

HEALTH AND WELLBEING BOARD

Minutes of a meeting of the Health and Wellbeing Board held on Wednesday 6 December 2017, at 2pm, The Wakes, Theatre Square, Oakengates, Telford TF2 6EP

Present:

Cllr A R H England (Chair) Cabinet Member – Communities, Health & Wellbeing, TWC
Dr J Leahy (Vice Chair) Chair, Telford & Wrekin CCG
W Condlyffe Chief Officer Group Representative
P Evans Sustainability & Transformation Plan Representative
S Dillon Assistant Director, Adult Social Care, TWC
C Jones Director of Children's & Adult Services, TWC
L Noakes Director of Public Health, TWC
Cllr J C Minor Cabinet Member – Leisure, Green Spaces & Parks, TWC
B Parnaby Telford & Wrekin Healthwatch
Cllr J M Seymour Conservative Group, TWC
Cllr P R Watling Cabinet Member – Children's & Adult's Early Help & Support, TWC

Also Present:

Shobha Asar-Paul - Chief Executive - HealthWatch Telford & Wrekin, Cllr Lee Chapman – Shropshire Council, S Constable – Partnership Manager TWC; Helen Onions – Consultant in Public Health, TWC; Kit Roberts – Legal, Procurement & Commissioning, and J Tangye – Democratic Services Officer.

HWB-56 Apologies for Absence

Cllr S A W Reynolds -Cabinet Member – Education & Skills, Cllr K L Tomlinson - Liberal Democrat/Independent Group, TWC, D Evans Chief Operating Officer, Telford & Wrekin CCG and Superintendent Tom Harding -Community Safety Partnership.

HWB-57 Declarations of Interest

None declared

HWB-58 Minutes

Resolved – that the minutes of the meeting of the Health and Wellbeing Board held on 6 September 2017 be confirmed and signed by the Chair.

HWB-59 Public Speaking

None

HWB-60 Telford & Wrekin Healthwatch- Healthy Relationships Youth Survey Report

Shobha Asar-Paul - Chief Executive Healthwatch Telford & Wrekin introduced the item and highlighted the success that the organisation continued to have in engaging young people on key issues. The most recent survey on health relationships continued this trend, with 4776 young people responding. The reason for this area of study was based on the work

done by Healthwatch in 2015 in which local schools raised healthy relationship education as a particular area of concern. It was noted that Healthwatch Telford & Wrekin had undertaken three surveys with the young people to date including the Sexual Health Survey 2014, and CAMHS Survey 2015/16. The Director of Public Health at TWC highlighted that the CAMHS survey had been valuable in informing commissioning intentions around mental health at the Council.

Two student representatives and volunteers at T&W Healthwatch were welcomed to the meeting to present the results of the Healthy Relationships Youth survey which schools and academies across Telford and Wrekin participated in. The Board noted that not all of the Borough's schools and colleges had chosen to partake, however, it was highlighted that the survey had been accessible across a range of platforms for young people to get involved. The Board noted the key points highlighted:

- Healthy Relationship Education (HRE) led to more confidence in understanding sexual consent
- Older students reported more confidence in identifying healthy and abusive relationships
- Lessons in PSHE (Personal, Social, Health Education) were not consistent; there were higher rates in Years 9-11 but lower rates in Years 12 & 13 - which suggested HRE had become more common in recent years.
- Nationally, 46% of young people had not received HRE whilst 59.3% reported not receiving it in Telford & Wrekin
- Nationally, 24% were taught about Female Genital Mutilation (FGM) but only 19.5% reported learning about it in Telford & Wrekin
- This and the HealthWatch CAMHS survey showed young people sought help from parents & carers but less likely for transgender students. Sexual Health survey found students more likely to look for related information online.

The Board noted that a series of recommendations had been produced as a result of the findings:

- The importance of Healthy Relationship Education which supported young people to have healthy interactions with others, improved confidence in identifying healthy /unhealthy relationships and important concepts including consent, FGM
- Early Help Partnership, Health & Wellbeing Board and Council Scrutiny to consider the role of HRE in supporting children, young people and families.
- Schools must deliver HRE consistently, especially across all age groups once it became compulsory.
- Parents & carers were important sources of support – the delivery model of PSHE must recognise this.
- HRE must account for broad range of student needs, some may need more targeted support.

Members were impressed with the students' presentation. Cllr Paul Watling, Cabinet Member for Children and Adults Early Help and Support commented that it was important that HRE was implemented consistently throughout the curriculum and that guidance from the Department of Health was needed to provide where and when HRE should appropriately take place.

RESOLVED to note the Healthwatch Telford and Wrekin Annual Report 2016/17

HWB-61 Future Fit Update including Consultation Presentation

The NHS STP and Future Fit Programme Director, Phil Evans, provided an update on the Future Fit consultation and enclosed drafts of the consultation document and survey. It was noted that the NHS had worked closely with the Consultation Institute and patient reader group which had included representation from Shropshire, Telford & Wrekin and mid Wales. There had been engagement with stakeholders including CCG Boards, SaTH Board, Joint HOSC and T&W Council. Cllr Paul Watling expressed his concern that Future Fit had not been named in the 12 schemes announced in the Government's Budget statement. The Programme Director confirmed that the Programme continued to follow a robust assurance process and formal feedback was awaited from NHS England regarding next steps.

HWB- 62 Transforming Care Partnership (TCP) Update

The Board received the report of the Assistant Director: Legal, Procurement and Commissioning which provided background nationally and locally on the transformation of care for people with learning disabilities and/or autism. The report informed the Health and Wellbeing Board on progress of the TCP in meeting the targeted level of bed reduction; the deadline for completion of the reduction of commissioned beds was April 2019. Locally, the Shropshire TCP Footprint consisted of Shropshire Council and CCG, Telford & Wrekin Council and CCG.

Information was provided on the TCP accountability, governance, operational management and reporting to NHS England. The challenges were noted in terms of finance, workforce, and housing. A submission for a grant to NHSE for £995,000 was expected to receive final approval in the near future.

The Board was informed that the resettlement of patients from the in-patient beds within the timeline required detailed planning and preparation. The work was closely monitored by the Head of TCP and the Case Manager was increasingly familiar with each individual case. The administrator had established detailed processes to monitor and record changes in month, and fortnightly calls took place with NHSE.

It was reported that partners expected to meet the set trajectories for bed reductions across the footprint within the defined timescale, although numbers needed to fall below the trajectories for required and appropriate admissions. It was noted that the TCP Board would continue to work with key partners and stakeholders to manage the process of planned resettlement between January 2018 and March 2019 and that longer term prevention of the need for admission into in-patient beds would be progressed under the guidance of the Sustainability Transformation Partnership. The item would return to the Board in September 2018.

Resolved – that

- a) the report be noted;**

- b) notification of completion of the targeted bed reduction by March 2019 be noted; and
- c) confirmation of the closure of the programme post March 2019 be noted.

HWB-63 Improving the Health and Wellbeing of Carers

The report was presented by Jill Tiernan Carers Commissioning Officer, LA/CCG; Barry Parnaby, Chair of the Carer's Partnership and Cllr Lee Chapman, Shropshire Council. It provided a progress overview against the Health and Wellbeing objectives; encouraging healthy lifestyles, improving mental health and wellbeing, and strengthening communities.

The report provided Board members with detail of how the varied arrangements were working on the ground to improve the health, wellbeing and development of resilience of adult and children carers through the delivery of eight key outcomes. Progress against the Carer Strategy outcomes were highlighted.

Board members noted the local picture in Telford and Wrekin which outlined the numbers of unpaid carers in the Borough as 2.8% of all 0-25 year old young people, 14.4% of all 25-64 year old adults, and 15.2% of all adults over the age of 65 years. In total around 18,000 young people and adults provided regular unpaid support to a family member, friend or neighbour across the Borough. The Board noted that it was the identification and awareness raising of carers of all ages across the Borough which required particular focus with a continued emphasis on prevention, promoting self-help and accessing community based solutions. Members noted the challenge faced by all partners of trying to get people into the system, when this also created problems for the limited resources, although staffing levels had been increased at carers' centres. The GP link was helping to identify many more carers and would be embedded in neighbourhood working under the STP.

Areas of development for the forthcoming year were identified as – working to expand the community carer offer, development of allocating Carer Indicative payments, broadening the range of respite/ community opportunities for family carers, continued work in co-production with carers on employment, enabling greater community resilience and self-efficiency, revision of an all age Carers strategy and enabling enterprise. Members noted the strategy and that it remained important to be differentiate between junior and adult carer where there was an all-age strategy.

It was noted that the Council was moving towards becoming a Foster Friendly employer and that the same applied to becoming a Carer friendly Council.

RESOLVED – to note

- a) the update, development and achievements since receipt of the last Board Report September 2016;
- b) support for the strategic priorities and associated action plans while considering the changing landscape (economic and commissioning) facing health and social care;

- c) **the support and the significant and financial contribution family carers bring to the social and health local economy;**
- d) **the authorities continued progress in working towards raising carer awareness across the borough and local communities; and**
- e) **support for the initiatives behind the Carers Voices initiative appended to the report, whereby carer stories, influence the shape of commissioning and service delivery.**

HWB-64 Local Maternity System Plan

The Board received the report of Helen Onions – Public Health Consultant, Health & Wellbeing at Telford & Wrekin Council, which provided an outline of the Local Maternity System (LMS) that had been established across the Shropshire, Telford and Wrekin health economy in response to the national review of maternity services - Better Births. Members noted the role of the LMS to co-produce and deliver a plan to transform local maternity services in order to improve choice and personalisation of maternity services and the safety of maternity care.

Telford & Wrekin and Shropshire Council Public Health teams were working on one of three workstreams in the plan - the Health and Wellbeing (prevention) work stream led by the Telford & Wrekin Assistant Director Health & Wellbeing. The agreed priority outcomes were detailed in the report and the actions related to pre-conception health checks, reducing obesity, smoking, hypertension and diabetes before, during and after pregnancy, increasing the uptake of immunisations and vaccination, strengthening the links and pathways between maternity and health visitors and supporting the development of the midwifery community hubs.

The draft plan was submitted to NHS England North Midlands and a further iteration of the LMS plan incorporated recommendations as advised by NHS England following initial submission. It was noted that the LMS plan was not currently in the public domain as it was under NHS England review. The Publication of the LMS plan was expected early in 2018 once it had been signed off by the NHS.

The Board noted that the LMS plan was aligned to the STP and link to Future Fit proposals and there was clear guidance from the NHS on what it needed to look like. There was a concern that this was linked to the closure of maternity led units in Shropshire and it was noted that this fit into the reconfiguration of Community based services which would be clear when the plan could be brought to the Board, expected in March 2018.

RESOLVED that the LMS approach being taken to improve local maternity services as outlined in this report, be noted.

HWB-65 HWB Healthier Lifestyles Priority Update

The Board received a report on the Healthy Lifestyle Programme, developed to enable local people to stay healthy and avoid preventable conditions, enabling them to live fulfilling lives. The approach taken was welcomed by the Board, which involved collaborative working with communities and the third sector to better support local people in their neighbourhoods. The work programme aimed to address multiple health and wellbeing priorities, across a number of settings and the aspiration was that a collective, systematic approach delivered collaboratively across partner organisations would have a significant impact in the Borough. Highlights of progress made on the key elements of the programme were noted and details of performance were presented in the report.

It was noted that the overall smoking prevalence had continued to decline as the Telford & Wrekin Smoke Free network partners continued to work together on campaigns and polices in line with this priority. The numbers of smokers seeking support from services had increased in 2016/17, for the first time in several years. A new Public Health midwife role has been funded in maternity services and smoking in pregnancy rates appeared to be declining.

The Sport England Active People survey results showed a reduction in the number of inactive adults. The survey also reported an improved position for the number of adults eating 5 or more portions of fruit and veg a day. Levels of adult obesity were still at 71% which remained significantly worse than the England average. Members noted that obesity continued to be a problem in the Borough and particularly with high risk pregnancy. This would be a priority area with targeted activity in the Annual Public Health report next year.

RESOLVED to note the content of the report.

HWB-66 Toxic Trio Priority Workstream Update

The Board received the report which provided an update on the work that had been undertaken in the last 6 months to address the “toxic trio” defined as domestic abuse, substance misuse (alcohol and/or drugs) and poor mental health.

Progress of the work-stream on domestic abuse was summarised in the report following the commencement of work in May 2017. The work programme included a focus on understanding the level of domestic abuse in the Borough; reviewing the current domestic abuse safeguarding pathways; reviewing the current targeted support services for domestic abuse; raising awareness, training and education of professionals; and evaluation and monitoring of progress.

It was noted that the Board had received an update on the implementation of the Mental Health Strategy in June 2017 and would receive an update on Substance Misuse in March 2018.

It was reported that the Telford & Wrekin Safeguarding Children and Adults Boards were leading the work through a newly formed Domestic Abuse Thematic Sub-group. The first meeting of the sub-group was in December and was made up of strategic leads for domestic abuse, substance misuse and mental health across the partnership and third

sector. Ongoing monitoring of the progress would be through the already existing governance structures of the Safeguarding Children and Adults Boards. However, the overall progress of the work stream would be reported regularly to the Health and Wellbeing Board.

The Cabinet Member for Children and Adults Early Help and Support noted that Toxic Trio had a huge impact on Children in Care. Members noted that the Toxic Trio was an important issue and welcomed the support that White Ribbon day had received; a link to a video of Members standing up against domestic abuse would be circulated in the Minutes: <https://www.facebook.com/TelfordWrekin/videos/1934748653206064/>

RESOLVED that:-

a) the work of the Toxic Trio priority work stream outlined in Section B of the report be noted; and

b) to note any further areas of partnership working.

HWB-67 Pharmacy Needs Assessment Refresh Briefing

The Board received the report which highlighted the legal duty of the Board for publishing and keeping up-to-date local pharmacy needs assessments. The report provided an update on the 2017/18 refresh process taking place for the Telford & Wrekin PNA. The current PNA was published in April 2015 and further additions were made in 2016 following the subsequent in-depth review of pharmacy dispensing provision in South Telford requested by the HWB.

During 2017 colleagues from the Council’s public health team, CCG, the Local Pharmaceutical Committee and NHS England had been coordinating the refresh PNA process. Key elements included mapping of local pharmacy services; summary of demographic factors, health and wellbeing needs; public survey on views of local community pharmacy services, equalities impact assessment; and assessment of gaps in provision and recommendations regarding future provision and service developments

The draft PNA would be open for consultation between mid December 2017 and mid-February 2018. Patient and public engagement took place for a full month in September 2017. The proposed PNA and all consultation responses would be presented to the HWB in March 2018. Any changes and modifications would then be made to allow publication in April 2018.

RESOLVED that the PNA process and time scale be noted and a review of the PNA proposals and consultation responses in detail in March 2018 be approved.

The meeting ended at 3.20pm

Chairman:

Date: