

TELFORD & WREKIN COUNCIL HEALTH AND WELLBEING BOARD

DATE: 7th DECEMBER 2016

EARLY HELP UPDATE REPORT

REPORT OF: LIZ NOAKES, ASSISTANT DIRECTOR: HEALTH & WELLBEING

PART A) – SUMMARY REPORT

1. SUMMARY OF MAIN PROPOSALS

This report summarises progress towards implementing the Early Help Strategy and priorities.

The Early Help Strategy sets out the programme of work that will be undertaken locally by the partnership (overseen by the Early Help Partnership Board) to provide early help to children and their families. The current strategy is due to be refreshed and updated to reflect the new priorities and to articulate the steps the Early Help Partnership Board will take with partners to support the development of other public sector universal services, the voluntary sector and communities to deliver early help and preventative services.

Performance against outcomes is routinely monitored by the Early Help Partnership Board. Current performance at month 6 is summarised in the main report.

2. RECOMMENDATIONS (AND TO WHOM ACTIONS APPLY e.g. CCG, Council)

The Health & Wellbeing Board is requested to acknowledge:

- The progress made by Early Help Partnership organisations towards improving outcomes for children and families
- The Early Help Strategy will be updated to reflect the new priorities of the board

3. IMPACT OF ACTION - (How it is intended that action will make a difference)

Implementation of the Early Help Strategy and action plan will deliver improvements in the following outcomes:

- Improve the health and wellbeing of children, young people, families and carers
- Improve the educational attainment of children and young people
- Improve the emotional health and wellbeing of children, young people, families & carers
- Improve the prospects of children and young people in Telford & Wrekin
- Improve the engagement of children, young people, families and carers in services

4. SUMMARY IMPACT ASSESSMENT

COMMUNITY IMPACT	Do these proposals contribute to a specific HWB Priority	
	Yes	<ul style="list-style-type: none"> • Encourage healthier lifestyles • Improve mental wellbeing • Strengthen our communities and community based support
	Do these proposals contribute to specific Co-Operative Council priority objective(s)?	
	Yes	<ul style="list-style-type: none"> • Put our children and young people first • Protect and support vulnerable children and young people • Improve local people's prospects through education and skills training • Improve the health and wellbeing of our communities and address health inequalities
	Will the proposals impact on specific groups of people?	
	Yes	Children and young people
TARGET COMPLETION/DELIVERY DATE	N/A Work programme is ongoing	
FINANCIAL/VALUE FOR MONEY IMPACT	Yes	<p>The work identified in this report is funded from various sources including the Council, NHS England/CCG and the Big Lottery Fund.</p> <p>The Council holds a budget for Early Help funded from Public Health Grant in 2016/17 of £0.828m from which the delivery of this strategy and some of the detailed work programmes will be funded. As part of the Council's 2017/18 Budget Strategy, savings of £0.03m have been identified against this budget as a result of a reduction in the expected Public Health grant. Further savings in 2018/19 and 2019/20, which have yet to be agreed, could impact on the funding for this element of the work stream.</p> <p>The CCG has passported £99k of funding to the Council to support the delivery of the Telford & Wrekin Future in Mind Programme and other training initiatives as well as directly funding work at TCAT and other transformational activities.</p>

		<p>Work is ongoing to establish the sustainability of some of these initiatives. The Big Lottery is fully funding the Parenting project through the national organisation HENRY with the Council providing a contribution in kind through the management of the programme co-ordinator.</p>
LEGAL ISSUES	Yes	<p>The work of the Early Help Partnership assists the council in meeting its public health obligations required by statutory provision such as those contained section 2B of the National Health Act 2006 (as amended).</p> <p>This also includes specific services which the Secretary of State has arranged for local authorities to exercise under powers set out in section 7A of the National Health Services Act 2006 (as amended) such as health visiting.</p>
EQUALITY & DIVERSITY	No	
IMPACT ON SPECIFIC WARDS	Yes	<p>Borough-wide impact Targeted activity within the localities</p>
PATIENTS & PUBLIC ENGAGEMENT	Yes	<p>Comprehensive engagement activities have taken place to commission the new emotional health and wellbeing service. This has included the consideration of local insights, over 100 interviews with people with lived experience and comparison of local to national insights. This has been evaluated and informed the service specification.</p> <p>The joint Health overview and scrutiny committee signed off the engagement and communication strategy and have supported the work to date.</p> <p>Parents, carers and young people have supported the procurement process</p> <p>A significant programme of engagement is also underway to consider future provision for Family Nurse Partnership, Health Visiting and School Nursing Services</p>
OTHER IMPACTS, RISKS & OPPORTUNITIES	No	

PART B) – ADDITIONAL INFORMATION

1. INFORMATION

PROGRESS TOWARDS ACHIEVING OUR PRIORITIES

During the last 6 months significant progress has been made towards commissioning the new Emotional Health and Wellbeing Service for children and young people. The project team have undertaken comprehensive engagement activities. This has included the consideration of local insights, over 100 interviews with people with lived experience and comparison of local to national insights. This has been evaluated and informed the service specification. The joint Health overview and scrutiny committee signed off the engagement and communication strategy and have supported the work to date. A communication for partners on progress will be available in January 2017 inline with the procurement timescales and the formal decision making process.

Funding has been secured from NHS England to develop the Telford and Wrekin Future in Mind (Tackling Wellbeing) Programme - a school led multi-agency programme of training and development for emotional health and wellbeing. The programme launch was attended by 90 lead professionals from education, health and local authority services. Going forward, lead professionals will attend regular training and development opportunities and will be responsible for cascading the training within their own setting. The programme of work has been highlighted by NHS England for its innovation for engaging with the education sector. The programme will support professionals to:

- promote good mental wellbeing and resilience, by supporting children and young people and their families to adopt and maintain behaviours that support good mental health.
- take early action to prevent mental health problems from arising with those children, young people and their families who may be at greater risk.
- Swiftly identify when a child, young person or their family need help.
- Understand and own the value of inter-agency working and the benefits this brings to the child, family and society.

The programme is due to be extended early next year to include additional partners including GP's and the voluntary sector.

Additional resources have been secured from the Transformation funding to appoint a mental health practitioner to work across TCAT and New College, co-ordinating existing arrangements, up-skilling staff and ensuring available support is fit for purpose to align with the new Emotional health and wellbeing service due to launch in May 2017. This will include:

- Delivery of one to one and group interventions.
- Provide consultancy to the Learner Support Workforce.
- Focus on preparing young people for transition into life beyond college
- Liaison with Secondary schools for transition of students to college

The March update identified a number of service developments required to respond to the unmet needs of parents. Progress includes production of an on-line Parenting Handbook (developed by key partners and parents) and commissioning of a voluntary led parental befriending service which since contract award in October 2015 has provided support over the short term (up to 12 weeks) to 60 families. All families completing programmes have obtained higher levels of self-confidence, as measured through pre and post confidence assessments.

In response to providing additional support for parents of 0-2's, 23 health professionals across health visiting and midwifery and 2 Homestart volunteers have been trained to facilitate Antenatal Solihull, a 5 week 'Journey to Parenthood': Understanding pregnancy, labour, birth and your baby. The training has been resourced from CAMHS Transformation Funding. Courses will be delivered from January in community settings.

During July, the partnership received notification of a successful Big Lottery Fund bid to further develop the HENRY Parenting Project. Telford and Wrekin Council are one of three partners to work with the national organisation HENRY over the next 4 years (partnering with Leeds and Sheffield). The project is expected to provide training to 140 volunteers and has a target to retain 48 as active volunteers. It is expected that 260 families will receive support through the project. A Coordinator has now been appointed and over the next four years will recruit and train volunteers to deliver the HENRY Programme on a 1:1 basis with families in their own homes or community settings. HENRY is not a new approach to Telford and Wrekin – we have a long history of delivering the programme locally but in group settings. The first volunteer cohort has been trained and will provide support to families from January.

A particular success has been the work undertaken by the Health Visitors working with Children Centre teams and Early Years Consultants to better coordinate the 2 year progress review (Review@2). Although only small numbers of children participated in the pilot the workforce has seen the added value from attending joint training, working in a different way and improved data sharing. Plans are in place to embed the Review@2 into all early years settings over the next academic year, (by July 2017). All childminders will be supported via the Health Visitor helpline and settings are systematically being allocated their link Health Visitor and support to implement the Review@2. This will ensure consistency across Telford & Wrekin.

Developing and delivering effective early help universal services which prevent problems from arising in the first place is a priority for the Early Help Partnership Board. In the future a greater emphasis will be placed on supporting other public sector universal services, the voluntary sector and communities to deliver these services.

The restructuring of the newly designed Early Help and Support Service is underway within the local authority. The vision is that it becomes an all age service working alongside other partners and community members completely immersed in communities supporting adults, children and families. The primary purpose of the service will be to reduce demand on statutory higher tier more expensive services such as social care by targeting support to our most complex families whilst strengthening early help prevention working arrangements to ensure individuals are supported to get the "Right Help at the Right Time" to live active healthy independent lifestyles by utilising their own networks and community assets.

Working relationships with NHS England, the clinical commissioning group, public health, education services and voluntary, community and faith groups and town and parish councils are key.

Current contractual arrangements for the provision of Family Nurse Partnership, Health Visiting and School Nursing Services are due to end on the 31st August 2017. A programme of consultation and engagement activities are underway, led by public health as the lead commissioner. Included within this programme of work are discussions with the voluntary sector to better understand their contribution to delivering the Healthy Child Programme, Children Centre core purpose and activity to support children to be 'school ready'. Findings will inform commissioning intentions which will include activity and investment to build community capacity to deliver universal, preventative services. A number of early years settings, schools and voluntary sector organisations are working in partnership with the council to manage and deliver Children Centre activity as part of new arrangements going forward.

Performance against outcomes is routinely monitored by the Early Help Partnership Board. Commentary below has only been provided for indicators where there has been notable changes since the last report received by the board.

Improve the health and wellbeing of children, young people, families and carers:

Data for Q1 2016/17 shows an increase in the proportion of mothers smoking at the time of delivery (22.1%, compared to 18.1% in 2015/16)

Data to June 2016 shows an improvement in our teenage conceptions rate, with performance currently meeting the 2016/17 target (27.0 against a target of 30.2)

Improve the attainment of children and young people:

For Early Years Foundation Stage attainment levels have improved - the percentage of children achieving a good level of development is 69.1% (compared to 66.6% in 2015). This is higher than the West Midlands average (67.1%) and similar to the England average (69.3%)

Improve the emotional health and wellbeing of children, young people and carers

Latest data on the rate of hospital admissions as a result of self harm (10-24 year olds) shows a decrease (478.3 compared to 569.9)

The rate of hospital admissions for mental health conditions in 0-17 year olds is increasing from 43.6 at the end of 2014/15 to the current rate of 66.6

Improve the engagement of children, young people, families and carers

Figures for the first 6 months of 2016/17 show a continued increase in the

number of parents, carers and young people contacting Family Connect directly to request support (5,009 for the first 6 months of this year, compared to 8,179 for 2015/16)

2. **IMPACT ASSESSMENT – ADDITIONAL INFORMATION**

No further information

3. **PREVIOUS MINUTES**

4. **BACKGROUND PAPERS**

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