

HEALTH AND WELLBEING BOARD

Minutes of a meeting of the Health and Wellbeing Board held on Wednesday
14 June 2017, at 2pm, Meeting room G3-G4, Addenbrooke House, Ironmasters Way,
Telford, TF3 4NT

Present:

Cllr A R H England (Chair) Cabinet Member – Communities, Health & Wellbeing, TWC
Dr J Leahy (Vice Chair) - Chair, Telford & Wrekin CCG, D Evans - Chief Operating Officer, Telford & Wrekin CCG, Superintendent Tom Harding -Community Safety Partnership, C Jones -Director of Children's & Adult Services, TWC, L Noakes -Director of Public Health, TWC, Cllr J C Minor -Cabinet Member – Leisure, Green Spaces & Parks, TWC, Cllr S A W Reynolds -Cabinet Member – Education & Skills, Cllr J M Seymour -Conservative Group, TWC

Also Present:

S Constable – Partnerships Manager TWC; L Mills – Service Delivery Manager, Health Improvement, TWC; A Mason - Independent Chair of T&W Safeguarding Children and Adults Boards H Onions – Public Health Consultant TWC; J Tangye – Democratic Services Officer; Steph Wain – Commissioning Specialist, TWC; Frances Sutherland - NHS Telford & Wrekin CCG; Clare Harland – Public Health Commissioner, TWC.

HWB-36 Apologies for Absence

Cllr K L Tomlinson -Liberal Democrat/Independent Group, TWC, Cllr P R Watling -Cabinet Member – Children's & Adult's Early Help & Support, TWC

HWB-37 Declarations of Interest

None declared

HWB-38 Minutes

Resolved – that the minutes of the meeting of the Health and Wellbeing Board held on 8 March 2017 be confirmed and signed by the Chair.

HWB-39 Public Speaking None

HWB-40 Terms of Reference

The Board noted the requirement to agree the Terms of Reference as authority had been delegated by Full Council at the Annual Meeting on 25 May 2017. The Terms of Reference formed part of the Constitution approved by Full Council on 14 July 2016 and had subsequently been updated to reflect the new Cabinet Member priorities and service areas for 2017/18; and the newly appointed Assistant Director: Early Help and Support. It was noted that the Health and Wellbeing Board had already approved changes to the Board membership recommended by the Assistant Director: Health and Wellbeing at the meeting

on 8 March 2017, in order to strengthen the Board's links with the NHS and the voluntary sector. A representative from the CVS Chief Officers Group and a representative from the Sustainability and Transformation Board would be invited to sit on the Board. .

RESOLVED to review and agree the Terms of Reference

HWB- 41 Mental Health Strategy and Suicide Prevention Update

The Board received the joint report from Steph Wain - TWC, Frances Sutherland - NHS Telford & Wrekin CCG, Clare Harland – TWC, which provided an update on the work being undertaken across Telford and Wrekin to improve and support the mental health of local residents. It was noted that 'improving mental health' was one of the priorities in the Health and Wellbeing Strategy. An update on suicide prevention strategy also formed part of the report.

The Mental Health Strategy 2016-2019 (approved in early 2016) included an annual action plan of activity, which had been developed into 5 work streams to ensure delivery of the vision. The workstreams were acknowledged by the Board:

- I. Reducing stigma of mental health
- II. Promoting good mental health
- III. Improving access to secondary mental health services
- IV. Development of an Effective Crisis pathway
- V. Improving the life chances for those with mental illness issues

Key pieces of work were noted by the Board, which included:

- The opening of the mental health hub in Wellington, which had started training 33 volunteers. There were discussion around locating the 'safe place' in Wellington Police Station, which would be delivered by Branches.
- TWC and the CCG had signed up to the 'Time to change' initiative which promoted good mental health in the workplace.
- Events with social care and health staff were taking place as the first step towards 'improving relationships and outcomes for people with mental health' issues
- Orchard Place would be opened in summer 2017. TWC was working with the landlord and care provider to jointly assess referrals and allocate accommodation.
- The Wellbeing service (IAPT) had undertaken an action plan to improve outcomes. It was now providing access for 16% of the population who were depressed or anxious. Investment was being made to increase the team and access rate to over 17%. Additional monies of £200K had been secured by the CCG to develop pathways to support people with long term conditions including diabetes and respiratory pathways. There was also integration with the neighbourhood model with therapists working in localities.
- Early Intervention Psychosis Service had met its national target of 50% from referral to commencing treatment within 2 weeks using a pathway approach to providing services, triage via an Access team and a single telephone number for all referrals.
- Crisis pathway was being scoped, which included the development of safe places working with the third sector and additional Section 136 capacity. A project was in place to reduce the number of people placed in 'out of area' mental health beds.

- Social workers based at Redwoods supporting the discharge process were continuing to have positive impact and had improved relationships between nursing staff and local authority.
- Commissioners and providers were working to develop a new rehabilitation pathway to increase service users' independence and autonomy; reducing the number of people being supported in residential care settings, such as Ellen Court.

The Board welcomed the Suicide Prevention update. It was noted that a suicide prevention strategy and action plan had been developed as a key part of the implementation of the mental health strategy. It had been produced following consultation with a wide range of stakeholders and service users, public, private and third sector organisation. A large amount of insight and information about local activity and gaps had informed the plan. The Board noted the progress:

- Small core steering group set up chaired by an independent chair and vice-chairs from the two Local Authorities to oversee delivery of the strategy and annual network event, and to report to Health and Wellbeing Boards.
- Two Action Groups chaired by Gordon Kochane (Shropshire) and Clare Harland (Telford and Wrekin) were developing local action plans in more detail, identifying solutions and beginning implementation.
- An annual joint event bringing together a wide range of stakeholders and service users across both Shropshire and Telford & Wrekin was planned for September 2017 as part of a Suicide Prevention Network. This would provide the opportunity to review local Suicide Prevention activities and prioritise activities going forward.

The Suicide Prevention Strategy and Action Plan 2017/18 – 2020/21, of the Telford & Wrekin and Shropshire Prevention Network complimented Telford and Wrekin Mental Health Strategy. A copy of the strategy was appended to the report; key activities were highlighted which included accessibility, education and training, sensitivity of front line staff, information sharing between agencies and a network approach.

RESOLVED-

- To note the updates provided on both programmes of work; and**
- To approve the Suicide Prevention Strategy.**

HWB- 42 JSNA Update: Understanding Telford and Wrekin 2017 – A Demographic, Health and Socio-Economic Profile of Our Communities

The Board received the report of the Assistant Director: Health & Wellbeing and the Director of Public Health, which highlighted key messages from the document 'Understanding Telford and Wrekin 2017' and signposted Members to access the full profile. It was noted that the purpose of the profile was to:

- Provide an overview of the population of Telford and Wrekin;
- Build a picture of the social, cultural, health and economic needs of communities in the borough;
- Help the council and partners identify the communities and groups most in need of support;

- Help the council and partners to evaluate the appropriateness of services and activities currently offered and whether these meet the needs of communities; and
- Help the council and partners to set appropriate priorities and targets as part of the service and financial planning process.

The Profile also formed a key foundation of the Telford and Wrekin Joint Strategic Needs Assessment (JSNA) and Strategic Intelligence Assessment (SIA) processes.

The Board noted the challenges outlined in the Executive Summary and the importance of recognising that the way communities experienced these challenges varied significantly across the borough. A key purpose of this document was to present analysis of these issues at community level to enable such differences to be understood and support service planning and development. The headline messages were noted about population and household, being healthy, staying safe, education attainment, economic wellbeing.

Resolved

- To note the publication of ‘Understanding Telford and Wrekin: A demographic, health and socio-economic profile of our communities’; and**
- To note any developments to current workstreams based on any new intelligence**

HWB-43 Life Expectancy Analysis Update

The Board received the report of the TWC Consultant in Public Health, Helen Onions which provided an update on male and female life expectancy rates and identified the most significant causes of the gap in life expectancy between Telford & Wrekin and the England average. The Board noted the plans and programmes of work in place to tackle the main causes of reduced life expectancy, which aligned to the Health and Wellbeing priorities.

It was reported that life expectancy for both men and women in Telford & Wrekin remained significantly worse than the England average although there had been some improvements. In both men and women in Telford & Wrekin infant mortality was a significant cause of the life expectancy gaps. For men alcohol-related conditions, suicide and lung cancer were also key contributors to the gap; for women, chronic obstructive airways disease and coronary heart disease were also significant. The most significant age groups which contributed to reduced life expectancy were boys and girls aged under one year, men aged 50-69 years old and older women.

It was highlighted that lifestyle risk factors systematically contributed to the range of causes of reduced life expectancy in Telford and Wrekin. These risk factors, such as smoking, excess weight, lack of physical activity and excess alcohol consumption were also strongly associated with local levels of socio-economic disadvantage, which exacerbated health inequalities. The life expectancy picture reflected the legacy of relatively poor lifestyle

behaviours in the borough over the past 50 years, as well as current changing and challenging patterns.

The Board noted that the ambitions of the Health & Wellbeing Strategy and the Shropshire, Telford & Wrekin NHS Sustainability and Transformation Plan (STP), if delivered effectively should contribute significantly to improving local life expectancy rates.

The Council's public health team had collaborated with the PHE West Midlands Local Knowledge and Information Service (LKIS) on analytical work to understand the most significant local contributors to the reduced life expectancy figures in terms of causes of death and the contribution of different age groups.

It was noted that the Telford & Wrekin mortality profile 2016 update, was published annually as part of the JSNA process, and was appended to the report.

The Board noted the main causes of reduced life expectancy and risk factors and the local action being taken in relation to infant mortality, respiratory disease, lung cancer, liver disease (alcohol related), suicide prevention and cardiovascular disease (coronary heart disease).

RESOLVED to note -

a) The significant alignment between the causes of reduced life expectancy and the HWB strategy priorities:

- **Encourage healthier lifestyles**
- **Improve mental wellbeing and mental health**
- **Strengthen our communities and community based support; and**

the relevance of the work programmes which will be delivered as part of the Telford & Wrekin neighbourhood working plan contributing to these priorities.

b) The importance of the radical upgrade in prevention in the NHS as part of the neighbourhood working plan and wider STP.

HWB-44 Priority Work Stream Update: Building Community Resilience and Neighbourhood Working

The Board received a presentation from Louise Mills on the development of community centred approaches, led by the Council and CCG together with the people of Telford and Wrekin. The programme had been in development for 12 months and included initiatives that ranged from development of peer led roles to the design and implementation of NHS services in community settings. The Board noted that it was a long term programme.

A summary of progress was provided, operationally, programme management was in place, a 'narrative' was being developed together with a high level communication and engagement strategy. There had been activity modelling to assess the opportunities

associated with the implementation of community based interventions, and a high level assessment of the financial impact of change, which included a tool to forecast and continually check costs / savings associated with the implementation of neighbourhood working.

The work focussing on Community resilience and prevention was highlighted for the Board; with its aim of strong and connected communities, encouraging volunteering and peer support, new community based groups and the delivery of projects/ some services by community organisations. Change was needed due to a need for much greater focus on prevention, promotion of social responsibility and action to manage and reduce demand for services. It was noted that well connected and empowered communities could be more confident, inclusive, organised, co-operative and influential. It was envisaged that through more effective demand management outcomes would be improved for individuals and

Projects confirmed within the Community resilience and prevention work included:

- Health Champions
- Branches
- Establishing a system to capture 'community assets'
- Social Prescribing
- Wellbeing Care and Support Networks
- Building Better Opportunities (culture and wellbeing)
- Enterprising Communities
- Community Innovators
- Wellbeing for Carers
- Learning for Wellbeing
- Safe and Well Checks
- Cancer Survivorship (in the community)
- Compassionate Communities
- Making Every Contact Count Training (MECC)
- Healthy Living Pharmacy
- Cancer Prevention
- Whole systems approach to reducing excess weight and obesity

Projects had been progressed, the Board noted that:

- 'Branches' had gone live in April 2017, visitors had exceeded 150 per day during the opening week
- A bid has been compiled with local partners to introduce a new role to support cancer survivorship in the community
- Communications brief had been developed for a behaviour change campaign
- A Wellbeing Care and Support Network was being piloted in Wellington
- Social prescribing project was underway in Newport which included canal walks with collaborative poetry (social interaction and activity) and Feed the Birds Volunteer Befriending Project with the Shropshire Wildlife Trust
- Newport neighbourhood community group had been established

- Weekly citizens advice clinic would start in July in Central Telford – a 12 month pilot would evaluate the impact of underlying causes of poor health that resulted in GP visits
- MECC training had been arranged for July for Central Telford Practices
- Safe and Well Checks had been delivered from June (Shropshire Fire & Rescue)
- Enterprising Communities – a steering group was in place, recruitment for a community catalyst to support the project was underway, roadshows to raise awareness had been held in Brookside, Donnington and Wellington.

The work focussing on Neighbourhood teams was also highlighted for the Board; this brought together community based health and local authority professionals to proactively support people with long term conditions. Four neighbourhoods had been formed around groups of practice populations: Newport, South East Telford, Central Telford and TelWell. Change was needed due to the need for greater focus on prevention; finding people earlier in their disease progression to manage their condition better/ earlier. It was reported that a greater number of people had become more dependent on statutory services and there were multiple individuals from different organisations providing care for a single patient at any one time.

Projects confirmed within the Nighbourhood team included:

- Integrated teams (model of delivery)
- Dementia
- Community based substance misuse
- Social Prescribing
- Hypertension identification and management

The Board noted progress: Dementia workers had been aligned and would be piloting joint working in Newport. This included recently commissioned dementia support workers from Alzheimer UK, admiral nurses and staff from South Staffordshire and Shropshire Healthcare NHS Trust. There was joint working with practices in South East Telford and the local provider of substance misuse services; integrated teams with staff from Shropshire Community Health NHS Trust have been identified for alignment with neighbourhood teams. The CCG, Council, Shropshire Community Trust and Newport Practices were working together to pilot a new model of care – training would commence September 2017. Social prescribing pilots were progressing in Newport and Central Telford; hypertension identification and management activities were in place.

The next steps included:

- continued narrative, communications and ongoing engagement with partners, communities and residents;
- consolidation of the programme to ensure clearly defined outcomes, impact measures, reporting of progress, delivery dates;
- programme delivery and robust evaluation

- Integrated teams
- Prevention at scale
- Transfer of services into community settings

RESOLVED to note the update on the progress made in Building Community Resilience & Neighbourhood Working in Telford and Wrekin

HWB-45 Telford & Wrekin Safeguarding Board Annual Update

The Board received the report of the Independent Chair of the Telford & Wrekin Safeguarding Children and Adults Boards which outlined the progress made by the Telford & Wrekin Safeguarding Adults Board (TWSAB) and the Telford & Wrekin Safeguarding Children Board (TWSCB) over the last year. The report also outlined the next steps for the TWSAB and TWSCB during 2017/18.

Development of the TWSAB Business Plan was noted and progress during 2016/17, which would be provided in an annual report published in September 2017. Since April 2016, the TWSAB had continued to develop in accordance with its Business Plan for 2016/17. The Board noted the following activity:

- Engagement with members of the public during World Elder Abuse Awareness Day to heighten the awareness of adult safeguarding issues within the community and to understand the safeguarding issues that affect them.
- Engagement with adults with learning difficulties and those in a residential home about financial abuse. Areas of development would be progressed through TWSAB thematic area development in 2017.
- A customer feedback scheme to establish if statutory safeguarding processes had embedded the Making Safeguarding Personal (MSP) approach. Findings were being triangulated via larger sample group testing.
- A 'one minute briefing' on domestic abuse by adults on adults had been shared across all agencies who worked with children and adults, following a review of Adult Safeguarding. Further recommendations from the review included a look in more detail at this form of domestic abuse to ensure that the processes were fit for purpose and the appropriate support for the victim and their family was available. A combined piece of work was being done with the Safeguarding Children Board to review domestic abuse in a holistic way ensuring the whole family was taken into consideration.
- A performance framework had been created to monitor how agencies were keeping adults safeguarded and an appropriate training programme based on need was being developed.
- Guidance for professionals and service users had been launched to clarify the circumstances in which the adult social care service would assist in safeguarding adults in Telford and Wrekin.

The Board noted areas of development identified by TWSAB which would update the Business Plan in September 2017, which included workforce development, community engagement, quality and assurance, safeguarding pathways, making safeguarding personal.

Progress of the TW Safeguarding Children Board would be provided in an annual report published in September 2017. The Board noted the summary of progress contained in the report:

- Inspection by Ofsted in June 2016 concluded that the TWSCB was a strong partnership, rated its effectiveness as 'Good' and found that partner agencies worked well together to keep children safe.
- Since April 2016, TWSCB had developed a West Midlands wide set of Multi-agency Safeguarding Procedures launched on 1st April 2017.
- Team Safeguarding Voice[®] (TSV) model had been rolled out to 36 schools across the Borough.
- Events had been hosted with over 200 practitioners on domestic abuse and female genital mutilation, honour based violence and forced marriage.
- Monitoring and progression of the 38 recommendations from the Multi-Agency Scrutiny Review into CSE within its work plan.
- Involvement in developing the West Mercia wide Child Sexual Exploitation (CSE) communication campaign in partnership with West Mercia Police, launched in March 2017.
- Case reviews had been conducted including the publication of the Serious Case Review of Child A in May 2016.

During 2016/17 the TWSCB agreed areas to progress during 2017/18, which included: Hosting a Childrens' Conference, continued development of Neglect Strategy and resources, engagement with faith communities and groups to raise awareness of safeguarding, working with parents/carers.

The Board was informed that in May 2017, the Children and Social Work Act 2017 amended the statutory footing for LSCBs and abolished the requirement to have an LSCB. Local arrangements for safeguarding and promoting the welfare of children would be decided by the safeguarding partners (Local Authority, West Mercia Police and Telford & Wrekin Clinical Commissioning Group).

Both Children and Adult safeguarding boards were looking at joint areas of development with other partnerships across the Borough which included a joint communication and engagement strategy across both safeguarding boards, a new Domestic Abuse strategy that would incorporate the work of the Health and Wellbeing Board (toxic trio priority) and the Community Safety Partnership; a Joint Safeguarding Training Strategy.

RESOLVED to note -

a) Progress made by both Safeguarding Boards during 2016/17; and

b) The areas of joint working between the partnerships.

The meeting ended at 3.49pm

Chairman:

Date: