.2.2 **Branches the mental health hub has opened.** Based at Strickland House in Wellington, Branches offers a range of services including: drop in, listening service, structured activities, and telephone support. Branches has already recruited and commenced training 33 volunteers – many of which have lived experience of poor mental health.

The safe place opening has been delayed as the venue originally identified was unsuitable. Discussions are now taking place to locate the safe place in Wellington Police Station, delivered by Branches.

A community event is being planned to raise further awareness of mental health, and of Branches. Discussions are taking place with colleagues at the Town Centre to explore scope to hold this there during the summer holidays.

Telford Mind has been subcontracted to deliver the listening service and run a drop in from an alternative location.

1.2.3 The council and CCG have **signed up to the initial stage of ‘Time to change’**. This initiative demonstrates the promotion of good mental health in the workplace. Commissioners are developing an action plan to be presented to both organisations prior to approval by Time to change. The CCGs plan has been approved. Mindfulness course has been held for staff.

Officers from Commissioning and Organisational Delivery & Development Teams are developing an action plan as part of the Council’s commitment to the mental health strategy and to “Time to Change”. Events to engage Council staff in conversations about mental health commenced on 8th May 2017.

- 1.2.4 An event with social care and health staff including senior managers has taken place as the first step towards **improving relationships and outcomes for people with mental health** issues. Further work is scheduled to take place.
- 1.2.5 A workshop focusing on **mental health and employment** took place on 4th May with a follow up due to take place on 10th May. The focus is on improving pathways and support to enable people to gain employment.
- 1.2.6 A working group is now meeting to focus on specific **issues relating to housing and offending behaviour and mental health**. The first meeting took place at the end of April.
- 1.2.7 A workshop has been set up in May to discuss the **impact of emotional trauma** and what the pathway should be in Telford.
- 1.2.8 **Orchard Place will open in Summer 2017**. This has been developed as a result of long term planning between the social care commissioner and Bromford Housing Association. The Council has nomination rights is working with the landlord and care provider to jointly assess referrals and allocate accommodation. In addition we will be developing the role of peer support to enhance opportunities for recovery at the scheme. Commissioners have requested the landlord accesses local services and organisations wherever possible in the development, and for any service contracts required using peer support as part of this.
- 1.2.9 The **Wellbeing service (IAPT) has undertaken an action plan to improve outcomes**. It is now providing access for 16% of the population who are depressed or anxious; a 58% recovery rate; 90% seen and commence treatment within 6 weeks and 97% seen and commence treatment within 18 weeks. Investment has been made to increase the team and thereby increase the access rate to over 17%. In addition the CCG was successful in bidding for additional pump priming monies of £200K to develop pathways to support people with Long Term conditions. The first long term conditions to benefit will be Diabetes and Respiratory pathways. The team is also integrating into the neighbourhood model with therapists working in localities.
- 1.2.10 The **Early Intervention Psychosis Service has met its national target of 50%** from referral to commencing treatment within 2 weeks.
- 1.2.11 The mental health provider has undertaken a management of change and moved to a pathway approach to providing services. This has meant the development of an Access team who triage and ensure people are seen by the right service first time. It provides a **single telephone number for all referrals**. As part of the mental health teams have moved to Hall Court in the centre of town.
- 1.2.12 Work has commenced to **scope the crisis pathway and develop alternatives to prevent further escalation**. This work includes the development of safe places working with the third sector and additional Sec 136 capacity. A project is in place to reduce the number of people placed in 'out of area' mental health beds.
- 1.2.13 The **social workers based at Redwoods supporting the discharge process are continuing to have positive impact** and has improved relationships between nursing staff and local authority. This has had a notable impact on reducing delayed discharges from the unit.

- 1.2.14 Commissioners and providers are working to **develop a new rehabilitation pathway**. The aim is for service users to be as independent as possible, maximising potential and autonomy. It is for people who have lost or never learned skills to manage in society. One of the outputs is to reduce the number of people being supported in residential care settings. As part of the process Ellen Court (residential care home providing rehab) has been de-commissioned. Colleagues across housing, social care and commissioning have worked together to identify and secure alternative accommodation and support for the individuals effected by the closure.
- 1.2.15 Local Authority and NHS commissioners continue to work together to deliver the strategy. There are strong working relationships between the commissioners and service users, third sector and providers.

1.3 Suicide Prevention Update

As a key part of the implementation of the mental health strategy, a suicide prevention strategy and action plan has been developed.

- 1.3.1 **Consultation** - During the summer of 2016 consultation was completed with a wide range of stakeholders and service users, public, private and third sector organisations, this culminated in a network event in September 2016 which provided a large amount of insight and information about local activity and gaps.
- 1.3.2 **Drafting the documents** - A small core group was subsequently formed with representatives from a range of organisations in both areas. The group drafted a strategy and action plan that reflected the findings from the consultation. The strategy is a brief overarching document, the action plan will be developed further by the two local groups and will contain more detail relevant to each area. The group has also proposed how Suicide Prevention work will be progressed:
- **Core Steering Group.** A small group with representation from a range of organisations in both areas. Chaired by independent chair (TBC), vice-chairs from the 2 Local Authorities. The group will oversee delivery of the strategy and annual network event. It will also be responsible for reporting to the Health and Wellbeing Boards and submitting other reports as required. It will meet formally once per year.
 - **Local Action Groups.** Two Action Groups have been convened to develop local action plans in more detail, identify solutions and begin implementation. These groups will be chaired by Gordon Kochane (Shropshire) and Clare Harland (Telford and Wrekin). The Telford and Wrekin Action Group met on 18th May 2017.
 - **Suicide Prevention Network.** An annual joint event bringing together a wide range of stakeholders and service users across both Shropshire and Telford and Wrekin is planned for September 2017. This will provide the opportunity to review local Suicide Prevention activities and prioritise activities going forward.
- 1.3.3 **Suicide Prevention Strategy** - Suicide Prevention Strategy and Action Plan 2017/18 – 2020/21, of the Telford & Wrekin and Shropshire Prevention Network

compliments Telford and Wrekin Mental Health Strategy. A copy is attached. The strategy includes:

- **Mission Statement:**

“It is our mission to make suicide prevention everybody’s business. We feel that suicide is preventable and that every life should be saved. We will accomplish this by having a strong local partnership and drawing on the expertise of partners from the public and third sectors.

We will work together to prevent deaths at all ages as a result of suicide. We will ensure those at risk of or affected by suicide are signposted to and can access the support and agencies that they require at the right time.”

- **Needs assessment** - Outlining national and local statistics and local consultation

- **Key action areas:**

- Accessibility – better signposting and easier access to appointments, specialised services in the community and tailored care
- Education & Training – improve the skills of the workforce and empower people to talk about mental health, self-harm and suicide
- Sensitivity – Ensure that front line staff are able to assist people in crisis to get the support they need and break down barriers
- Information – improve the way that information is shared between different agencies and get the right information to those that need it at the right time
- Network approach – get groups and organisations working collaboratively to prevent the preventable

2. **IMPACT ASSESSMENT – ADDITIONAL INFORMATION**

As noted above.

3. **PREVIOUS MINUTES**

- 9th March 2016 – Mental Health Strategy Report by Steph Wain & Frances Sutherland.
- September 2016 – Mental Health Strategy Report by Steph Wain & Frances Sutherland

4. **BACKGROUND PAPERS**

None

Report prepared by:

Steph Wain, Group Specialist Commissioner, Telford & Wrekin Council
Frances Sutherland, Commissioner, Telford & Wrekin CCG
Clare Harland, Public Health Commissioner, Telford & Wrekin Council