

HEALTH AND WELLBEING BOARD

Minutes of a meeting of the Health and Wellbeing Board held on Wednesday 7 September 2016, at 2pm in the Meeting room G3-G4, Addenbrooke House, Ironmasters Way, Telford, TF3 4NT

Present:

Cllr R A Overton - Cabinet Member for Housing, Leisure & Health TWC (**Chairman**),
Cllr E A Clare - Cabinet Member for Culture, Sports, Parks & Green Spaces TWC,
J Chaplin - Healthwatch, D Evans - Chief Operating Officer: Telford & Wrekin CCG,
Cllr J M Seymour Conservative Group TWC, C Jones - Director: Children's & Adult Services and Statutory Director of Children's Services TWC, L Noakes - Assistant Director: Health & Wellbeing and Statutory Director of Public Health TWC,

Officers:

HWB-14 Apologies for Absence

Councillors A R H England - Cabinet Member for Adult Social Care & Older People TWC, K L Tomlinson, P R Watling – Cabinet Member for Children, Young People and Communities, and Dr Jo Leahy.

HWB-15 Declarations of Interest

None declared

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HWB-16 Minutes

Resolved – that the minutes of the meeting of the Health and Wellbeing Board held on 15 June 2016 be confirmed and signed by the Chairman.

HWB-17 Public Speaking

No members of the public had registered to speak.

HWB- 18 Sustainability and Transformation Plan Progress Update

The Board received the report from Dave Evans, which outlined the aim of the STP to develop a transformed system of care that would be high quality, financially sustainable, and efficient and delivered on national standards. Building resilience and social capital was central to this to ensure people have the knowledge and skills to help themselves to live healthier and happier lives.

NHS England had reviewed the STP submission on 30th June 2016, together with the Local Digital Roadmap. The Roadmap described how information technology would be used to support STP, to enhance patient care, such as through

telemedicine, remote monitoring and virtual consultations. Feedback on the STP was noted; in particular

- the need to include greater reference to mental health services;
- both local authorities needed to understand the interaction between their financial positions and the STP; and
- more detailed workforce plans were needed to clarify how the workforce gaps would be filled.

The Board noted that final submission of the STP and the Roadmap was 21st October, and that a revised financial template (and possibly an interim STP) would be required by 16th September. The STPs were not going to be publicly available until ratification by the NHS in October.

The local governance arrangements had been updated as appended to the report and it was noted that 500k would be made available to support the STP programme, although the precise use of this funding had yet to be determined.

The four priorities for the STP were outlined with regard to Neighbourhood working, reconfiguration of the hospital services, financial sustainability and reducing duplication; and maintaining standards of existing services.

The Board noted that good progress had been made in developing the Neighbourhood models of care for Telford and Wrekin and for Shropshire; best practice was beginning to emerge. The Neighbourhood workstreams would be assuming responsibility for work previously undertaken by the Community Fit and Rural Urgent Care groups. It was suggested that a presentation on the work of the Neighbourhood team would be valuable for the Committee to hear. The work of the neighbourhood workstream would be routinely reported to the HWB as part of the Health and Wellbeing strategic priority of developing community resilience and community based support.

The Board noted the priorities for the next month and that an early draft of the STP would be circulated to Board members.

RESOLVED – that the progress to date on developing the Sustainability and Transformation Plan (STP) be noted.

HWB- 19 Mental Health Strategy and Improving Mental Wellbeing Priority

The Board received the report from Steph Wain and Francis Sutherland that provided an update on the work being undertaken across Telford and Wrekin to improve and support the mental health of local residents; including the Mental Health Strategy 2016-2019 and annual action plan of activity, appended to the report; and “Improving mental wellbeing” priority.

The report outlined the key pieces of work being undertaken in line with the five work streams developed to ensure the vision of the Mental Health Strategy was delivered.

It was reported that a new service for emotional health and wellbeing to include Child and Adolescent Mental Health Services (CAMHS), Learning Disability, eating

disorders and neuro-developmental conditions was to be in place in May 2017; this was open for tender.

Good progress was being made in the third year of the Drug and Alcohol Strategy. The newly commissioned substance misuse treatment services were now a year into delivery; key highlights of the service improvements were outlined. It was noted that the transformation of the substance misuse treatment services continued alongside the on-going expansion of prevention work.

As a key part of the implementation of the mental health strategy, a suicide prevention strategy and action plan was also being developed. The aim was to champion good practice in Telford and Wrekin and identify/ address any gaps in services. The Suicide Prevention Strategy for England 2012 had informed the initial development of the local plan and a multi-agency suicide network had been established for Telford & Wrekin, which included key stakeholders. Insights gained from the network, together with national level data and intelligence provided by the Coroner and partners from the emergency services, would be used to inform the key local priorities for the plan. There was agreement to share relevant data by the Coroner, West Mercia Police, Shropshire Fire and Rescue and British Transport Police. There would be quarterly meetings of a core group of the network to coordinate the work.

It was noted that Telford and Wrekin had done well to engage with the number of people making use of support services that it had done. The Board commended the work on the Suicide prevention strategy.

RESOLVED – that the updates on the Mental Health Strategy and Improving Mental Wellbeing priority be noted.

HWB- 20 NHS Telford and Wrekin primary care strategic plans

The Board received the report on the Primary Care delegated commissioning strategic priorities for NHS Telford and Wrekin for 2016 – 2020. The priorities had been informed by

- a local Primary Care Needs Assessment (PCNA) which was undertaken during February and March 2016
- General Practice Forward View (Department of Health April 2016)
- NHS England Sustainability and Transformation plans
- Primary Care Estates plan

The aim of the priorities was to ensure the sustainability of excellence in the delivery of Primary Care responsibilities whilst meeting stakeholder expectations. It was noted that the vision for the primary care service was a GP led service, sufficiently resourced to provide appropriate and prompt access to excellent quality planned and urgent care. This would include:

- innovatively staffed multi-disciplinary teams across health and social care as well as Primary Care staff in community nursing teams.

- services designed around the needs of the population as mandated by patient groups
- maintaining the excellent reputation of Primary Care regionally and nationally to ensure Telford and Wrekin continued to attract Primary Care Clinicians.

The Board noted the report and agreed that it shed light on the current position; the Estates plan provided a good insight into this high priority area. It was noted that the Primary Care Needs Assessment appended to the report indicated that there was a “a longstanding aspiration for the NHS to focus as much on promoting wellness as managing poor health, and the NHS has a contribution to make to the prevention of disease and the promotion of health across populations, working in partnership with local public health services through Health and Wellbeing Boards”. There was a question as to the scope of such proposed partnership working and how the Health and Wellbeing Board would gain access to information on the quality of provision of Primary Care.

Concerns were raised about how a 24/7 service 7-days a weeks could be implemented. Proposed models included clusters of practices working together on a rota system and digital/ telephone assessment and diagnosis services. It was also noted that mental health support was a crucial element of services going forwards, which had been identified by a survey to understand needs. The Board highlighted the importance of getting the neighbourhood model right as it was where most people would access services and it was essential to ensure the right community support was established to supplement services. Furthermore, engagement with the local communities would be vital and it was noted that there would be a communications plan.

Resolved – that:

- a) the Primary Care Strategic Priorities for 2016 – 2020 be noted; and that**
- b) these priorities are consistent with the wider Health and Wellbeing priorities.**

HWB-21 Pharmaceutical Needs Assessment 2015/16- 2017/18 – Supplementary Statement 2016

The Board received the report by Helen Onions which summarised the background to the PNA process, which had been used by the HWB, NHS England, the CCG and local contractors to determine that expanded dispensing provision was needed in South Telford. Agreement of the PNA Supplementary Statement would publically detail the expanded provision in the PNA. The Board noted the supplementary statement appended to the report that included the expanded provision in Madeley in South Telford and also covered the opening hours of the new pharmacy which opened in Lightmoor in July 2016. The Board reinforced concerns about the problems faced by residents in rural areas. It had been acknowledged that residents in some rural areas of the borough had equal or longer distances to travel to their nearest pharmacy, however, the Board had considered that limited transport facilities and low car ownership in South Telford placed residents at a disadvantage. It was

also noted that community pharmacy potentially faced some budget reductions but this had not been clarified by central government to date.

RESOLVED – that

- a) **the extended evening and weekend dispensing provision in Madeley, which meets the need identified in the South Telford PNA review be noted.**
- b) **the PNA Supplementary Statement for publication be approved.**

HWB-22 Child and Adolescent Mental Health Services (CAMHS) Survey Update

The Board received the report from Kate Ballinger which provided an insight into the understanding and use of mental health services by young people in the borough. It also provided information about the types of matters that young people often found stressful and where they would look for support in times of crisis. A survey had been undertaken by local secondary schools, the headline results of which were presented to the Board by representatives from participating schools.

Further work had been proposed for 2017 with the Early Help Partnership Board and Healthwatch Telford and Wrekin to build a bank of evidence. The timing of the survey results was important in terms of informing the procurement of services for mental health by Telford and Wrekin Council and it was reinforced that input into the design of the service would continue to be sought from children and young people. It was clear that a range of services and professional programmes of support would be developed to address the range of needs. It was also noted that the survey and following work could assist West Mercia Police Force by providing insights into how to deal with young people in crises.

Resolved that the report be noted.

HWB- 23 Health and Wellbeing Board Strategic Priorities: Performance Framework

The Board received the report from Helen Potter on the proposed performance framework to monitor progress against the Health and Wellbeing Strategy following approval of the delivery model in June 2016. The proposed performance framework appended to the report aimed to monitor progress against key deliverables highlighted within the strategy. It also provided a mechanism that would enable HWB to identify any risks/issues in a timely way in order to address any barriers to achieving the key outcomes identified within the strategy.

The proposed performance framework would be reported to HWB on an annual basis together with the more qualitative progress updates provided by CATPS. It was agreed that this would provide an additional layer of quantitative information for consideration by the Board in making proposals or challenging CATPs on progress. It was agreed that some areas needed to be expanded in the performance framework and any additional performance indicators identified by the Board could be included where necessary. It would be re-circulated following the meeting.

It was also noted that a Neighbourhoods Working Group had been established and would contribute to the priority of 'strengthen our communities and community based support'. The aim of the Group was to develop sustainable networks of informal care and support by developing people, community based projects, groups and organisations to improve outcomes for residents.

It was reported that a strategy delivery group consisting of the CATP leads would meet regularly to ensure links with other Boards and groups locally to ensure a wide range of organisations were involved in contributing to the delivery of the strategy. Progress in respect of new initiatives or areas of work being undertaken by partners/stakeholders would be reported via CATP update reports. The strategy delivery programmes would continue to be developed to take account of progress and new areas of work highlighted by the Board.

Resolved – that

- a) the proposed Health and Wellbeing Strategy performance framework be approved**
- b) current performance in relation to the proposed framework be noted.**

HWB-24 Carers Health and Well Being Report

The Board received the report from the Carers Commissioning Officer, Jill Tiernan, which provided an update on the progress being made on the HWB commitment to improving the lives of all age carers relating to health and wellbeing. Appended to the report was the Carer Outcome Pyramid; the Telford & Wrekin offer, and the Carer Narratives.

The Board acknowledged the principles outlined in the report that were described as critical to the successful delivery of eight key outcomes in the Carers Strategy, that the Carers Partnership Board had deemed relevant to the wellbeing and prevention agenda.

It was reported that the shared strategic ambitions for carers of all ages continued to be delivered through a pooled budget arrangement. From October 2015 the combining of young carer and adult commissioning responsibility allowed the transformation of all-age carer services across the borough to create a local offer.

The Board noted that this would provide a seamless pathway for carers of all ages and efficiency of resources whilst promoting a whole family approach. The Board noted the progress of work to improve adult and children's carers health, wellbeing and development of resilience, against eight outcomes in the strategy:

- Information Advice and Support
- Planning for the Future
- Promoting well being
- Time for yourself
- Meeting diverse needs
- A life outside caring
- Feeling financially safe and secure
- Having your say

The Board commended the 'all-age' approach to the carers service and the reshaping of the Carers Partnership Board to ensure better representation of a larger percentage of carers. Members acknowledged that it was important to continue to raise the profile, particularly to hard-to-reach groups.

The Board noted the activity and outcomes across the local offer and noted that there was a reduction in the numbers of people requesting support since 2015 which could be attributed to the work done to target the right people, to ensure that assessments were more effective and the support for people in their caring role was improved. The Board noted the areas for development that had been proposed for the forthcoming year, which included:

- expanding the community carer offer
- securing a permanent third Admiral Nurse (Dementia) support for family carers
- additional hours to enable the Moving and Handling Family Carer Adviser to address the increase in referral rates.
- Carers Indicative payments allocation
- broadening the range of respite/community opportunities for family carers.
- revision of an all age Carers Strategy and associated plans by the end of 2016
- continued co-production with carers to identify employment opportunities
- engagement with local people and communities to energise and enable communities to have greater resilience and self-efficiency.

Resolved – that

- a) the developments and achievements since the last Board Report in September 2015 be noted
- b) the strategic priorities and associated action plans considering the changing landscape (economic and commissioning) facing health and social care be supported

- c) the significant and financial contribution family carers bring to the social and health local economy be supported
- d) continued progress of the authorities in working towards raising carer awareness across the borough and local communities be noted.

HWB- 25 Living Well Update

The Board received the report from Louise Mills, Helen Onions, Stacey Norwood and Clare Harland which provided an update on the activity of the Living Well programme. The Living Well partners had continued to work collaboratively to deliver activity against the five work programme areas that were agreed as priorities and endorsed by the Health and Wellbeing Board. The priorities had been recognised by partners as areas that would benefit from greater collaboration and would contribute overall to improving population outcomes to reduce excess weight, increase physical activity levels and reduce smoking prevalence.

The key headlines for Telford & Wrekin from the most recent Public Health Outcomes Framework (PHOF) were detailed in the report and the programmes of work, highlighting all local activity, provided the Board with a comprehensive update.

The Board was assured that there were links between the work of a Living Well Network, plans for which were in place, and the Neighbourhoods workstream, evolving through the Sustainability and Transformation Plan. Work was ongoing with health partners to ensure health and care services were being built around needs of the local population.

The Smoke-Free update was noted by the Board which included detail about the network within Telford & Wrekin that had been working on the priorities set out in the smoke free plan. Key recent achievements and priorities for the remainder of the year were noted. The update provided recently released figures on smoking prevalence in adults and children, which followed the decline seen nationally and locally year-on-year since 2011/12. It was reported that analyses would be undertaken on the socio-economic background of local smokers in order to inform service developments and targeting in future, with a view to reducing health inequalities.

Resolved – that

- a) the progress for the five work programme priorities be endorsed**
- b) the key collective action being taken to reduce smoking across the Borough with partners be noted.**

HWB-26 Healthwatch Annual Report

The Board received the annual report 2015-16 from Healthwatch Telford and Wrekin from the Chief Officer, Kate Ballinger. The report provided the Board with an overview of the work undertaken by Healthwatch Telford and Wrekin in its third year of operation. It was noted that there had been significant changes during the 3 years including its establishment as a Not for Profit organisation and the removal of Parkwood Healthcare as host organisation, and a substantial reduction in budget.

Work by Healthwatch highlighted in the report included representation at the Future Fit Programme Board and the launch of a new Council funded feedback centre to encourage more effective engagement and to reach the people that needed the service. The Board noted that regular reports would be available and the priorities for future work were outlined, in particular, continued engagement with the public, raising awareness and recruitment of a new Engagement Officer.

Resolved – that the report be noted.

The meeting ended at 3.54pm

Chairman:

Date: